



2025 Fall Swimming & Diving Tournament

Qualifying standards are based on the availability of an 8 - 10 lane pool. If this type of facility is not available, some of these times may have to be adjusted.

2025 FALL QUALIFYING STANDARDS – GIRLS AND BOYS, NORTH AND SOUTH

| EVENT | North Sectional Girls | South Sectional Girls | North Sectional Boys | South Sectional Boys |
|---------------------------|--------------------------|--------------------------|-------------------------|-------------------------|
| One Meter Diving | *175 (2 times) | *175 (2 times) | *180 (2 times) | *180 (2 times) |
| 200 Yd. Medley Relay | 2:16.78 | 2:15.55 | 2:16.78 | 2:15.55 |
| 200 Yd. Freestyle | 2:13.86 | 2:14.29 | 2:11.79 | 2:12.74 |
| 200 Yd. Individual Medley | 2:33.62 | 2:33.98 | 2:31.14 | 2:31.98 |
| 50 Yd. Freestyle | 27.62 | 27.73 | 27.12 | 27.43 |
| 100 Yd. Butterfly | 1:09.80 | 1:09.71 | 1:08.40 | 1:09.01 |
| 100 Yd. Freestyle | 1:01.35 | 1:01.31 | 1:00.34 | 1:00.33 |
| 500 Yd. Freestyle | 6:06.93 | 6:06.23 | 6:01.73 | 6:01.73 |
| 200 Yd. Freestyle Relay | 1:59.03 | 1:59.03 | 1:59.03 | 1:59.03 |
| 100 Yd. Backstroke | 1:08.96 | 1:09.36 | 1:08.51 | 1:08.01 |
| 100 Yd. Breaststroke | 1:20.05 | 1:21.06 | 1:17.98 | 1:19.96 |
| 400 Yd. Freestyle Relay | 4:25.59 | 4:24.53 | 4:25.59 | 4:24.53 |

* Minimum Points in two (2) dual meets.

- In championship meets each team is permitted a maximum of four (4) entries in each individual event and one (1) team in a relay event. (NFHS Rule 3-1-1).
- Individuals are permitted to enter a maximum of four (4) events comprising individual and relay events, with a maximum of two (2) individual events (NFHS Rule 3-2-1).
- Dive sheets must consist of 11 dives containing five (5) voluntaries with a DD of no more than 9.0 total (NFHS Rule 9-4-1).