



2025 Fall Swimming & Diving Tournament

Qualifying standards are based on the availability of an 8 - 10 lane pool. If this type of facility is not available, some of these times may have to be adjusted.

2025 FALL QUALIFYING STANDARDS – GIRLS AND BOYS, NORTH AND SOUTH

EVENT	North Sectional Girls	South Sectional Girls	North Sectional Boys	South Sectional Boys
One Meter Diving	*175 (2 times)	*175 (2 times)	*180 (2 times)	*180 (2 times)
200 Yd. Medley Relay	2:16.78	2:15.55	2:16.78	2:15.55
200 Yd. Freestyle	2:13.86	2:14.29	2:11.79	2:12.74
200 Yd. Individual Medley	2:33.62	2:33.98	2:31.14	2:31.98
50 Yd. Freestyle	27.62	27.73	27.12	27.43
100 Yd. Butterfly	1:08.90	1:09.71	1:08.40	1:09.01
100 Yd. Freestyle	1:01.35	1:01.31	1:00.34	1:00.33
500 Yd. Freestyle	6:06.93	6:06.23	6:01.73	6:01.73
200 Yd. Freestyle Relay	1:59.03	1:59.03	1:59.03	1:59.03
100 Yd. Backstroke	1:08.96	1:09.36	1:08.51	1:08.01
100 Yd. Breaststroke	1:20.05	1:21.06	1:17.98	1:19.96
400 Yd. Freestyle Relay	4:25.59	4:24.53	4:25.59	4:24.53

* Minimum Points in two (2) dual meets.

- In championship meets each team is permitted a maximum of four (4) entries in each individual event and one (1) team in a relay event. (NFHS Rule 3-1-1).
- Individuals are permitted to enter a maximum of four (4) events comprising individual and relay events, with a maximum of two (2) individual events (NFHS Rule 3-2-1).
- Dive sheets must consist of 11 dives containing five (5) voluntaries with a DD of no more than 9.0 total (NFHS Rule 9-4-1).