



Official Pitch Count Worksheet

Date: _____

Home Team: _____

Visiting Team: _____

Conference Game: _____ Non-Conference Game: _____

Notes

- Coaches will designate on their line up cards which players are *not eligible to pitch* that day.
- Coaches or their designee confirm pitch counts after every 2 innings and at the conclusion of the game.
- At the conclusion of each contest, both coaches will sign the official MIAA pitch count sheet

Varsity	
1-24	0 days rest
25-42	1 days rest
43-60	2 days rest
61-78	3 days rest
79-115*	4 days rest

Sub-Varsity	
1-24	0 days rest
25-42	1 days rest
43-60	2 days rest
61-78	3 days rest
79-95	4 days rest

*VARSITY ONLY: If a pitcher has thrown 79-95 pitches on the day he last pitched, on his fourth day of rest, he would be eligible to throw a maximum of 25 pitches.

HOME TEAM: _____

Player #	Player's Name	# of Pitches

VISITING TEAM: _____

Player #	Player's Name	# of Pitches

** I hereby certify that the above pitch counts are correct:*

Home Team Head Coach: _____

Date: _____

Visiting Team Head Coach: _____

Date: _____

