

2025 DIVISION 4 GIRLS LACROSSE POWER RANKINGS



(Includes scores entered into Arbiter as of April 29, 4 a.m.)

AVG. MARGIN = Average margin of victory, capped at +/- 7 goals for any one game

OPP. RATING = Average of a team's opponents' Overall Ratings

RATING = Team's Overall Rating (Avg. Margin + Opp. Rating)

FORFEIT ADJ. = Team's RATING has been adjusted for forfeit(s) ... use this number to calculate OPP. RATING (strength of schedule) for opponents

Top 32 power rated teams qualify for tournament, regardless of record

**FORFEIT
ADJ. ***

RANK	SCHOOL	W	L	AVG. MARGIN	OPP. RATING	RATING
1	Ipswich	7	1	5.1250	3.6428	8.7678
2	Sandwich	7	1	4.7500	3.3636	8.1136
3	Cohasset	7	1	3.8750	3.6149	7.4899
4	Weston	5	2	3.8571	3.2939	7.1511
5	Norwell	7	1	4.5000	1.6862	6.1862
6	Hamilton-Wenham	5	2	3.7143	2.0736	5.7879
7	Pentucket Regional	8	3	3.2727	1.9404	5.2131
8	Nantucket	4	1	3.8000	1.4100	5.2100
9	Manchester Essex	6	3	1.6667	3.4161	5.0828
10	Nipmuc Regional	5	3	2.5000	1.2641	3.7641
11	Fairhaven	7	1	3.5556	-0.1826	3.3730
12	Swampscott	7	2	4.0000	-0.9166	3.0834
13	Monomoy	6	1	5.4286	-2.4004	3.0282
14	Tyngsborough	5	2	0.8571	1.7438	2.6010
15	Bromfield School	2	3	1.4000	1.0190	2.4190
16	Littleton	6	2	2.8750	-0.7978	2.0772
17	Lynnfield	2	8	-2.7000	3.3118	0.6118
18	North Reading	4	4	-1.2500	1.5184	0.2684
19	Rockland	6	2	2.1250	-2.0208	0.1042
20	Lunenburg	5	5	0.8000	-0.8130	-0.0130
21	Oakmont Regional	4	5	-0.6667	0.5582	-0.1084
22	Hull	4	4	-0.7500	0.0424	-0.7076
23	Mashpee	6	3	1.4444	-2.2718	-0.8274
24	Dennis-Yarmouth	5	4	0.8889	-2.3207	-1.4318
25	Seekonk	5	6	0.0000	-1.8493	-1.8493
26	Stoneham	2	7	-2.5556	0.6255	-1.9301
27	Abington	3	6	-1.0000	-1.2988	-2.2988
28	Georgetown	0	9	-6.3333	3.6381	-2.6952
29	Old Colony RVT	7	0	5.0000	-8.1851	-3.1851
30	Northbridge	3	4	-1.2857	-1.9046	-3.1903
31	South Hadley	5	4	1.0000	-4.5451	-3.5451
32	Hudson	2	4	-1.0000	-2.8978	-3.8978

(continued)

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Teams 33 and below qualify for a play-in game with a .500 or better record

**FORFEIT
ADJ. ***

RANK	SCHOOL	W	L	AVG. MARGIN	OPP. RATING	RATING
33	Hopedale	5	3	1.2500	-5.4012	-4.1512
34	Triton Regional	0	8	-7.0000	2.8426	-4.1574
35	Bellingham	0	9	-5.4444	1.2455	-4.1989
36	Winthrop	4	4	-1.5000	-3.2640	-4.7640
37	Mount Greylock Reg.	2	5	-1.4286	-3.4193	-4.8479
38	Bourne	1	8	-4.4444	-0.4700	-4.9144
39	Wahconah Regional	6	4	1.0000	-5.9225	-4.9225
40	Salem	2	5	-3.5714	-1.3597	-4.9311
41	Advanced Math & Science	2	6	-3.5000	-1.9911	-5.4911
42	Sturgis Charter West	1	6	-5.8571	-0.3377	-6.1948
43	Hoosac Valley	8	1	5.2222	-11.4313	-6.2091
44	East Bridgewater	0	7	-7.0000	0.5296	-6.4704
45	Sturgis Charter East	0	7	-6.1429	-1.2702	-7.4131
46	Granby	4	4	-0.3750	-8.6245	-8.9995
47	Hampshire Regional	3	4	-0.4286	-9.1341	-9.5626
48	Belchertown	0	8	-6.8750	-3.0087	-9.8837
49	Cape Cod RVT	0	5	-7.0000	-3.2984	-10.2984
50	Mystic Valley Reg. Charter	0	6	-5.5000	-6.2415	-11.7415
51	Monson	3	4	0.5714	-12.5030	-11.9316
52	Bristol County Agricultural	0	5	-7.0000	-6.2463	-13.2463
53	Lee	0	5	-6.2000	-7.8004	-14.0004
54	Smith Vocational and Ag.	1	1	-2.5000	-11.9315	-14.4315
55	McCann Tech	0	8	-6.7500	-9.3927	-16.1427
56	Southwick Regional	0	1	-7.0000	-11.9989	-18.9989