

2026 DIVISION 4 GIRLS LACROSSE POWER RANKINGS



Includes scores entered into Arbiter as of May 1, 4 a.m.

AVG. MARGIN = Average margin of victory, capped at +/- 7 goals for any one game

OPP. RATING = Average of a team's opponents' Overall Ratings

RATING = Team's Overall Rating (Avg. Margin + Opp. Rating)

FORFEIT ADJ. = Team's RATING has been adjusted for forfeit(s) ... use this number to calculate OPP. RATING (strength of schedule) for opponents

Top 32 power rated teams qualify for tournament, regardless of record

**FORFEIT
ADJ. ***

RANK	SCHOOL	W	L	AVG. MARGIN	OPP. RATING	RATING
1	Sandwich	8	2	4.8000	4.9348	9.7348
2	Hamilton-Wenham	7	1	5.0000	3.3280	8.3280
3	Ipswich	8	2	4.5000	3.5417	8.0417
4	Nipmuc Regional	8	2	3.9000	1.2908	5.1908
5	Lynnfield	5	5	1.1000	3.3170	4.4170
6	Manchester Essex	5	4	-1.1111	4.9517	3.8406
7	Nantucket	9	1	4.5000	-1.3199	3.1801
8	Fairhaven	7	2	3.2222	-0.4468	2.7754
9	Bromfield School	8	2	3.0000	-0.2925	2.7075
10	Hull	8	3	2.5455	-0.4761	2.0694
11	Wahconah Regional	10	1	5.5455	-3.6689	1.8766
12	Mount Greylock Reg.	9	1	5.2000	-3.5277	1.6723
13	Stoneham	6	5	-1.0000	2.3818	1.3818
14	Pentucket Regional	2	11	-2.0769	2.8561	0.7791
15	Mashpee	5	4	1.5556	-0.9316	0.6240
16	Seekonk	6	3	3.6667	-3.2655	0.4011
17	Northbridge	6	1	3.2857	-2.9237	0.3620
18	Rockland	6	3	1.3333	-1.2421	0.0912
19	Tyngsborough	6	4	0.3000	-0.9867	-0.6867
20	Hopedale	8	1	5.4444	-6.4526	-1.0082
21	Triton Regional	3	8	-3.0909	1.9395	-1.1514
22	Lunenburg	4	5	-0.1000	-1.0672	-1.1672
23	Dennis-Yarmouth	4	5	0.1111	-1.7429	-1.6318
24	Winthrop	4	5	-1.7778	-0.3860	-2.1637
25	Advanced Math & Science	4	5	-0.9000	-1.6930	-2.5930
26	Georgetown	1	10	-5.5455	2.6034	-2.9421
27	Monomoy	1	9	-4.7000	1.7279	-2.9721
28	Abington	3	8	-3.1818	-0.3538	-3.5357
29	Old Colony RVT	9	2	3.5455	-7.2485	-3.7030
30	Nashoba Valley Tech	6	3	1.6667	-6.1044	-4.4377
31	South Hadley	3	7	-2.8000	-1.7293	-4.5293
32	Littleton	3	6	-2.7778	-1.8355	-4.6133

(continued)

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Teams 33 and below qualify for a play-in game with a .500 or better record

**FORFEIT
ADJ. ***

RANK	SCHOOL	W	L	AVG. MARGIN	OPP. RATING	RATING
33	Sturgis Charter West	2	6	-1.5000	-3.4565	-4.9565
34	Bellingham	0	11	-5.7273	0.4970	-5.2303
35	East Bridgewater	0	10	-6.8000	1.1105	-5.6895
36	Joseph Case	0	9	-5.7778	-0.5587	-6.3364
37	Granby	6	4	0.4000	-6.8508	-6.4508
38	Bourne	1	5	-5.3333	-1.4172	-6.7506
39	Hampshire Regional	4	9	-1.8462	-5.1252	-6.9714
40	Sturgis Charter East	0	6	-6.5000	-1.0377	-7.5377
41	Mystic Valley Reg. Charter	2	7	-3.5556	-5.9237	-9.4792
42	Smith Vocational and Ag.	6	1	3.5714	-13.3680	-9.7966
43	Hoosac Valley	2	9	-5.2727	-5.3849	-10.6577
44	McCann Tech	4	3	1.4286	-12.1357	-10.7071
45	Monson	2	5	-0.4286	-13.9650	-14.3936
46	Lee	2	3	-1.2000	-13.4595	-14.6595
47	Southwick Regional	0	8	-6.2500	-12.4889	-18.7389