

2026 DIVISION 4 GIRLS LACROSSE POWER RANKINGS



Includes scores entered into Arbiter as of May 15, 4 a.m.

AVG. MARGIN = Average margin of victory, capped at +/- 7 goals for any one game

OPP. RATING = Average of a team's opponents' Overall Ratings

RATING = Team's Overall Rating (Avg. Margin + Opp. Rating)

FORFEIT ADJ. = Team's RATING has been adjusted for forfeit(s) ... use this number to calculate OPP. RATING (strength of schedule) for opponents

Top 32 power rated teams qualify for tournament, regardless of record

**FORFEIT
ADJ. ***

RANK	SCHOOL	W	L	AVG. MARGIN	OPP. RATING	RATING
1	Sandwich	13	2	5.5333	3.3458	8.8792
2	Ipswich	11	3	4.2143	2.6625	6.8768
3	Hamilton-Wenham	11	1	5.5833	1.0407	6.6240
4	Nipmuc Regional	12	2	4.3571	0.4076	4.7648
5	Lynnfield	8	7	0.9333	2.3202	3.2535
6	Fairhaven	13	3	4.1250	-0.9783	3.1467
7	Manchester Essex	9	5	0.1429	2.7460	2.8889
8	Nantucket	13	2	4.5333	-1.8688	2.6646
9	Bromfield School	11	3	2.8571	-0.4663	2.3908
10	Wahconah Regional	14	2	5.1250	-3.0413	2.0837
11	Hull	12	4	2.5000	-0.6658	1.8342
12	Mount Greylock Reg.	11	4	3.8667	-2.8578	1.0089
13	Seekonk	10	4	3.6429	-2.6398	1.0031
14	Mashpee	10	5	2.6667	-2.1278	0.5388
15	Rockland	10	5	1.5333	-1.1043	0.4290
16	Stoneham	7	10	-1.7647	1.5414	-0.2234
17	Pentucket Regional	4	13	-1.8824	1.5292	-0.3532
18	Tyngsborough	8	6	0.4286	-1.3398	-0.9112
19	Lunenburg	8	7	0.6667	-1.7755	-1.1089
20	Northbridge	7	3	2.0000	-3.1731	-1.1731
21	Dennis-Yarmouth	6	8	0.2143	-1.9936	-1.7793
22	Hopedale	12	2	4.4286	-6.7374	-2.3088
23	Triton Regional	3	13	-4.0000	1.0018	-2.9982
24	Monomoy	1	15	-5.5000	2.2352	-3.2648
25	Abington	5	11	-2.2500	-1.0994	-3.3494
26	Advanced Math & Science	6	9	-1.7333	-1.6168	-3.3502
27	Old Colony RVT	12	4	3.1875	-6.9181	-3.7306
28	Winthrop	8	7	-0.2000	-3.6543	-3.8543
29	Georgetown	2	13	-5.4000	1.5197	-3.8803
30	Littleton	5	7	-1.8333	-2.8591	-4.6924
31	South Hadley	5	11	-1.8125	-3.0115	-4.8240
32	Nashoba Valley Tech	9	4	2.2308	-7.1898	-4.9591

1.9587

(continued)

2026 DIVISION 4 GIRLS LACROSSE POWER RANKINGS



Includes scores entered into Arbiter as of May 15, 4 a.m.

AVG. MARGIN = Average margin of victory, capped at +/- 7 goals for any one game

OPP. RATING = Average of a team's opponents' Overall Ratings

RATING = Team's Overall Rating (Avg. Margin + Opp. Rating)

FORFEIT ADJ. = Team's RATING has been adjusted for forfeit(s) ... use this number to calculate OPP. RATING (strength of schedule) for opponents

Teams 33 and below qualify for a play-in game with a .500 or better record

FORFEIT
ADJ. *

RANK	SCHOOL	W	L	AVG. MARGIN	OPP. RATING	RATING
33	Sturgis Charter West	3	8	-1.9091	-3.1921	-5.1012
34	Bourne	4	11	-3.5333	-1.6698	-5.2031
35	Granby	8	8	-0.3750	-5.0806	-5.4556
36	East Bridgewater	0	16	-6.8125	1.1022	-5.7103
37	Hampshire Regional	5	12	-1.9412	-3.7750	-5.7161
38	Bellingham	0	16	-5.7500	-0.2875	-6.0375
39	Joseph Case	0	12	-6.0833	-0.5471	-6.6304
40	Cape Cod RVT	7	8	-0.6667	-7.3126	-7.9793
41	Sturgis Charter East	0	12	-6.0833	-2.1861	-8.2695
42	Smith Vocational and Ag.	8	3	2.5455	-10.9343	-8.3889
43	McCann Tech	8	5	1.4615	-10.7113	-9.2498
44	Hoosac Valley	4	11	-3.9333	-5.3349	-9.2683
45	Mystic Valley Reg. Charter	2	11	-4.6154	-5.8674	-10.4828
46	Monson	4	11	-2.4667	-8.9563	-11.4230
47	Lee	4	8	-1.7500	-10.2625	-12.0125
48	Southwick Regional	0	14	-5.9286	-9.3489	-15.2774

-8.5498