



2025 Fall Swimming & Diving Tournament

Qualifying standards are based on the availability of an 8 - 10 lane pool. If this type of facility is not available, some of these times may have to be adjusted.

2025 FALL QUALIFYING STANDARDS - GIRLS AND BOYS STATE

EVENT	Girls State Division I	Girls State Division II	Boys State Division I	Boys State Division II
One Meter Diving	*185 (2 times)	*185 (2 times)	*192 (2 times)	*192 (2 times)
200 Yd. Medley Relay	2:08.57	2:12.48	2:03.90	2:03.90
200 Yd. Freestyle	2:11.32	2:12.15	1:57.09	1:57.09
200 Yd. Individual Medley	2:27.50	2:30.90	2:13.00	2:13.00
50 Yd. Freestyle	26.99	27.55	24.00	24.00
100 Yd. Butterfly	1:07.72	1:09.53	59.00	59.00
100 Yd. Freestyle	59.85	1:00.75	52.67	52.67
500 Yd. Freestyle	5:49.44	5:55.15	5:23.09	5:23.09
200 Yd. Freestyle Relay	1:56.61	1:57.04	1:38.93	1:38.93
100 Yd. Backstroke	1:08.20	1:08.60	1:01.47	1:01.47
100 Yd. Breaststroke	1:16.97	1:19.12	1:08.21	1:08.21
400 Yd. Freestyle Relay	4:13.78	4:14.44	3:49.90	3:49.90

* Minimum Points in two (2) dual meets.

- In championship meets each team is permitted a maximum of four (4) entries in each individual event and one (1) team in a relay event. (NFHS Rule 3-1-1).
- Individuals are permitted to enter a maximum of four (4) events comprising individual and relay events, with a maximum of two (2) individual events (NFHS Rule 3-2-1).
- Dive sheets must consist of 11 dives containing five (5) voluntaries with a DD of no more than 9.0 total (NFHS Rule 9-4-1).