

2025 DIVISION 3 GIRLS LACROSSE POWER RANKINGS



(Includes scores entered into Arbiter as of April 29, 4 a.m.)

AVG. MARGIN = Average margin of victory, capped at +/- 7 goals for any one game

OPP. RATING = Average of a team's opponents' Overall Ratings

RATING = Team's Overall Rating (Avg. Margin + Opp. Rating)

FORFEIT ADJ. = Team's RATING has been adjusted for forfeit(s) ... use this number to calculate OPP. RATING (strength of schedule) for opponents

Top 32 power rated teams qualify for tournament, regardless of record

**FORFEIT
ADJ. ***

RANK	SCHOOL	W	L	AVG. MARGIN	OPP. RATING	RATING
1	Medfield	7	3	3.0000	3.7477	6.7477
2	Foxborough	7	2	3.1111	3.2737	6.3848
3	Wayland	5	3	-0.7500	6.3519	5.6019
4	Ashland	7	3	2.6000	2.6566	5.2566
5	Newburyport	6	2	2.8750	2.3003	5.1753
6	Hanover	6	3	1.2222	3.7440	4.9662
7	Bedford	4	4	1.0000	3.8835	4.8835
8	Apponequet Regional	8	1	4.1111	0.7205	4.8316
9	Falmouth	4	4	-0.3750	4.6973	4.3223
10	Bishop Fenwick	9	1	4.1000	-0.0583	4.0417
11	Cape Cod Academy	6	0	5.5000	-1.9231	3.5769
12	North Middlesex Reg.	6	4	1.6000	1.5939	3.1939
13	Old Rochester Regional	3	5	0.3333	2.2742	2.6075
14	Archbishop Williams	7	3	3.2000	-0.7114	2.4886
15	Dover-Sherborn	5	4	-0.7778	2.6930	1.9153
16	Nauset Regional	3	4	-1.1429	2.9509	1.8080
17	Essex North Shore	4	4	1.6250	-0.2973	1.3277
18	Saint John Paul II	4	2	2.5000	-1.2388	1.2612
19	St. Mary's	4	3	1.1250	-0.0070	1.1180
20	Dighton-Rehoboth	7	4	2.0909	-1.0243	1.0666
21	Ursuline Academy	5	2	2.8571	-1.9481	0.9091
22	Medway	4	6	-0.9000	1.3056	0.4056
23	Pembroke	5	4	0.6667	-0.3007	0.3660
24	Holliston	2	7	-2.8889	3.0540	0.1651
25	Tewksbury Memorial	6	4	1.1000	-1.2511	-0.1511
26	Wakefield Memorial	4	6	-2.0000	1.7834	-0.2166
27	Watertown	5	5	-0.4000	-0.0514	-0.4514
28	Wilmington	7	5	-1.7500	0.9457	-0.8043
29	Bishop Stang	1	3	-1.8000	0.6265	-1.1735
30	Martha's Vineyard Reg.	4	2	1.5000	-2.9892	-1.4892
31	Dedham	1	6	-3.8571	1.7373	-2.1199
32	Groton-Dunstable	0	6	-6.5000	3.8312	-2.6688

(continued)

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Teams 33 and below qualify for a play-in game with a .500 or better record

**FORFEIT
ADJ. ***

RANK	SCHOOL	W	L	AVG. MARGIN	OPP. RATING	RATING
33	Shawsheen Valley Tech	6	3	3.5556	-6.2634	-2.7079
34	Auburn	5	3	2.7500	-5.7992	-3.0492
35	Bristol-Plymouth RVT	7	1	4.3750	-7.7794	-3.4044
36	Danvers	2	7	-3.8889	0.4408	-3.4480
37	Falmouth Academy	1	4	-2.8000	-1.0992	-3.8992
38	Notre Dame (Worcester)	2	6	-3.3750	-0.5320	-3.9070
39	Arlington Catholic	2	6	-3.0000	-0.9551	-3.9551
40	Saint Bernard's	3	3	0.1667	-4.4252	-4.2585
41	Norton	2	7	-4.6667	0.3899	-4.2767
42	Greater Lowell Tech	5	1	4.6667	-9.3535	-4.6869
43	Cardinal Spellman	1	5	-4.6667	-0.4573	-5.1239
44	Saugus	2	6	-1.8750	-4.0593	-5.9343
45	Tri-County RVT	6	2	2.1111	-8.3730	-6.2619
46	Greater New Bedford	1	6	-4.8571	-1.8454	-6.7025
47	Marlborough	0	6	-7.0000	-0.0504	-7.0504
48	Gloucester	0	8	-5.7500	-1.5095	-7.2595
49	Nashoba Valley Tech	4	2	0.8333	-8.1824	-7.3491
50	Upper Cape Cod RVT	2	6	-2.2500	-5.2467	-7.4967
51	Fontbonne	0	9	-6.1111	-1.4090	-7.5201
52	Chicopee	6	2	3.0000	-10.9996	-7.9996
53	Lowell Catholic	3	7	-3.3000	-5.4038	-8.7038
54	Blackstone Valley RVT	1	6	-3.8571	-5.1093	-8.9665
55	South Shore Vo-Tech	3	7	-2.4000	-6.7900	-9.1900
56	Pope Francis	3	3	-0.1667	-9.0304	-9.1970
57	Assabet Valley RVT	1	6	-3.0000	-6.3975	-9.3975
58	Northeast Metro RVT	1	5	-2.8333	-6.8539	-9.6872
59	Montachusett RVT	1	6	-5.4286	-4.9903	-10.4189
60	Pittsfield	1	7	-5.0000	-9.8430	-14.8430