



Memorandum

To: State Association Girls Lacrosse Administrators

From: Lindsey Atkinson, Director of Sports

Subject: Field Crosse Compliance

Date: April 17, 2025

The NFHS is aware of a [consumer advisory memo](#) issued this week by USA Lacrosse regarding the multiple versions of the Gait Apex 2 women's lacrosse head. Our current understanding is that the crosse, although not deemed rules compliant by USA Lacrosse, does not create a materially greater safety risk than other products. Thus, we are not recommending an immediate withdrawal of the crosse from play under our rules. To do so may occasion significant economic hardship for some students. Rather, we recommend that students be advised of the exchange program referenced on the Gait website and alternative ways to string the crosse to avoid the non-compliant stringing holes.

1. Inform coaches of the Gait Lacrosse [equipment exchange program](#) available to any consumer who has purchased the non-compliant crosse.
2. Allow the use of the stick for the remainder of the 2025 season and advise coaches and officials that the stringing holes circled are not compliant and cannot be used.



3. Remind coaches that NFHS Girls Lacrosse Rules require all crosses to meet the Manufacturer's Specifications at the time it was manufactured and be listed on the [USA Lacrosse website](#).

We will continue to monitor developments and will be in touch as circumstances warrant.

Thank you for your time and attention.

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