

2026 DIVISION 4 GIRLS LACROSSE POWER RANKINGS



FINAL: Includes scores entered into Arbiter, verified by MIAA

AVG. MARGIN = Average margin of victory, capped at +/- 7 goals for any one game

OPP. RATING = Average of a team's opponents' Overall Ratings

RATING = Team's Overall Rating (Avg. Margin + Opp. Rating)

FORFEIT ADJ. = Team's RATING has been adjusted for forfeit(s) ... use this number to calculate OPP. RATING (strength of schedule) for opponents

Top 32 power rated teams qualify for tournament, regardless of record

RANK	SCHOOL	W	L	AVG. MARGIN	OPP. RATING	RATING
1	Sandwich	15	3	5.0556	3.6008	8.6563
2	Ipswich	13	3	4.1875	3.0295	7.2170
3	Hamilton-Wenham	12	2	4.8571	2.1308	6.9879
4	Nipmuc Regional	13	3	4.1875	0.8327	5.0202
5	Lynnfield	10	8	1.2222	2.2397	3.4619
6	Manchester Essex	11	6	0.4118	2.8633	3.2751
7	Fairhaven	15	3	3.8333	-0.6557	3.1776
8	Nantucket	16	2	4.9444	-1.8125	3.1319
9	Bromfield School	12	4	2.7500	0.2854	3.0354
10	Hull	12	5	2.1176	-0.4303	1.6873
11	Wahconah Regional	16	2	5.0000	-3.3810	1.6190
12	Seekonk	13	5	3.6111	-2.4174	1.1937
13	Mount Greylock Reg.	12	5	3.7647	-3.1388	0.6259
14	Mashpee	12	6	2.3889	-1.9619	0.4270
15	Tyngsborough	11	6	1.5294	-1.4836	0.0458
16	Pentucket Regional	4	14	-2.1667	2.1108	-0.0559
17	Stoneham	8	10	-1.2778	1.1575	-0.1203
18	Rockland	10	7	1.0588	-1.2719	-0.2131
19	Lunenburg	10	7	1.4118	-1.9631	-0.5513
20	Northbridge	9	5	1.5000	-2.6496	-1.1496
21	Dennis-Yarmouth	8	9	0.6471	-1.9573	-1.3102
22	Hopedale	14	2	4.7500	-7.1115	-2.3615
23	Advanced Math & Science	8	10	-1.2222	-1.3672	-2.5894
24	Triton Regional	3	15	-4.3333	1.7209	-2.6124
25	Monomoy	2	16	-5.0000	2.0452	-2.9548
26	Abington	7	11	-1.4444	-1.5839	-3.0283
27	Old Colony RVT	13	5	2.8333	-6.0910	-3.2576
28	Georgetown	3	15	-4.8333	1.3811	-3.4522
29	Winthrop	9	9	-0.7222	-3.8481	-4.5703
30	Littleton	5	9	-2.5714	-2.0589	-4.6303
31	Sturgis Charter West	4	10	-1.7143	-3.3341	-5.0484
32	Bourne	5	13	-3.3889	-1.6896	-5.0785

**FORFEIT
ADJ. ***

3.0110

1.5013

0.9943

-4.8661

(continued)

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Teams 33 and below qualify for a play-in game with a .500 or better record

RANK	SCHOOL	W	L	AVG. MARGIN	OPP. RATING	RATING
33	South Hadley	6	11	-1.4706	-3.7925	-5.2631
34	East Bridgewater	0	18	-6.8333	0.8893	-5.9441
35	Bellingham	0	18	-5.8889	-0.0701	-5.9589
36	Granby	8	9	-0.7647	-5.2027	-5.9674
37	Hampshire Regional	5	13	-2.2222	-3.8671	-6.0893
38	Nashoba Valley Tech	10	7	0.8824	-7.0008	-6.1185
39	Joseph Case	0	16	-5.5625	-1.0999	-6.6624
40	Cape Cod RVT	8	9	-0.5882	-6.6373	-7.2255
41	Sturgis Charter East	1	15	-6.0625	-2.3790	-8.4415
42	Hoosac Valley	5	11	-3.4375	-6.3402	-9.7777
43	Mystic Valley Reg. Charter	3	13	-3.7500	-6.9509	-10.7009
44	Smith Vocational and Ag.	9	5	1.0714	-11.8686	-10.7972
45	Lee	4	9	-1.6923	-11.9014	-13.5937
46	Southwick Regional	0	14	-5.9286	-10.8710	-16.7995

FORFEIT
ADJ. *

-8.3076

Other power rated MIAA teams

RANK	SCHOOL	W	L	AVG. MARGIN	OPP. RATING	RATING
#	McCann Tech	8	6	1.0714	-12.1141	-11.0427
#	Monson	4	12	-2.3750	-10.3096	-12.6846

- opted out of postseason