

**2026 MIAA Winter Girl's North Sectional - 2/6/2026 to 2/7/2026  
Psych Sheet**

**Event 1 Women 200 Yard Medley Relay****Meet Qualifying: 2:15.35**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1	Marblehead High School		1:52.17
2	Weston High School		1:54.70
3	Mystic Valley Charter School		1:55.24
4	Wayland		1:55.35
5	Concord Carlisle High School		1:56.75
6	Westford Academy		1:57.82
7	Triton Regional High School		1:59.53
8	Lincoln Sudbury		1:59.86
9	Greater Lowell Tech		2:02.06
10	Newton South		2:02.17
11	Lynnfield-Wakefield		2:03.55
12	Hawe		2:04.00
13	Masconomet		2:04.08
14	Waltham High School		2:05.73
15	Bedford High School		2:06.70
16	Wilmington/North Reading		2:08.07
17	Cambridge Rindge & Latin Schoo-MA		2:10.22
18	Gloucester High School		2:11.73
19	Ipswich		2:11.98
20	Malden High School		2:12.02

**Event 2 Women 200 Yard Freestyle****Meet Qualifying: 2:11.48**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	Hazell Wright	29	Marblehead High School	1:58.10
2	Bea Turrettini	26	Concord Carlisle High School	1:58.17
3	Zoey Ceriello-Sachetta	28	Hawe	2:00.94
4	Caroline Blatchford	26	Bishop Fenwick	2:02.68
5	Hana Baldini	26	Concord Carlisle High School	2:03.64
6	Madeline Young	28	Weston High School	2:03.87
7	Bess Sterman	27	Crls-MA	2:04.57
8	Sarah Nadzo	26	Concord Carlisle High School	2:04.97
9	Olivia Panseri	29	Bedford High School	2:05.30
10	Maayan Levvari	26	Newton South	2:05.51
11	Claire Slomski	26	Swampscott	2:05.71
12	Isabelle Serou	29	Newton South	2:07.66
13	Caitlin Kazarnowicz	29	Lincoln Sudbury	2:07.97
14	Miriam Qureshi	26	Wayland	2:08.17
15	Chloe Cieslewicz	26	Lynnfield-Wakefield	2:09.75
16	Morgan Shaberly	29	Wayland	2:10.33
17	Rowan Kean	27	Concord Carlisle High School	2:10.41
18	Catherine Finn	29	Lincoln Sudbury	2:10.58
19	Defne Russo	28	Lincoln Sudbury	2:10.72
20	Aubrey Dwyer	29	Salem	2:11.35

**Event 3 Women 200 Yard IM****Meet Qualifying: 2:29.73**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	Kate Krueger	26	Weston High School	2:09.32
2	Grace Ladouceur	28	Marblehead High School	2:14.26
3	Isabella Cirame	26	Mystic Valley Charter School	2:19.36
4	Sophia Tramontozzi	27	Lynnfield-Wakefield	2:20.29

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**Event 3 ... (Women 200 Yard IM)**

5	Audrey Heath	27	Swampscott	2:22.58
6	Makayden Nadeau		Greater Lowell Tech	2:24.47
7	Lucia Antonucci	26	Mystic Valley Charter School	2:25.42
8	Isabelle Pennachio	26	Mystic Valley Charter School	2:25.81
9	Evelyn Hale	27	Westford Academy	2:27.08
10	Sarah Fortier	26	Concord Carlisle High School	2:27.08
11	Julia Jin	29	Newton South	2:27.51
12	Catherine Sperry	26	Westford Academy	2:27.94
13	Giuliana Cogliani	27	Triton Regional High School	2:28.49
14	Audrey Larson	26	Wayland	2:28.49
15	Maddy Marini	26	Ipswich	2:28.69

**Event 4 Women 50 Yard Freestyle****Meet Qualifying: 26.98**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	Maya Pereira	28	Wayland	24.51
2	Elisabeth Reiling	27	Concord Carlisle High School	24.76
3	Winnie Waddington	29	Marblehead High School	24.83
4	Allie Anderson	28	Triton Regional High School	24.97
5	Rinnah Shulman	29	Wayland	25.38
6	Margaret Liu	26	Weston High School	25.50
7	Cara Hill	26	Wayland	25.54
8	Britney Nayiga	26	Mystic Valley Charter School	25.60
9	Bree Gouldson	27	Westford Academy	26.08
10	Caroline Hollywood	27	Concord Carlisle High School	26.19
11	Ella Ortiz Mason	29	Newton South	26.39
12	Emily Deeks	28	Westford Academy	26.42
13	Kira Smith	29	Masconomet	26.58
14	Katie Shrewsbury	27	Lynnfield-Wakefield	26.63
15	Sophia Novak	28	Hawe	26.64
16	Olivia Fountain	27	Wayland	26.67
17	Nina Fragale	27	Lincoln Sudbury	26.78
18	Marie Turrettini	29	Concord Carlisle High School	26.79
19	Catherine Finn	29	Lincoln Sudbury	26.87
20	Benitah Mwebaza	30	Mystic Valley Charter School	26.89
21	Lyla Palmer	26	Lincoln Sudbury	26.90
22	Ashley Turner-Pennell	27	Triton Regional High School	26.92
23	Defne Russo	28	Lincoln Sudbury	26.97

**Event 5 Women 1 mtr Diving****Meet Qualifying: 180.00**

	<b>Name</b>	<b>Year</b>	<b>School</b>	
1	Audrey Herz	29	Concord Carlisle High School	327.70
2	Jazmine Green	26	Newton South	267.80
3	Taelor Nichols	26	Bedford High School	265.25
4	Sarah Shann	27	Bishop Fenwick	261.45
5	Izzy Irwin	28	Wayland	249.23
6	Savanna Ferrucci	26	Weston High School	245.85
7	Kaleigh O'Brien	26	Masconomet	243.00
8	Gwenyth Ely	28	Concord Carlisle High School	242.49
9	Ava Connolly	26	Triton Regional High School	240.45
10	Maya Jaffe	27	Concord Carlisle High School	238.25
11	Katherine Tan	26	Wayland	234.07

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**Event 5 ... (Women 1 mtr Diving)**

12	Caroline Janis	27	Weston High School	229.15
13	Myra Walsh	29	Masconomet	228.95
14	Holden Taunton-Rigby	27	Concord Carlisle High School	222.61
15	Violet Moon	27	Weston High School	208.00
16	Sonia Kapasi	28	Westford Academy	200.20
17	Addisyn Brown	26	Lynn Vocational Technical Inst	193.20
18	Georgia Cinti	29	Wayland	190.75
19	Maddie Hartford	28	Wayland	187.43
20	Bailey Paisner	27	Newton South	185.78
21	Rebecca Chugkowski	28	Waltham High School	1.85
22	Claire Callander	26	Lincoln Sudbury	NP
23	Isla Kerekes	27	Lincoln Sudbury	NP
24	Lucy Riquier	26	Lincoln Sudbury	NP

**Event 6 Women 100 Yard Butterfly****Meet Qualifying: 1:07.32**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	Olivia Panseri	29	Bedford High School	58.38
2	Winnie Waddington	29	Marblehead High School	1:00.44
3	Brynne Curley	26	Masconomet	1:01.65
4	Macy Ladouceur	29	Marblehead High School	1:02.27
5	Isabelle Pennachio	26	Mystic Valley Charter School	1:03.45
6	Sherry Ye	27	Westford Academy	1:03.50
7	Emily Falk	29	Wilmington/North Reading	1:03.87
8	Sophie Tran	28	Malden High School	1:04.06
9	Jenna Whitaker	27	Triton Regional High School	1:04.48
10	Mena Sheth	26	Concord Carlisle High School	1:05.10
11	Laura Park	29	Crls-MA	1:05.20
12	Giuliana Cogliani	27	Triton Regional High School	1:05.56
13	Maria Reuther	27	Westford Academy	1:05.59
14	Lila Nguyen	28	Crls-MA	1:05.67
15	Zichen Zhang	27	Weston High School	1:05.81
16	Ailish Donahue	26	Westford Academy	1:05.85
17	Khloe Co	26	Mystic Valley Charter School	1:06.43
18	Rebecca Gonzalez	26	Newton South	1:06.59
19	Grace Oppenheim	27	Wayland	1:06.95
20	Rachel Goldman	26	Lincoln Sudbury	1:07.25
21	Isabella Ramirez	26	Concord Carlisle High School	1:07.29

**Event 7 Women 100 Yard Freestyle****Meet Qualifying: 59.85**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	Grace Ladouceur	28	Marblehead High School	54.16
2	Maya Pereira	28	Wayland	55.55
3	Rinnah Shulman	29	Wayland	55.56
4	Isabella Cirame	26	Mystic Valley Charter School	56.00
5	Margaret Liu	26	Weston High School	56.25
6	Caroline Blatchford	26	Bishop Fenwick	56.40
7	Philina Zhou	29	Weston High School	56.41
8	Aela Bruno	29	Concord Carlisle High School	56.80
9	Hana Baldini	26	Concord Carlisle High School	57.26
10	Maayan Levari	26	Newton South	57.77
11	Bree Gouldson	27	Westford Academy	57.80

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**Event 7 ... (Women 100 Yard Freestyle)**

12	Isabelle Serou	29	Newton South	58.18
13	Kira Smith	29	Masconomet	58.51
14	Benitah Mwebaza	30	Mystic Valley Charter School	58.70
15	Charlie Santoro	28	Concord Carlisle High School	58.70
16	Phoebe Renyi	26	Concord Carlisle High School	58.78
17	Olivia Fountain	27	Wayland	59.02
18	Ariel Wang	26	Weston High School	59.14
19	MJ Phelps	27	Lincoln Sudbury	59.20
20	Katie Rice	29	Malden High School	59.24
21	Claire Slomski	26	Swampscott	59.43
22	Catherine Sperry	26	Westford Academy	59.45
23	Kendall Kulesza	28	Westford Academy	59.64
24	Sona Abrahamyan	26	Wayland	59.64
25	Audrey Fricano	26	Newton South	59.74
26	Violet Moriera	29	Lynnfield-Wakefield	59.76
27	Katie Shrewsbury	27	Lynnfield-Wakefield	59.84

**Event 8 Women 500 Yard Freestyle****Meet Qualifying: 6:02.47**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	Bea Turrettini	26	Concord Carlisle High School	5:08.04
2	Avarie Nadeau		Greater Lowell Tech	5:10.56
3	Kate Krueger	26	Weston High School	5:13.67
4	Jenna Whitaker	27	Triton Regional High School	5:16.68
5	Bess Serman	27	Crls-MA	5:28.87
6	Bryne Curley	26	Masconomet	5:31.52
7	Caitlin Kazarnowicz	29	Lincoln Sudbury	5:34.75
8	Shaelyn Callahan	28	Marblehead High School	5:35.57
9	Sarah Nadzo	26	Concord Carlisle High School	5:35.68
10	Madeline Young	28	Weston High School	5:36.52
11	Sophia Tramontozzi	27	Lynnfield-Wakefield	5:38.31
12	Polly Curran	29	Concord Carlisle High School	5:39.35
13	Macy Ladouceur	29	Marblehead High School	5:47.23
14	Miriam Qureshi	26	Wayland	5:47.94
15	Maddy Marini	26	Ipswich	5:48.98
16	Emily Deeks	28	Westford Academy	5:49.71
17	Natalie Greenaway	27	Wayland	5:54.74
18	Karis Tam	28	Wayland	5:55.10
19	Francesca Gamelli		Hawe	5:55.31
20	Rhianna Barrett	26	Westford Academy	5:56.52
21	Chloe Cieslewicz	26	Lynnfield-Wakefield	5:58.01
22	Lyla Palmer	26	Lincoln Sudbury	6:00.23
23	Addison Scott	29	Concord Carlisle High School	6:00.25
24	Elisaveta Katlinskaya	29	Wayland	6:02.00

**Event 9 Women 200 Yard Freestyle Relay****Meet Qualifying: 1:58.71**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1	Wayland		1:42.55
2	Marblehead High School		X1:42.69
3	Weston High School		1:44.40
4	Mystic Valley Charter School		1:45.60
5	Concord Carlisle High School		1:46.51

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**Event 9 ... (Women 200 Yard Freestyle Relay)**

6	Westford Academy	1:46.57
7	Lincoln Sudbury	1:48.05
8	Cambridge Rindge & Latin Schoo-MA	1:48.32
9	Lynnfield-Wakefield	1:49.60
10	Triton Regional High School	1:50.72
11	Newton South	1:50.84
12	Waltham High School	1:52.05
13	Ipswich	1:53.25
14	Hawe	1:54.65
15	Gloucester High School	1:54.98
16	Wilmington/North Reading	1:56.15
17	Swampscott	1:56.21
18	Bedford High School	1:56.56
19	Greater Lowell Tech	1:57.28
20	Malden High School	1:57.47
21	Masconomet	1:58.28

**Event 10 Women 100 Yard Backstroke****Meet Qualifying: 1:08.26**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	Philina Zhou	29	Weston High School	58.70
2	Cara Hill	26	Wayland	1:00.45
3	Hazell Wright	29	Marblehead High School	1:00.65
4	Zoey Ceriello-Sachetta	28	Hawe	1:01.45
5	Laura Park	29	Crls-MA	1:02.55
6	Audrey Heath	27	Swampscott	1:03.77
7	Makayden Nadeau		Greater Lowell Tech	1:04.22
8	Allie Anderson	28	Triton Regional High School	1:04.31
9	Evelyn Hale	27	Westford Academy	1:04.31
10	Rhianna Barrett	26	Westford Academy	1:05.20
11	Audrey Fricano	26	Newton South	1:05.49
12	Ariel Wang	26	Weston High School	1:06.03
13	Aubrey Dwyer	29	Salem	1:06.13
14	Mena Sheth	26	Concord Carlisle High School	1:06.19
15	Phoebe Renyi	26	Concord Carlisle High School	1:06.39
16	Sophie Tran	28	Malden High School	1:06.81
17	Kara McCormick	27	Lincoln Sudbury	1:06.87
18	Sophie Riesenburger	29	Weston High School	1:07.43
19	Elle West	29	Wayland	1:07.83
20	Katie Rice	29	Malden High School	1:07.85
21	Khloe Co	26	Mystic Valley Charter School	1:07.91
22	Charlie Santoro	28	Concord Carlisle High School	1:08.01

**Event 11 Women 100 Yard Breaststroke****Meet Qualifying: 1:18.13**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	Britney Nayiga	26	Mystic Valley Charter School	1:09.42
2	Avarie Nadeau		Greater Lowell Tech	1:09.42
3	Sarah Fortier	26	Concord Carlisle High School	1:10.09
4	Aela Bruno	29	Concord Carlisle High School	1:10.59
5	Zichen Zhang	27	Weston High School	1:10.64
6	Lucia Antonucci	26	Mystic Valley Charter School	1:11.23
7	MJ Phelps	27	Lincoln Sudbury	1:12.01

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**Event 11 ... (Women 100 Yard Breaststroke)**

8	Lila Nguyen	28	Crls-MA	1:12.62
9	Sherry Ye	27	Westford Academy	1:13.01
10	Violet Moriera	29	Lynnfield-Wakefield	1:13.15
11	Polly Curran	29	Concord Carlisle High School	1:13.61
12	Shaelyn Callahan	28	Marblehead High School	1:14.14
13	Sydney Hemme	26	Hawe	1:14.40
14	Kendall Kulesza	28	Westford Academy	1:14.66
15	Izzy Irwin	28	Wayland	1:14.78
16	Karis Tam	28	Wayland	1:15.19
17	Julia Jin	29	Newton South	1:16.47
18	Monica Pechhold	26	Marblehead High School	1:16.52
19	Shawnie Loveless	27	Wayland	1:16.62
20	Belinda Mwebaza	28	Mystic Valley Charter School	1:16.77
21	Annabel Cargill		Lowell Catholic High School-NE	1:16.85
22	Anjali Misra	27	Weston High School	1:16.95
23	Ella Ortiz Mason	29	Newton South	1:17.24
24	Audrey Larson	26	Wayland	1:17.35
25	Melina Catic	28	Mystic Valley Charter School	1:17.78
26	Alyson Bernstein	27	Westford Academy	1:17.83

**Event 12 Women 400 Yard Freestyle Relay****Meet Qualifying: 4:26.48**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1	Marblehead High School		X3:43.42
2	Weston High School		3:49.49
3	Concord Carlisle High School		3:49.74
4	Wayland		3:52.68
5	Mystic Valley Charter School		3:53.53
6	Westford Academy		3:55.77
7	Newton South		3:56.77
8	Lincoln Sudbury		3:58.24
9	Triton Regional High School		3:58.93
10	Greater Lowell Tech		3:59.98
11	Masconomet		4:01.15
12	Cambridge Rindge & Latin Schoo-MA		4:01.30
13	Ipswich		4:12.25
14	Hawe		4:12.56
15	Gloucester High School		4:16.15
16	Bedford High School		4:19.02
17	Wilmington/North Reading		4:19.15