



WELLNESS

SPORTSMANSHIP

COACHES' EDUCATION

LEADERSHIP

COMMUNITY SERVICE

#OneTeamOneMIAA

Fall North Girls & Boys
Swimming & Diving
Tournament

November 2, 2025 @ MIT

Growing Courageous Leaders TM

Time Line for the M.I.A.A. 2025 FALL North Sectional Swim & Dive Championships

Al and Barrie Zesiger Sports & Fitness Center @ MIT

M.I.A.A. Sportsmanship guidelines and behavioral expectations will be strictly enforced throughout the meet. These guidelines specifically prohibit all noisemakers and signs. Shirts must be worn in the spectator gallery at all times and body painting is not allowed. Only school or team banners are allowed and these must be hung by meet staff. Only participants and team staff listed on the roster may be on deck during the meet.

7:00	Swimmers & Coaches check-in at Entrance Hall Lobby to the left of the Balcony Stairs
7:15	Warm-ups begin in the Competition Pool and the Diving Lap Pool. Feet first entries only.
TBA	Sprint Lanes (One Length). Time and lanes will be announced by the meet referee.
7:40 – 8:00	Coaches' Meeting - in the DuPont Entry Hall lobby behind the Diving Board Complex Meet Information, medley relay declarations, scratches, declared false starts, etc.
7:45	Balcony open for Spectators
TBA	Officials meeting with divers and dive coaches – beneath the platform diving boards
8:00	Timers meeting. Zesiger Sports Center Lobby. Timers report with watches
8:20	Warm-up Ends. Diving Lap Pool Open.
8:25	Senior introductions (gather at awards area near lane (1). followed by the National Anthem.
8:30	Fall North Sectional Championship in Swimming & Diving begin - 8 Lane Swimming
-----	15 minute Swim Break in lieu of Diving. (Championship pool open for warm –up)
-----	Five minute Swim Break prior to 400 F.S. Relay. (Championship pool closed

Swim Referee: Marian Nihan	Officials: Patrick Hunter, Scott Margolis Lianne Nihan, Flavio Teixeira
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Dive Referee: Cam Townsend	Officials: Peter Chamberlain, Keith Meliones Mae Shoemaker, Billy Walker
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Meet Director: Peter Foley	Swim Announcer: Bryan King
Chief Swim Clerk: Kimberly Whitworth	Dive Announcer: Sean Smith
Athletic Trainer: Nadia Visco	

2025 North PARTICIPATING SCHOOLS

<u>School</u>	<u>A.D.</u>	<u>Coaching Staff</u>
Acad of Notre Dame Tyngsboro, Dracut	Lisa Zappola	Nicole Usher, Richard Gibbons, Sawyer Gibbons
Acton Boxboro	James Scanlon	Gretchen Turner, Kim Donovan, Kristi Pucillo
Andover	Wayne Puglisi	Patty Barrett, Anna Carroll, Ella Rock, Becky Driscoll
Arlington	John Bowler	Lily Baker, Philip Thompson
Belmont	Adam Pritchard	Maria “Lulu” Emmons, Rachel Gould, Megan Olowinski Kira Davidson
Billerica	John Magliozzi	Brooke O’Connor, Francesco Drake, Josh Spirn Don McKenney
Central Catholic	Zack Blazak	Heather Rousseau, Carol Yunker, Lucy Frey, Colby McLaughlin, Becky Driscoll
Chelmsford	Dan Hart	Harriet Kinnett, Katherine Dean, Kathleen Ralls, Kate Brennan, Becky Driscoll
Haverhill	Tom O’Brien	Meghan Hollingsworth, Sean Glasheen, Gina Trombly, Becky Driscoll,
Lexington	Naomi Martin	Ann Boudrot, Chris Randall,
Lowell	Scott Ouellet	Jen McGlauflin, Tara Bedard, Martha Rzepala, D.J. Cremin, Molly Wallace
Malden Catholic	William Raycraft	Brendan Sullivan, Ivan Ang
Methuen – Tewks.	Matt Curran	Jason Smith, Lauren Buckler, Jason LaPointe Meghan Thomas
North Andover	Steve Nugent	Christophe Poirier, Danielle Vissering, Lisa Roberts, Becky Driscoll
Reading	Tom Zaya	Kate Werner, Carole Cassavant
Stoneham - Melrose	Dave Pignoni Steve Fogarty	Alex Pennachio, Erin McDonough
Wakefield	Michael Murphy	Tash Brown, Laura McCormack
Winchester	Marc Arria	Kristen Harper, Megan Reid
Woburn – Burlington	Jim Duran Shawn Hart	Vito Costa, John O’Donnell

2025 MIAA Fall North Sectional - 11/2/2025
Swimming and Diving Championships
Meet Program

Event 1 Girls 200 Yard Medley Relay

Meet Record:	1:47.19	11/11/2018	Reading
M Hamlin, A Roberts, S Brabeck, A Loughman			
State Record:	1:44.80	2/17/2018	Duxbury
J Ali, M Buckley, G Ali, A Jamieson			
D1 State:	2:08.57		
D2 State:	2:12.48		
AA Automatic:	1:44.15		
AA Consider:	1:46.22		
	2:16.78	QUAL	

Meet Qualifying: 2:16.78

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals

2	Methuen		2:07.56
3	WINC		2:07.15
4	BILL		2:04.01
5	Chelmsford		2:00.66
6	ACTO		2:01.90
7	MCAT		2:06.31
8	ARLI		2:07.16
9	CENT		2:09.46

Heat 2 of 2 Finals

2	BELM		1:59.98
3	WOBU		1:59.28
4	LEXI		1:57.48
5	HAVE		1:53.38
6	Andover HS		1:55.58
7	NAND		1:59.07
8	READ		1:59.68
9	WAKE		2:00.22

Event 2 Boys 200 Yard Medley Relay

Meet Record:	1:44.98	11/5/2023	North Andover
J Ventre, Ferrucci, Ackerman-Vallala, Abdelal			
State Record:	1:34.07	2/23/2008	
S. Butts, M. Grant, C. Rossborough, G. Frankel			
D1 State:	2:03.90		
D2 State:	2:03.90		
AA Automatic:	1:32.13		
AA Consider:	1:33.91		
	2:16.78	QUAL	

Meet Qualifying: 2:16.78

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals

2			
3			
4	BILL		1:57.48
5	Methuen		1:54.03
6	NAND		1:55.25
7			
8			
9			

Event 3 Girls 200 Yard Freestyle

Meet Record:	1:50.38	11/13/2010	Erica Belcher
State Record:	1:48.32	11/17/2019	Malia Amuan
D1 State:	2:11.32		
D2 State:	2:12.15		
AA Automatic:	1:48.81		
AA Consider:	1:50.65		
	2:13.86	QUAL	

Meet Qualifying: 2:13.86

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Finals

2				
3				
4	Paige Sullivan	29	READ	2:13.29
5	Anna Florence	27	CHEL	2:12.81
6	Sophia Bufano	27	BELM	2:13.25
7				
8				
9				

Heat 2 of 3 Finals

2	Anamaria Andronesi	26	WINC	2:12.15
3	Ellie Walker	29	READ	2:12.05
4	Sophia Cabral	28	METH	2:10.72
5	Carys Roberts	28	LEXI	2:09.19
6	Samantha Janian	29	ANDO	2:10.68
7	Reina Yano	27	BELM	2:11.59
8	Diya Koul	28	LEXI	2:12.05
9				

Heat 3 of 3 Finals

2	Kayleigh McCarthy	26	WOBU	2:05.39
3	Alexandra Story	29	HAVE	2:04.92
4	Joycee Han	29	LEXI	2:02.82
5	Vivian Moulson	26	ANDO	1:50.39
6	Noor Abdelal	27	NAND	2:00.98
7	Elizabeth Guevara	26	BELM	2:03.03
8	Gillian Potnick	28	ACTO	2:04.96
9	Elie Wagner	28	WAKE	2:07.80

2025 MIAA Fall North Sectional - 11/2/2025
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Meet Program

Event 4 Boys 200 Yard Freestyle

Meet Record:	1:45.72	11/5/2023	Jack Ventre
State Record:	1:36.92	2/16/2009	Nick D'Innocenzo
D1 State:	1:57.09		
D2 State:	1:57.09		
AA Automatic:	1:37.93		
AA Consider:	1:39.57		
	2:11.79	QUAL	

Meet Qualifying: 2:11.79

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
2				
3				
4	Arvin Khemraj	30	BILL	2:11.75
5	Ethan Corthell	27	METH	1:57.14
6	Thomas Baldwin	JR	ACAD	2:00.35
7				
8				
9				

Event 5 Girls 200 Yard IM

Meet Record:	2:02.02	11/13/2010	M D'Innocenzo, M Amuan
State Record:	2:01.56	2/15/2014	Jen Marrkand
D1 State:	2:27.50		
D2 State:	2:30.90		
AA Automatic:	2:01.47		
AA Consider:	2:03.99		
	2:33.62	QUAL	

Meet Qualifying: 2:33.62

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Finals				
2				
3				
4	Ava Eldridge	27	WOB	2:32.06
5	Mariela Staniec	26	CENT	2:30.94
6	Cammie DeLano	29	METH	2:31.45
7	Kaitlyn Garman	28	BELM	2:32.80
8				
9				

Heat 2 of 3 Finals

2	Ahana Sharma	27	BELM	2:30.41
3	Sophia DeFrank	26	HAVE	2:28.52
4	Ivy Qian	27	LEXI	2:27.39
5	Leah Aquino	27	HAVE	2:27.14
6	Maddie Akashian	28	LOWE	2:27.34
7	Julia Perez	27	CHEL	2:28.41
8	Makenna Salvietti	28	WINC	2:30.32
9	Sophia Venetiou	26	ANDO	2:30.64

Heat 3 of 3 Finals

2	Molly Jordan	26	HAVE	2:26.19
3	Karen Tao	27	BELM	2:23.16
4	Sophie Barriault	26	BILL	2:22.03
5	Emilia Hukkanen	27	ANDO	2:10.86
6	Mai Pho	26	CHEL	2:21.25
7	Maggie Stoddard	28	ANDO	2:22.50
8	Mikayla Cheung	27	LEXI	2:24.59
9	Kaylee Guo	28	WINC	2:26.59

Event 6 Boys 200 Yard IM

Meet Record:	2:06.05	11/6/2022	Matthew Jo
State Record:	1:45.52	2/16/2009	Nick D'Innocenzo
D1 State:	2:13.00		
D2 State:	2:13.00		
AA Automatic:	1:48.96		
AA Consider:	1:50.99		
	2:31.14	QUAL	

Meet Qualifying: 2:31.14

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
2				
3				
4	Jason Li	29	NAND	2:30.02
5	Ethan Ackerman-Vallala	26	NAND	1:58.14
6	Peter Hong	27	BILL	2:12.84
7				
8				
9				

Event 7 Girls 50 Yard Freestyle

Meet Record:	23.34	11/6/2022	Anna Boemer
State Record:	23.18	11/17/2019	Michaela Chokureve
D1 State:	26.99		
D2 State:	27.55		
AA Automatic:	23.06		
AA Consider:	23.48		
	27.62	QUAL	

Meet Qualifying: 27.62

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Finals				
2				
3				
4	Avery Borden	27	HAVE	27.54
5	Kira Kozhemiakina	26	ACTO	27.39
6	Maddie Gregory	28	CHEL	27.51
7	Faith Vigo Catala	29	HAVE	27.59
8				
9				

2025 MIAA Fall North Sectional - 11/2/2025
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Meet Program

Heat 2 Finals (#7 Girls 50 Yard Freestyle)

2	Kathryn Papageorgiou	28	HAVE	27.37
3	Elizabeth Kelly	26	MCAT	27.33
4	Carolyn Cote	28	WAKE	27.31
5	Ella Schoen	27	ARLI	27.30
6	Anabela Nikolov	28	ACTO	27.30
7	Gabbie Hames	27	READ	27.32
8	Devin O'Day	26	ARLI	27.36
9	Esme Cohen	27	LEXI	27.38

Heat 3 of 4 Finals

2	Vivienne Kam	29	CHEL	27.28
3	Auden Stine	28	ARLI	27.19
4	Alexandra Mahon	26	WOB	26.84
5	Katherine Netishen	26	CENT	26.49
6	Erin Cashin	28	READ	26.49
7	Alina Zaynagetdinova	28	LEXI	27.06
8	Betty Du	26	NAND	27.25
9	Kaelyn Kerr	28	BILL	27.29

Heat 4 of 4 Finals

2	Lily Glavin	26	BELM	26.34
3	Allie DeGray	27	WAKE	26.10
4	Cora Shadrick	28	ARLI	25.79
5	Georgia Abrams	29	HAVE	25.36
6	Nora Williamson	27	CHEL	25.37
7	Sadie Floyd	27	WOB	25.82
8	Natasha Secan	26	NAND	26.15
9	Grace Merenda	26	ANDO	26.49

Event 8 Boys 50 Yard Freestyle

Meet Record:	23.41	11/3/2024	Leo Ferrucci
State Record:	20.30	2/20/2016	Corben Miles
D1 State:	24.00		
D2 State:	24.00		
AA Automatic:	20.38		
AA Consider:	20.74		
	27.12	QUAL	

Meet Qualifying: 27.12

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
2				
3	Peter Sullivan	27	NAND	27.08
4	Kyle Chiu	29	METH	25.06
5	Ryan Wolfe	29	NAND	24.45
6	Andy Gerasimov	26	BILL	24.51
7	Ian Diaz	SO	ACAD	26.07
8	Ishaan Dadhirao	27	BILL	27.09
9				

Event 9 Girls 1 mtr Diving

Meet Record:	536.05	11/17/2015	Michaela Sliney
State Record:	579.30	2/14/2015	Meghan O'Brien
D1 State:	185.00		
D2 State:	185.00		
	175.00	QUAL	

Meet Qualifying: 175.00

Lane	Name	Yr	School
Flight 1 of 1 Prelims			
1	Emily Lenihan	27	HAVE 241.85
2	Darcy Lillie	27	ACTO 255.00
3	Olivia Powell	27	HAVE 251.92
4	Mia Palermo	29	ANDO NP
5	Giana McLatchy	28	CHEL 224.30
6	Lily Dunlea	26	CHEL 228.25
7	Grace Fagan	28	BELM NP
8	Margaret Han	29	BELM NP
9	Julia Plassman	28	HAVE 264.15
10	Ryann Kobrenski	29	BILL NP
11	Cecilia Held	28	BELM NP
12	Ally Gargalianos	26	BILL NP

Event 10 Men 1 mtr Diving

Meet Record:	462.95	11/11/2023	Divier Ramos Delgado
State Record:	704.00	2/12/2012	Sean O'Brien
D1 State:	192.00		
D2 State:	192.00		
	180.00	QUAL	

Meet Qualifying: 180.00

Lane	Name	Yr	School
Flight 1 of 1 Prelims			
1	Jesse Torres	29	METH NP
2			
3			
4			
5			
6			
7			
8			
9			
10			

2025 MIAA Fall North Sectional - 11/2/2025
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Meet Program

Event 11 Girls 100 Yard Butterfly

Meet Record: 53.31 11/12/2021 Anna Boemer
State Record: 53.56 11/21/2011 Rachel Moore
D1 State: 1:07.72
D2 State: 1:09.53
AA Automatic: 54.29
AA Consider: 55.44

1:09.80 QUAL**Meet Qualifying: 1:09.80**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Finals

2				
3	Mairead Christopher	28	WINC	1:09.54
4	Aneesa Hazarika	26	ANDO	1:09.32
5	Elsa Meng	29	ACTO	1:08.53
6	Sloane Roberts	29	ACTO	1:08.83
7	Sophia Venetiou	26	ANDO	1:09.50
8				
9				

Heat 2 of 3 Finals

2	Kaya Toth	27	LEXI	1:08.13
3	Sophia Ostapenko	27	ACTO	1:07.49
4	Ivy Qian	27	LEXI	1:07.31
5	Kiera Harvey	27	BILL	1:06.44
6	Gabbie Hames	27	READ	1:07.15
7	Paige Sullivan	29	READ	1:07.34
8	Juliette Bene	28	NAND	1:07.89
9	Joanna Green	26	METH	1:08.22

Heat 3 of 3 Finals

2	Cora Shadrick	28	ARLI	1:05.32
3	Carys Roberts	28	LEXI	1:04.71
4	Bella Wu	29	LEXI	1:03.87
5	Emilia Hukkanen	27	ANDO	1:01.33
6	Allie DeGray	27	WAKE	1:03.44
7	Kaylee Guo	28	WINC	1:04.18
8	Aislinn Reynolds	28	BELM	1:04.92
9	Mari Tucker	29	HAVE	1:05.49

Event 12 Boys 100 Yard Butterfly

Meet Record: 53.46 11/3/2024 Jack Ventre
State Record: 48.94 2/18/2018 Oliver Zmetrovich
D1 State: 59.00
D2 State: 59.00
AA Automatic: 48.38
AA Consider: 49.37

1:08.40 QUAL**Meet Qualifying: 1:08.40**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 1 Finals

2				
3				
4	Thomas Baldwin	JR	ACAD	1:03.18
5	Kyle Chiu	29	METH	1:01.46
6	Alan Dang	26	METH	1:01.52
7				
8				
9				

Event 13 Girls 100 Yard Freestyle

Meet Record: 49.73 11/12/2021 Malia Amuan
State Record: 50.09 11/17/2019 Michaela Chokureva
D1 State: 59.85
D2 State: 1:00.75
AA Automatic: 50.13
AA Consider: 50.99

1:01.35 QUAL**Meet Qualifying: 1:01.35**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Finals

2				
3	Ellie Walker	29	READ	1:01.13
4	Olivia Warner	28	WINC	1:00.96
5	Juliette Bene	28	NAND	1:00.91
6	Maddie Melanson	28	READ	1:00.94
7	Hope Anderson	26	METH	1:01.05
8				
9				

Heat 2 of 4 Finals

2	Betty Du	26	NAND	1:00.84
3	Grace Merenda	26	ANDO	1:00.53
4	Sophia Cabral	28	METH	1:00.00
5	Anna White	27	MCAT	59.31
6	Esme Cohen	27	LEXI	59.88
7	Alexandra Mahon	26	WOBU	1:00.25
8	Devin O'Day	26	ARLI	1:00.66
9	Diya Koul	28	LEXI	1:00.87

2025 MIAA Fall North Sectional - 11/2/2025
Swimming and Diving Championships
Meet Program

Heat 3 Finals (#13 Girls 100 Yard Freestyle)

2	Summing Chan	27	BELM	58.77
3	Samantha Janian	29	ANDO	58.27
4	Georgia Abrams	29	HAVE	58.19
5	Karen Tao	27	BELM	57.47
6	Erin Cashin	28	READ	57.58
7	Gillian Potnick	28	ACTO	58.21
8	Maggie Stoddard	28	ANDO	58.72
9	Mackenzie Gibbons	SR	ACAD	58.93

Heat 4 of 4 Finals

2	Reese Paulsen	29	READ	57.30
3	Kayleigh McCarthy	26	WOB	56.78
4	Joycee Han	29	LEXI	55.86
5	Nora Williamson	27	CHEL	55.33
6	Elizabeth Guevara	26	BELM	55.38
7	Lucy Tyrrell	28	ACTO	56.44
8	Sadie Floyd	27	WOB	57.15
9	Sophie Barriault	26	BILL	57.37

Event 14 Boys 100 Yard Freestyle

Meet Record:	49.71	11/6/2022	Matthew Jo
State Record:	45.10	2/16/2009	Nick D'Innocenzo-Andover
D1 State:	52.67		
D2 State:	52.67		
AA Automatic:	44.69		
AA Consider:	45.41		
	1:00.34	QUAL	

Meet Qualifying: 1:00.34

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
2				
3	Ian Diaz	SO	ACAD	1:00.19
4	Andy Gerasimov	26	BILL	57.12
5	Ethan Corthell	27	METH	50.89
6	Ryan Wolfe	29	NAND	54.26
7	Arvin Khemraj	30	BILL	59.19
8				
9				

Event 15 Girls 500 Yard Freestyle

Meet Record:	4:53.56	11/17/2019	Malia Amuan
State Record:	4:50.76	2/17/2018	Ashley Loomis
D1 State:	5:49.44		
D2 State:	5:55.15		
AA Automatic:	4:53.01		
AA Consider:	4:58.10		
	6:06.93	QUAL	

Meet Qualifying: 6:06.93

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Finals				
2	Olivia Wellman	29	READ	6:04.64
3	Audrey Bahnsen	28	BELM	5:56.87
4	Cammie DeLano	29	METH	5:56.26
5	Delaney Gutierrez	28	BELM	5:52.30
6	Maddie Gregory	28	CHEL	5:55.84
7	Anamaria Andronesi	26	WINC	5:56.36
8	Mariela Staniec	26	CENT	5:58.55
9	Olivia Warner	28	WINC	6:06.33

Heat 2 of 2 Finals

2	Anna Florence	27	CHEL	5:50.53
3	Alina Zaynagetdinova	28	LEXI	5:47.20
4	Elie Wagner	28	WAKE	5:43.68
5	Vivian Moulson	26	ANDO	5:15.58
6	Noor Abdelal	27	NAND	5:16.62
7	Ryley McCarthy	26	WOB	5:45.05
8	Faith Vigo Catala	29	HAVE	5:50.30
9	Reina Yano	27	BELM	5:50.74

Event 16 Boys 500 Yard Freestyle

Meet Record:	4:51.96	11/5/2023	Jack Ventre
State Record:	4:24.35	2/16/1999	Eric Vendt
D1 State:	5:23.09		
D2 State:	5:23.09		
AA Automatic:	4:27.94		
AA Consider:	4:32.84		
	6:01.73	QUAL	

Meet Qualifying: 6:01.73

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
2				
3				
4				
5	Ethan Ackerman-Vallala	26	NAND	5:06.41
6				
7				
8				
9				

2025 MIAA Fall North Sectional - 11/2/2025
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Meet Program

Event 17 Girls 200 Yard Freestyle Relay

Meet Record:	1:37.30	11/13/2010	Andover
E Cammann, A Korsberg, M D'Innocenzo, R Moore			
State Record:	1:35.64	2/15/2012	
J Avila, V Bryson, M Pierce, B Tocci			
D1 State:	1:56.61		
D2 State:	1:57.04		
AA Automatic:	1:35.48		
AA Consider:	1:37.13		
	1:59.03	QUAL	

Meet Qualifying: 1:59.03

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
2	WINC		1:57.45
3	WAKE		1:55.87
4	ACTO		1:51.58
5	ARLI		1:50.56
6	BILL		1:51.30
7	MCAT		1:52.32
8	Methuen		1:56.04
9	CENT		1:57.68

Heat 2 of 2 Finals

2	LEXI		1:48.75
3	WOBU		1:48.10
4	NAND		1:46.86
5	HAVE		1:43.95
6	BELM		1:45.23
7	Andover HS		1:47.32
8	READ		1:48.62
9	Chelmsford		1:50.18

Event 18 Boys 200 Yard Freestyle Relay

Meet Record:	1:38.82	11/6/2022	Methuen
J Phan, C Delano, P Nguyen, M Jo			
State Record:	1:25.15	2/20/2016	
J Jung, F Haekicke, K Pilachowski, J Koravos			
D1 State:	1:38.93		
D2 State:	1:38.93		
AA Automatic:	1:24.02		
AA Consider:	1:25.36		
	1:59.03	QUAL	

Meet Qualifying: 1:59.03

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
2			
3			
4	Lowell		1:59.03
5	NAND		1:44.71
6	Methuen		1:49.56
7			
8			
9			

Event 19 Girls 100 Yard Backstroke

Meet Record:	56.05	11/15/2009	Rachel Moore
State Record:	52.78	2/21/2016	Kaitlin Harty
D1 State:	1:08.20		
D2 State:	1:08.60		
AA Automatic:	54.71		
AA Consider:	55.91		
	1:08.96	QUAL	

Meet Qualifying: 1:08.96

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Finals				
2				
3				
4	Sophia DeFrank	26	HAVE	1:08.89
5	Tanvi Marri	28	LEXI	1:08.31
6	Maggie Zheng	27	WINC	1:08.82
7				
8				
9				

Heat 2 of 3 Finals

2				
3	Whitney Olaharski	29	WINC	1:07.89
4	Carolyn Cote	28	WAKE	1:07.23
5	Olivia Karacek	28	CHEL	1:06.85
6	Vivienne Kam	29	CHEL	1:06.97
7	Sophia Li	29	BELM	1:07.39
8	Kira Kozhemiakina	26	ACTO	1:07.97
9				

Heat 3 of 3 Finals

2	Summing Chan	27	BELM	1:05.56
3	Natasha Secan	26	NAND	1:04.66
4	Molly Jordan	26	HAVE	1:01.88
5	Ryley McCarthy	26	WOBU	1:01.32
6	Mackenzie Gibbons	SR	ACAD	1:01.60
7	Mai Pho	26	CHEL	1:03.08
8	Kaelyn Kerr	28	BILL	1:05.42
9	Mikayla Cheung	27	LEXI	1:05.91

2025 MIAA Fall North Sectional - 11/2/2025
Swimming and Diving Championships
Meet Program

Event 20 Boys 100 Yard Backstroke

Meet Record:	53.41	11/3/2024	Jack Ventre
State Record:	49.20	2/18/2018	Oliver Zmetrovich
D1 State:	1:01.47		
D2 State:	1:01.47		
AA Automatic:	48.90		
AA Consider:	50.07		
	1:08.51	QUAL	

Meet Qualifying: 1:08.51

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
2				
3				
4				
5	Alan Dang	26	METH	1:04.82
6				
7				
8				
9				

Event 21 Girls 100 Yard Breaststroke

Meet Record:	1:03.39	11/20/2007	Laura Moriarty
State Record:	1:01.24	2/17/2018	Mary Buckley
D1 State:	1:16.97		
D2 State:	1:19.12		
AA Automatic:	1:02.52		
AA Consider:	1:03.75		
	1:20.05	QUAL	

Meet Qualifying: 1:20.05

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Finals				
2				
3	Katherine Netishen	26	CENT	1:19.63
4	Sophia Bufano	27	BELM	1:18.16
5	Makenna Salvietti	28	WINC	1:17.81
6	Caroline Sweeney	29	BELM	1:18.14
7	Saeah Koo	28	READ	1:18.70
8				
9				

Heat 2 of 3 Finals

2	Anna White	27	MCAT	1:17.46
3	Leah Aquino	27	HAVE	1:16.41
4	Lucy Wagner	26	WAKE	1:15.99
5	Aneesa Hazarika	26	ANDO	1:15.25
6	Julia Perez	27	CHEL	1:15.92
7	Elsa Meng	29	ACTO	1:16.18
8	Ahana Sharma	27	BELM	1:16.47
9	Kiera Harvey	27	BILL	1:17.66

Heat 3 of 3 Finals

2	Kathryn Papageorgiou	28	HAVE	1:14.70
3	Alexandra Story	29	HAVE	1:14.62
4	Anabela Nikolov	28	ACTO	1:13.44
5	Reese Paulsen	29	READ	1:09.14
6	Lucy Tyrrell	28	ACTO	1:12.67
7	Bella Wu	29	LEXI	1:14.56
8	Maddie Akashian	28	LOWE	1:14.67
9	Mari Tucker	29	HAVE	1:14.77

Event 22 Boys 100 Yard Breaststroke

Meet Record:	1:02.53	11/5/2023	Ethan Ackerman-Vallala
State Record:	53.81	2/20/2009	Nick D'Innocenzo
D1 State:	1:08.21		
D2 State:	1:08.21		
AA Automatic:	55.04		
AA Consider:	56.27		
	1:17.98	QUAL	

Meet Qualifying: 1:17.98

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
2				
3				
4				
5	Peter Hong	27	BILL	1:05.16
6				
7				
8				
9				

Event 23 Girls 400 Yard Freestyle Relay

Meet Record:	3:33.49	11/18/2018	Andover
V Ambrose, J Donahue, M Galat, E Clements			
State Record:	3:27.71	11/13/2010	
A Korsberg, M Patterson, M D'Innocenzo, R Moore			
D1 State:	4:13.78		
D2 State:	4:14.44		
AA Automatic:	3:27.78		
AA Consider:	3:31.16		
	4:25.59	QUAL	

Meet Qualifying: 4:25.59

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
2			
3	READ		4:08.27
4	Methuen		4:06.53
5	NAND		4:03.78
6	ARLI		4:04.43
7	WINC		4:06.65
8	CENT		4:16.41
9			

2025 MIAA Fall North Sectional - 11/2/2025
Swimming and Diving Championships
Meet Program

Heat 2 Finals (#23 Girls 400 Yard Freestyle Relay)

2	ACTO	3:59.14
3	BELM	3:55.03
4	Chelmsford	3:53.97
5	Andover HS	3:45.04
6	LEXI	3:53.52
7	HAVE	3:54.42
8	WOBU	3:57.77
9	WAKE	4:02.72

Event 24 Boys 400 Yard Freestyle Relay

Meet Record: 3:31.63 11/5/2023 North Andover

S McGurn, A Keung, c Connolly, J Harrington

State Record: 3:07.83 2/20/2016

J. Jung, J. Koravos, K. Pilachowski, J Yao

D1 State: 3:49.90

D2 State: 3:49.90

AA Automatic: 3:04.70

AA Consider: 3:07.61

4:25.59 QUAL

Meet Qualifying: 4:25.59

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 1 Finals

2		
3		
4		
5	BILL	3:52.08
6	Methuen	4:07.82
7		
8		
9		

MIAA FALL GIRLS SWIMMING

Sectional Champions and Runners – Up

	North			South	
Year	Champion	Runner- Up		Champion	Runner - Up
2024	Acton - Boxboro	Winchester		Wellesley	Needham
2023	Acton - Boxboro	Andover		Needham	Wellesley
2022	Acton - Boxboro	Andover		Wellesley	Needham
2021	Acton - Boxboro	Andover		Wellesley	Needham
2020	No Meets	Pandemic		No Meets	Pandemic
2019	Andover	Central Catholic		Wellesley	Needham
2018	Andover	Reading		Wellesley	Ursuline Acad.
2017	Andover	Reading		Wellesley	Newton North
2016	Andover	Acton -Boxboro		Framingham	Newton North
2015	Andover	Acton -Boxboro		Bishop Feehan	Brookline
2014	Andover	Acton -Boxboro		Newton North	Bishop Feehan
2013	Andover	Chelmsford		Framingham	Bishop Feehan
2012	Andover	Acton -Boxboro		Framingham	Bishop Feehan
2011	Andover	Acton -Boxboro		Bishop Feehan	Framingham
2010	Andover	Reading		Bishop Feehan	Framingham
2009	Andover	Acton -Boxboro		Bishop Feehan	Notre Dame Acad -H
2008	Reading	Acton -Boxboro		Notre Dame Acad -H	Bishop Feehan
2007	Andover	Acton -Boxboro		Notre Dame Acad -H	Bishop Stang
2006	Andover	Acton -Boxboro		Notre Dame Acad -H	Bishop Stang
2005	Andover	Acton -Boxboro		Notre Dame Acad -H	Bishop Stang
2004	Andover	Acton -Boxboro		Bishop Stang	Notre Dame Acad -H
2003		Acton -Boxboro		Seekonk	Notre Dame Acad -H

2002	Andover	Acton -Boxboro		Seekonk	Needham
2001	Andover	Acton -Boxboro		Needham	Duxbury
2000		Acton -Boxboro		Duxbury	Bishop Feehan
1999	Andover	Chelmsford		Duxbury	Notre Dame Acad -H
1998	Acton -Boxboro	Chelmsford		Duxbury	Seekonk
1997	Acton -Boxboro	Chelmsford		Bishop Feehan	Seekonk
	North			Central - South	
Year	Champion	Runner- Up		Champion	Runner - Up
1996	Acton -Boxboro	Chelmsford		Bishop Feehan	Seekonk
1995	Acton -Boxboro	Chelmsford		Bishop Feehan	Natick
1994	Acton -Boxboro	Haverhill		Natick	Bishop Feehan
1993	Acton-Boxboro	Chelmsford		Westwood	Duxbury
1992	Acton-Boxboro	Chelmsford		Westwood	Wellesley
1991	Acton –Boxboro	Lowell		Ursuline Academy	Wellesley
1990	Acton –Boxboro	Lowell		Wellesley	Ursuline Academy
1989	Lowell	Acton Box.		Wellesley	Ursuline Academy
1988	Acton –Boxboro	Lowell		Wellesley	New Bedford
1987	Acton –Boxboro	Andover		Wellesley	Needham
1986	Acton –Boxboro	Belmont		Wellesley	Brockton
1985	Acton –Boxboro	Belmont		Wellesley	Brockton
1984	Acton –Boxboro	Westford Academy		Canton	Brockton
1983	Acton –Boxboro	Westford Academy		Wellesley	Brockton
1982	Acton –Boxboro	Framingham-North		Seekonk	Brockton
1981	Acton –Boxboro	Hamilton Wenham		Durfee	Seekonk
1980	Acton –Boxboro	Lexington		Durfee	Dover Sherborn
1979	Framingham-North	Lexington		Durfee	Brockton

1978	Framingham-North	Acton Boxboro		Durfee	Dover Sherborn
MIAA FALL GIRLS SWIMMING Sectional Champions and Runners – Up					
***** Eastern Mass Sectional Meet *****					
1977	Acton –Boxboro	Framingham-North			
1976	Acton –Boxboro	Marblehead			
1975	Bedford	Wayland			
1974	Bedford	Wayland			
1973	Wayland				
1972		Acton –Boxboro			

Thank you to all past and present coaches as well as Boston Globe High School Sports Editor Bob Holmes who helped compile this list

SCORING the MEET

	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th	16th
Ind.	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
Relay	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2



Nominate Outstanding Individuals from Your School



Submit Your Nominations!

Coach of the Year Award

MIAA Coach of the Year Award

recognizes and honors "teacher coaches" who have had an impact on the lives of student-athletes by encouraging them to succeed.



Submit Your Nominations!

Official of the Year Award

MIAA Official of the Year Award

recognizes and honors officials who have displayed character, integrity and dignity, while displaying the highest standards of ethical conduct.



Submit Your Nominations!

Student-Athlete of the Month Award

Deadline: Last Day of Each Month

Student-Athlete of the Month Award

is presented on a monthly basis to two student-athletes who display excellence in the areas of academics, athletics and community service.

Respect and Civility



The mission is to foster respect and civility among member schools, athletic administrators, coaches and student-athletes by promoting awareness and acceptance. The focus is to celebrate all differences by creating associations that are welcoming and engaging for all.

Appreciation of Service Certificate



The MIAA and MSAA extend sincere gratitude and appreciation to senior students who have committed to joining the Armed Forces of the United States of America after their graduation. In the 2024-25 year of this program, school leadership recognized 120 students. We commend their dedication and service!

2024 MIAA Sportsmanship Essay/Multimedia Contest

Multi Media Contest Winners

First Place

Thomas Stachowicz, Thomas Waldron, Leah Rivers-Wright, and Henry Waguespack
Maynard High School

Runner Up

Samuel Jansen and Michael Rapson
Dartmouth High School

Essay Contest Winners

First Place

Zachary Iannacone
Ayer Shirley Regional High School

Runner Up

Harris Fagan
Oakmont Regional High School

Student Advisory Committee

STUDENT ADVISORY COMMITTEE (SAC)

is comprised of student leaders from MIAA member schools across the state. These students attend seasonal meetings and help facilitate student leadership workshops throughout the school year. They participate in various association activities and provide continual feedback from the perspective of students on how to improve the Educational Athletic offerings of the MIAA.





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to provide resources for teacher-coaches who serve as curriculum instructors of educational athletics

LEADERSHIP

to promote the power of positive influence that student athletes and teacher-coaches share as role models

COMMUNITY SERVICE

to recognize the privilege of athletic participation and the responsibility of giving back to the community



MASSACHUSETTS INTERSCHOLASTIC ATHLETIC ASSOCIATION

33 Forge Parkway • Franklin, MA 02038

Phone: 508-541-7997

www.miaa.net



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