



WELLNESS

SPORTSMANSHIP

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LEADERSHIP

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#OneTeamOneMIAA

Central West Sectional
Swimming & Diving
Tournament

February 9, 2025

Springfield College - Linkletter Natatorium

Growing Courageous Leaders™

2024 Winter Girl's West Central Sectional - 2/9/2025

Meet Program

Event 1 Women 200 Yard Medley Relay**Meet Record: 1:49.94 2022****Amherst****State Record: 1:44.80 11/17/2018****Baxter, Wells, Smith, Hennessey****Duxbury High School****Duxbury****J Ali, M Buckley, G Ali, A Jamieson****State QualD1: 2:05.60****State QualD2: 2:03.85****AA Automatic: 1:44.31****AA Considera: 1:46.22****Meet Qualifying: 2:10.81**

Lane	Team	Relay	Seed Time
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Heat 1 of 4 Timed Finals

1			
2	Turners Falls		2:10.34
3	Northampton High School		2:08.79
4	Monson High School		2:09.13
5			
6			

Heat 2 of 4 Timed Finals

1	Chicopee Comprehensive HS		2:06.95
2	Grafton High School		2:06.36
3	Wachusett Regional High School		2:06.04
4	Agawam High School		2:06.06
5	West Springfield High School		2:06.49
6	Shrewsbury High School		2:08.18

Heat 3 of 4 Timed Finals

1	East Longmeadow High School		2:05.59
2	Holyoke High School		2:05.08
3	Springfield Central High		2:04.05
4	Longmeadow High School		2:04.60
5	Tantasqua Regional High School		2:05.31
6	Belchertown High School		2:06.03

Heat 4 of 4 Timed Finals

1	The Bromfield School		2:00.95
2	Gardner High School		1:58.95
3	Minnechaug Regional High School		1:56.97
4	Amherst High School		1:58.88
5	Westfield High School		2:00.79
6	Algonquin Regional High School		2:03.15

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Meet Program

Event 2 Women 200 Yard Freestyle

Meet Record:	1:50.50	2009	Sara Li	Longmeadow
State Record:	1:48.32	11/17/2019	Malia Amuan	North Andover
State QualD1:	2:08.99			
State QualD2:	2:08.51			
AA Automatic:	1:48.79			
AA Considera:	1:50.65			

Meet Qualifying: 2:15.62

Lane	Name	Year	School	Seed Time
Heat 1 of 4 Timed Finals				
1	Megan Nubile	28	Westfield High School	2:14.91
2	Hanna Ryan	25	Longmeadow High School	2:14.69
3	Adaline Woods	25	Holyoke High School	2:14.53
4	Natalie Dansereau	28	Westfield High School	2:14.67
5	Katie DeGray	27	Minnechaug Regional HighSchool	2:14.85
6	Helen Thorp	25	Monument Mountain Co-op	2:15.12
Heat 2 of 4 Timed Finals				
1	Siena Hesbach	26	Nashoba Regional High School	2:14.35
2	Margaret Wheeler	28	Belchertown High School	2:13.86
3	Gracie Hanss	25	The Bromfield School	2:13.62
4	Nina Kvaracein	26	Shrewsbury High School	2:13.68
5	Aubrey Harrington	25	Belchertown High School	2:14.27
6	Kiera Fallon	25	The Bromfield School	2:14.37
Heat 3 of 4 Timed Finals				
1	Julianna Quinlan	25	Longmeadow High School	2:11.56
2	Mary Rosemond	28	Longmeadow High School	2:08.20
3	Finnley Chambers	26	Amherst High School	2:05.53
4	Nola Borsari	26	West Springfield High School	2:07.68
5	Elizabeth Walsh	27	Algonquin Regional High School	2:08.92
6	Caroline Euber	28	Minnechaug Regional HighSchool	2:11.65
Heat 4 of 4 Timed Finals				
1	Grace Perron	28	Belchertown High School	2:02.62
2	Makayla Ellis	26	Westfield High School	1:58.39
3	Eliana Laham	28	The Bromfield School	1:58.22
4	Lilah Doherty	26	Longmeadow High School	1:58.29
5	Elise Moury	26	Gardner High School	2:02.47
6	Georgia Davis	27	Grafton High School	2:03.36

Event 3 Women 200 Yard IM

Meet Record:	2:02.48	2015	Jerrica Li	Longmeadow
State Record:	2:01.56	2/15/2014	Jen Marrkand	Westford Academy
State QualD1:	2:27.56			
State QualD2:	2:26.17			
AA Automatic:	2:01.38			
AA Considera:	2:04.11			

Meet Qualifying: 2:34.84

Lane	Name	Year	School	Seed Time
Heat 1 of 5 Timed Finals				
1				
2	Layla King	25	Minnechaug Regional HighSchool	2:34.46
3	Sophia Andrade	25	The Bromfield School	2:33.89
4	Abbey Korenda	27	Tantasqua Regional High School	2:34.42
5	Makayla LaChapelle	26	East Longmeadow High School	2:34.73
6				

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Heat 2 Timed Finals... (Event 3 Women 200 Yard IM)

1	Alaia Phillips	28	Algonquin Regional High School	2:33.72
2	Delaney Aldrich	25	Holyoke High School	2:33.35
3	Vivian Rice	26	Longmeadow High School	2:33.08
4	Charlotte Miling	26	The Bromfield School	2:33.21
5	Heba Bensellam	28	Grafton High School	2:33.55
6	Emma Balog	26	Minnechaug Regional HighSchool	2:33.72

Heat 3 of 5 Timed Finals

1	Adalyn Shufelt	26	Monument Mountain Co-op	2:32.69
2	Caprial Dibartolomeo	26	Amherst High School	2:32.43
3	Valerie Williams	25	Belchertown High School	2:30.40
4	Hannah Newsome	27	Agawam High School	2:30.74
5	Chloe Burke	27	Grafton High School	2:32.51
6	Kylie Formigal	28	Tantasqua Regional High School	2:32.76

Heat 4 of 5 Timed Finals

1	Kay Dickson	27	Minnechaug Regional HighSchool	2:29.79
2	Katelyn Huynh	26	Algonquin Regional High School	2:27.22
3	Aleksa Kochanek	25	Ludlow High School	2:26.94
4	Erin Kelly	27	Chicopee Comprehensive HS	2:27.20
5	Sadie Cyr	25	Amherst High School	2:28.41
6	Raeghan McGrath	27	Westfield High School	2:29.90

Heat 5 of 5 Timed Finals

1	Emory Albertson	30	Amherst High School	2:24.75
2	Mina Chung	26	Algonquin Regional High School	2:17.70
3	Amalia Guerra	25	Northampton High School	2:16.13
4	Frankie Dolby	25	Westfield High School	2:17.49
5	Chelsea Ortega	27	Minnechaug Regional HighSchool	2:20.99
6	Isabelle Dumas	27	Gardner High School	2:25.44

Event 4 Women 50 Yard Freestyle

Meet Record:	23.69	2014	Jerrica Li	Longmeadow
State Record:	23.18	11/17/2019	Michaela Chokureva	Andover
State QualD1:	26.84			
State QualD2:	26.72			
AA Automatic:	23.08			
AA Considera:	23.54			

Meet Qualifying: 27.27

Lane	Name	Year	School	Seed Time
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Heat 1 of 4 Timed Finals

1				
2	Claire Pouliot	25	Minnechaug Regional HighSchool	27.24
3	Audrey Liu	25	Shrewsbury High School	27.19
4	Maggie Vittum	26	Pittsfield	27.20
5	Mia Bulatawicz	25	Ludlow High School	27.27
6				

Heat 2 of 4 Timed Finals

1	Annabel Holmes	25	Monument Mountain Co-op	27.14
2	Anna Huynh	28	Springfield Central High	27.04
3	Sophia Paredes	26	Westfield High School	26.94
4	Lauren Holmes	26	East Longmeadow High School	26.98
5	McKenna Hale	25	Minnechaug Regional HighSchool	27.12
6	Leeann Miller	27	Wachusett Regional High School	27.15

2024 Winter Girl's West Central Sectional - 2/9/2025**Meet Program****Heat 3 Timed Finals... (Event 4 Women 50 Yard Freestyle)**

1	Angela Privedenyuk	27	Agawam High School	26.68
2	Izabella Strebel	27	Longmeadow High School	26.33
3	Emillia Szyluk	27	Longmeadow High School	25.94
4	Keaghan Kline	26	Monument Mountain Co-op	26.09
5	Aubriana Garcia	25	Springfield Central High	26.57
6	Hannah Raymond	25	Holyoke High School	26.93

Heat 4 of 4 Timed Finals

1	Vincy Chung	27	Agawam High School	25.62
2	Alayna Lucas	25	Minnechaug Regional HighSchool	25.61
3	Isabella Zeppa	SR	Monson High School	25.18
4	Rowan Albertson	26	Amherst High School	25.52
5	Gabby Harding	25	Minnechaug Regional HighSchool	25.61
6	Laila Kvaracein	27	Shrewsbury High School	25.81

Event 5 Women 1 mtr Diving

Meet Record:	517.35	Marina Wilkins	East Longmeadow
State Record:	579.30 2/14/2015	Meghan O'Brien	Concord Carlisle
State QualD1:	187.00		
State QualD2:	192.00		

Meet Qualifying: 155.00**Lane Name Year School****Flight 1 of 1 Timed Finals**

1	Kiaralys Rodriguez	27	Worcester Citywide	200.50
2	Elise Marks	27	Northampton High School	186.05
3	Nora Smith	26	Westfield High School	190.60
4	Lauren Blanchette	25	Longmeadow High School	183.60
5	Kali Alexa	25	Tyngsborough-Groton-Dunstable	242.90
6	Bette Sherr-Garcia	25	Amherst High School	225.93
7	Grace O'Malley	25	Wachusett Regional High School	460.65
8	Avery Rogers	27	Advanced Math & Science Academ	257.95
9	Alexandra Sidhom	27	Algonquin Regional High School	181.70
10	Caeil Killip-Leonard	25	Northampton High School	220.35
11	Riley Dasch	28	The Bromfield School	183.05

Event 6 Women 100 Yard Butterfly

Meet Record:	56.70 2/10/2024	Lilah Doherty	Longmeadow-NE
State Record:	53.51 11/21/2021	Anna Boemer	Reading
State QualD1:	1:06.35		
State QualD2:	1:05.96		
AA Automatic:	54.32		
AA Considera:	55.58		

Meet Qualifying: 1:08.24**Lane Name Year School Seed Time****Heat 1 of 3 Timed Finals**

1				
2	Sofia Villanueva	25	Minnechaug Regional HighSchool	1:08.08
3	Marissa Pedorella	26	Grafton High School	1:07.00
4	Kylie Formigal	28	Tantasqua Regional High School	1:07.51
5				
6				

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Heat 2 Timed Finals... (Event 6 Women 100 Yard Butterfly)

1	Kay Dickson	27	Minnechaug Regional HighSchool	1:06.95
2	Caprial Dibartolomeo	26	Amherst High School	1:06.52
3	Maria DiPetro	25	Longmeadow High School	1:05.49
4	Megan Kelly	25	Chicopee Comprehensive HS	1:05.98
5	Laura Brown	25	Holyoke High School	1:06.53
6				

Heat 3 of 3 Timed Finals

1	Quynh-Anh Nguyen	26	East Longmeadow High School	1:05.17
2	Ella Reeves	27	Gardner High School	1:03.34
3	Lilah Doherty	26	Longmeadow High School	58.41
4	Makayla Ellis	26	Westfield High School	1:00.23
5	Keaghan Kline	26	Monument Mountain Co-op	1:03.43
6	Julia McMahon	25	Wachusett Regional High School	1:05.38

Event 7 Women 100 Yard Freestyle

Meet Record:	50.94	2016	Jerrica Li	Longmeadow
State Record:	49.73	11/12/2021	Malia Amuan	North Andover
State QualD1:	58.91			
State QualD2:	58.67			
AA Automatic:	50.16			
AA Considera:	50.99			

Meet Qualifying: 1:00.33

Lane	Name	Year	School	Seed Time
Heat 1 of 4 Timed Finals				
1				
2	Donna Carrier	27	Agawam High School	1:00.19
3	Katelyn Spillane	28	Tantasqua Regional High School	1:00.11
4	Inez Dole	25	Northampton High School	1:00.14
5	Mia Bulatawicz	25	Ludlow High School	1:00.28
6				
Heat 2 of 4 Timed Finals				
1	Annabel Holmes	25	Monument Mountain Co-op	1:00.01
2	Angela Privedenyuk	27	Agawam High School	59.84
3	Aubriana Garcia	25	Springfield Central High	59.33
4	Caroline Euber	28	Minnechaug Regional HighSchool	59.64
5	Hannah Newsome	27	Agawam High School	59.92
6	Nina Kvaracein	26	Shrewsbury High School	1:00.05
Heat 3 of 4 Timed Finals				
1	Ari Goncalves	27	Ludlow High School	59.20
2	Audrey Liu	25	Shrewsbury High School	58.64
3	Vincy Chung	27	Agawam High School	57.00
4	Laila Kvaracein	27	Shrewsbury High School	58.10
5	Marissa Pedorella	26	Grafton High School	58.95
6	Julianna Quinlan	25	Longmeadow High School	59.32
Heat 4 of 4 Timed Finals				
1	Emillia Szyluk	27	Longmeadow High School	56.59
2	Alayna Lucas	25	Minnechaug Regional HighSchool	55.99
3	Eliana Laham	28	The Bromfield School	54.14
4	Gabby Harding	25	Minnechaug Regional HighSchool	55.54
5	Isabella Zeppa	SR	Monson High School	56.34
6	Izabella Strebel	27	Longmeadow High School	56.92

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Meet Program

Event 8 Women 500 Yard Freestyle

Meet Record:	4:55.00	2012	Meriza Werenski	Holyoke Catholic
State Record:	4:50.76	2/17/2018	Ashley Loomis	Franklin
State QualD1:	5:47.39			
State QualD2:	5:48.05			
AA Automatic:	4:53.16			
AA Considera:	4:58.35			

Meet Qualifying: 6:03.67

Lane	Name	Year	School	Seed Time
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Heat 1 of 2 Timed Finals

1				
2	Gracie Hanss	25	The Bromfield School	5:51.62
3	Elise Moury	26	Gardner High School	5:43.19
4	Emma Grzebieniowski	27	Minnechaug Regional HighSchool	5:45.08
5	Megan Nubile	28	Westfield High School	5:59.39
6				

Heat 2 of 2 Timed Finals

1	Nola Borsari	26	West Springfield High School	5:40.58
2	Frankie Dolby	25	Westfield High School	5:27.95
3	Georgia Davis	27	Grafton High School	5:20.20
4	Grace Perron	28	Belchertown High School	5:22.85
5	Finnley Chambers	26	Amherst High School	5:40.05
6	Mary Rosemond	28	Longmeadow High School	5:42.70

Event 9 Women 200 Yard Freestyle Relay

Meet Record:	1:40.06	2019	Petruzzelli, Strange, Ranck, Vanzandt	Minnechaug
State Record:	1:35.64	2/15/2012	Weston High School	Weston
			J Avila, V Bryson, M Pierce, B Tocci	
State QualD1:	1:51.63			
State QualD2:	1:51.12			
AA Automatic:	1:35.48			
AA Considera:	1:37.15			

Meet Qualifying: 1:56.72

Lane	Team	Relay	Seed Time
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Heat 1 of 4 Timed Finals

1			
2	Advanced Math & Science Academ		1:55.98
3	Ludlow High School		1:55.75
4	Turners Falls		1:55.94
5	Westborough High School		1:56.72
6			

Heat 2 of 4 Timed Finals

1	Nashoba Regional High School		1:54.67
2	Gardner High School		1:54.34
3	Monument Mountain Co-op		1:53.65
4	Northampton High School		1:54.33
5	Springfield Central High		1:54.65
6	Monson High School		1:55.17

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Heat 3 Timed Finals... (Event 9 Women 200 Yard Freestyle Relay)

1	The Bromfield School	1:52.94
2	East Longmeadow High School	1:52.45
3	Grafton High School	1:51.26
4	Algonquin Regional High School	1:51.79
5	Holyoke High School	1:52.83
6	West Springfield High School	1:53.12

Heat 4 of 4 Timed Finals

1	Westfield High School	1:48.82
2	Amherst High School	1:48.16
3	Minnechaug Regional HighSchool	1:43.53
4	Longmeadow High School	1:43.77
5	Shrewsbury High School	1:48.80
6	Agawam High School	1:49.86

Event 10 Women 100 Yard Backstroke

Meet Record:	56.88	2014	Erin Voss	Northampton
State Record:	52.78	2/21/2016	Kaitlin Harty	Beverly
State QualD1:	1:06.78			
State QualD2:	1:06.98			
AA Automatic:	54.69			
AA Considera:	55.91			

Meet Qualifying: 1:10.09

Lane	Name	Year	School	Seed Time
Heat 1 of 4 Timed Finals				
1	Margaret Capuano	25	Minnechaug Regional HighSchool	1:09.63
2	Charlotte Miling	26	The Bromfield School	1:09.58
3	Katie DeGray	27	Minnechaug Regional HighSchool	1:09.35
4	Katelyn Spillane	28	Tantasqua Regional High School	1:09.48
5	Helen Thorp	25	Monument Mountain Co-op	1:09.59
6	Victoria Lattizzori	28	Wahconah Regional High School	1:09.89
Heat 2 of 4 Timed Finals				
1	Maggie Vittum	26	Pittsfield	1:08.22
2	Anna Huynh	28	Springfield Central High	1:07.50
3	Ari Goncalves	27	Ludlow High School	1:07.26
4	Raeghan McGrath	27	Westfield High School	1:07.47
5	Inez Dole	25	Northampton High School	1:08.03
6	Sadie Cyr	25	Amherst High School	1:08.48
Heat 3 of 4 Timed Finals				
1	Aubrey Harrington	25	Belchertown High School	1:06.83
2	Emma Grzebieniowski	27	Minnechaug Regional HighSchool	1:06.61
3	Erin Kelly	27	Chicopee Comprehensive HS	1:06.45
4	Maria DiPetro	25	Longmeadow High School	1:06.50
5	Hannah Raymond	25	Holyoke High School	1:06.66
6	Ashley Morin	25	Tyngsborough-Groton-Dunstable	1:07.00
Heat 4 of 4 Timed Finals				
1	Chelsea Ortega	27	Minnechaug Regional HighSchool	1:04.88
2	Emory Albertson	30	Amherst High School	1:04.45
3	Amalia Guerra	25	Northampton High School	1:01.77
4	Rowan Albertson	26	Amherst High School	1:02.28
5	Isabelle Dumas	27	Gardner High School	1:04.52
6	Elizabeth Walsh	27	Algonquin Regional High School	1:05.26

2024 Winter Girl's West Central Sectional - 2/9/2025

Meet Program

Event 11 Women 100 Yard Breaststroke

Meet Record:	1:04.08	2015	Jerrica Li	Longmeadow
State Record:	1:01.24	2/17/2018	Mary Buckley	Duxbury
State QualD1:	1:16.48			
State QualD2:	1:16.21			
AA Automatic:	1:02.53			
AA Considera:	1:03.85			

Meet Qualifying: 1:18.91

Lane	Name	Year	School	Seed Time
Heat 1 of 4 Timed Finals				
1				
2	Chloe Chofay	25	Grafton High School	1:18.40
3	Laura Brown	25	Holyoke High School	1:18.19
4	Kacey Chateaneuf	28	Chicopee Comprehensive HS	1:18.25
5	Delaney Aldrich	25	Holyoke High School	1:18.83
6				
Heat 2 of 4 Timed Finals				
1	Alina Martinez	27	Springfield Central High	1:17.96
2	Emma Balog	26	Minnechaug Regional HighSchool	1:17.34
3	Aleksa Kochanek	25	Ludlow High School	1:16.97
4	Ellie Hutchins	25	East Longmeadow High School	1:16.99
5	Valerie Williams	25	Belchertown High School	1:17.61
6	Niamh Fallon	25	The Bromfield School	1:18.06
Heat 3 of 4 Timed Finals				
1	Abbey Korenda	27	Tantasqua Regional High School	1:16.70
2	Lauren Holmes	26	East Longmeadow High School	1:16.55
3	Megan Kelly	25	Chicopee Comprehensive HS	1:15.90
4	Heba Bensellam	28	Grafton High School	1:16.11
5	McKenna Hale	25	Minnechaug Regional HighSchool	1:16.63
6	Sophia Paredes	26	Westfield High School	1:16.84
Heat 4 of 4 Timed Finals				
1	Katelyn Huynh	26	Algonquin Regional High School	1:15.39
2	Julia McMahon	25	Wachusett Regional High School	1:14.65
3	Ella Reeves	27	Gardner High School	1:07.40
4	Mina Chung	26	Algonquin Regional High School	1:12.76
5	Claire Pouliot	25	Minnechaug Regional HighSchool	1:15.36
6	Layla King	25	Minnechaug Regional HighSchool	1:15.77

2024 Winter Girl's West Central Sectional - 2/9/2025

Meet Program

Event 12 Women 400 Yard Freestyle Relay

Meet Record: 3:35.70 2012

East Longmeadow

State Record: 3:27.71 2010

Lajoie, Lajoie, Lajoie, Phillips

Andover High School

Andover

A Korsberg, M Patterson, M D'Innocenzo, R Moore

State QualD1: 4:06.10

State QualD2: 4:04.35

AA Automatic: 3:27.68

AA Considera: 3:31.16

Meet Qualifying: 4:20.80

Lane	Team	Relay	Seed Time
Heat 1 of 4 Timed Finals			
1			
2	Agawam High School		4:34.66
3	East Longmeadow High School		4:20.03
4	West Springfield High School		4:20.12
5			
6			
Heat 2 of 4 Timed Finals			
1	Turners Falls		4:17.78
2	Shrewsbury High School		4:16.74
3	Tantasqua Regional High School		4:14.08
4	Westborough High School		4:14.38
5	Monson High School		4:16.94
6			
Heat 3 of 4 Timed Finals			
1	Wachusett Regional High School		4:10.33
2	Springfield Central High		4:06.38
3	Amherst High School		4:01.47
4	Monument Mountain Co-op		4:04.20
5	Belchertown High School		4:07.89
6	Grafton High School		4:12.21
Heat 4 of 4 Timed Finals			
1	Minnechaug Regional High School		4:00.51
2	Gardner High School		3:56.11
3	Longmeadow High School		3:55.88
4	The Bromfield School		3:56.10
5	Westfield High School		3:57.41
6	Algonquin Regional High School		4:01.11

2025 MIAA Winter Boy's Central West Sectional - 2/9/2025
Meet Program

Event 1 Boys 200 Yard Medley Relay**Meet Record: 1:37.72 2016****Northampton High School****Northampton****Whitcomb, Nortonsmith, Williams, Lyons-Sosa****State Record: 1:34.07 2/23/2008****Weston High School****Weston****s Butts, M Grant, C Rossborough, G Frankel****State QualD1: 1:48.18****State QualD2: 1:49.80****AA Automatic: 1:32.38****AA Considera: 1:34.11****Meet Qualifying: 1:59.59**

Lane	Team	Relay	Seed Time
Heat 1 of 4 Timed Finals			
1			
2	Shrewsbury High School		1:58.74
3	Palmer High School		1:57.91
4	Ludlow High School		1:58.05
5			
6			
Heat 2 of 4 Timed Finals			
1	Longmeadow High School		1:57.02
2	Monument Mountain Co-op		1:56.51
3	Westborough High School		1:52.40
4	Chicopee Comprehensive HS		1:52.55
5	St John's Shrewsbury		1:56.89
6	Advanced Math & Science Academ		1:57.47
Heat 3 of 4 Timed Finals			
1	East Longmeadow High School		1:50.68
2	Holyoke High School		1:49.73
3	Gardner High School		1:48.24
4	West Springfield High School		1:48.96
5	Tantasqua Regional High School		1:50.01
6	Springfield Central High		1:51.61
Heat 4 of 4 Timed Finals			
1	Westfield High School		1:48.07
2	Algonquin Regional High School		1:46.38
3	Grafton High School		1:39.93
4	Belchertown High School		1:44.66
5	The Bromfield School		1:47.46
6	Minnechaug Regional HighSchool		1:48.18

2025 MIAA Winter Boy's Central West Sectional - 2/9/2025
Meet Program

Event 2 Boys 200 Yard Freestyle

Meet Record: 1:41.35 2018 **Ben Laclair** **Belchertown**
State Record: 1:36.92 2/16/2009 **Nick D'Innocenzo** **Andover**
State QualD1: 1:53.89
State QualD2: 1:56.97
AA Automatic: 1:38.21
AA Considera: 1:39.81

Meet Qualifying: 2:04.75

Lane	Name	Year	School	Seed Time
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Heat 1 of 4 Timed Finals

1				
2	Danny Casey	26	West Springfield High School	2:04.38
3	Cole Mattison-Gulotta	27	Northampton High School	2:04.09
4	Lyle Brennieste	28	St John's Shrewsbury	2:04.26
5	Sasha Kristie	28	Advanced Math & Science Academ	2:04.64
6				

Heat 2 of 4 Timed Finals

1	Maxim Achkinazi	26	Algonquin Regional High School	2:03.18
2	Aaron Walder	26	West Springfield High School	2:02.70
3	Drake Dragon	26	Belchertown High School	2:01.94
4	Ruvim Tsikhotskiy	26	Chicopee Comprehensive HS	2:02.54
5	Aidan Hettrick	28	West Springfield High School	2:03.02
6	Jason DeGray	25	Minnechaug Regional HighSchool	2:03.39

Heat 3 of 4 Timed Finals

1	Atharv Gaddam	28	Longmeadow High School	2:00.96
2	Luke Keenan	27	Grafton High School	1:58.63
3	David Iusco	27	Monument Mountain Co-op	1:56.44
4	Michael Hanna	25	St John's Shrewsbury	1:58.36
5	Jake Miller	25	Wachusett Regional High School	1:59.82
6	Adrian Gutierrez-Martinez	27	Holyoke High School	2:01.16

Heat 4 of 4 Timed Finals

1	Charles MacElhiney	25	Longmeadow High School	1:52.08
2	Breacan Shea	25	Grafton High School	1:49.00
3	Evan Hong	25	Longmeadow High School	1:44.76
4	Bryan Zhang	28	Westborough High School	1:48.14
5	Joe Keroack	25	Ludlow High School	1:49.72
6	Sebastian Medina	27	Springfield Central High	1:55.68

Event 3 Boys 200 Yard IM

Meet Record: 1:50.16 2023 **Josh Perente** **Minnechaug**
State Record: 1:45.52 2/20/2009 **Nick D'Innocenzo** **Andover**
State QualD1: 2:08.43
State QualD2: 2:12.75
AA Automatic: 1:49.14
AA Considera: 1:51.34

Meet Qualifying: 2:22.18

Lane	Name	Year	School	Seed Time
------	------	------	--------	-----------

Heat 1 of 3 Timed Finals

1				
2	Steven Plotniak	26	Holyoke High School	2:19.95
3	Jonah Scherer	25	Tantasqua Regional High School	2:19.80
4	Lewin Halasz	29	Amherst High School Hurricanes	2:19.81
5	Liam Downing	26	Grafton High School	2:21.39
6				

2025 MIAA Winter Boy's Central West Sectional - 2/9/2025

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Heat 2 Timed Finals... (Event 3 Boys 200 Yard IM)

1	Tyler Hong	28	Longmeadow High School	2:18.55
2	Jeffrey Carlone	26	East Longmeadow High School	2:15.50
3	Ibrahim Salloum	26	Holyoke High School	2:13.29
4	John Nawrocki	26	Chicopee Comprehensive HS	2:14.71
5	Maxwell Qi	27	Algonquin Regional High School	2:16.23
6	Noah Les	25	Belchertown High School	2:19.09

Heat 3 of 3 Timed Finals

1	Adam Riley	27	Ludlow High School	2:09.58
2	James (J.R.) Zlogar	26	Belchertown High School	2:03.52
3	Braedon Ando	25	Grafton High School	1:56.89
4	Ethan Halpern	26	Longmeadow High School	2:02.62
5	Logan Szenda	25	Westfield High School	2:06.85
6	Brenden Schmidt	28	East Longmeadow High School	2:13.11

Event 4 Boys 50 Yard Freestyle

Meet Record:	21.23	2011	Leo Wright	Amherst
State Record:	20.30	2/20/2016	Corben Miles	Acton Boxboro
State QualD1:	23.26			
State QualD2:	23.68			
AA Automatic:	20.41			
AA Considera:	20.80			

Meet Qualifying: 24.98

Lane	Name	Year	School	Seed Time
Heat 1 of 7 Timed Finals				
1				
2	George Wheeler	25	Belchertown High School	24.98
3	Joe Hazlip	26	Amherst High School Hurricanes	24.85
4	Noah Steinberg	28	Palmer High School	24.90
5				
6				
Heat 2 of 7 Timed Finals				
1				
2	Joseph Kearns	26	Pittsfield	24.77
3	Alexander Bruno	25	Advanced Math & Science Academ	24.73
4	Harper Casavant	28	Palmer High School	24.77
5	Isaac Schultze	25	Monument Mountain Co-op	24.80
6				
Heat 3 of 7 Timed Finals				
1	Kellan Shave	25	Grafton High School	24.64
2	Langdon Mitchell	27	Longmeadow High School	24.56
3	Erion Zaimi	25	Algonquin Regional High School	24.54
4	Andy Ruiz-Velez	28	Springfield Central High	24.56
5	Reece Faggioni	25	Monument Mountain Co-op	24.61
6	Liam Richard	25	Minnechaug Regional HighSchool	24.65
Heat 4 of 7 Timed Finals				
1	Vincent Dragonetti	25	Monument Mountain Co-op	24.47
2	Evan Plosky	27	West Springfield High School	24.39
3	Vance Valenta	26	East Longmeadow High School	24.28
4	Alexander Zebian	26	Chicopee Comprehensive HS	24.35
5	Cameron Maziarz	27	Minnechaug Regional HighSchool	24.44
6	Derek Aldrich	27	Palmer High School	24.48

2025 MIAA Winter Boy's Central West Sectional - 2/9/2025

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Heat 5 Timed Finals... (Event 4 Boys 50 Yard Freestyle)

1	Ivan Shtrom	27	West Springfield High School	24.16
2	Liam Bliss	26	Turners Falls	24.06
3	Gian Douglas	26	Springfield Central High	24.02
4	Zachary Hilborn	25	Tantasqua Regional High School	24.04
5	Jack Demperio	26	Ludlow High School	24.14
6	Kevin Sanchez	25	Renaissance	24.21

Heat 6 of 7 Timed Finals

1	Camron Toth-Davilla	28	Shrewsbury High School	23.73
2	Ari Powers	25	Longmeadow High School	23.40
3	Simon Linden	26	Algonquin Regional High School	23.28
4	Reilly Hannon	25	Westfield High School	23.29
5	Simon Turcotte	25	Grafton High School	23.67
6	Daniel Kirchner	25	East Longmeadow High School	23.80

Heat 7 of 7 Timed Finals

1	Brady Pijar	25	Holyoke High School	23.19
2	Bowen Clarke	27	The Bromfield School	22.84
3	Jacob Pervier	25	Gardner High School	21.77
4	Aryaman Jain	25	Westborough High School	22.06
5	Ryan Shea	26	Belchertown High School	23.08
6	Alexander Morales	25	West Springfield High School	23.26

Event 5 Men 1 mtr Diving

Meet Record:	576.40	2017	Connor Pennington	Monson
State Record:	704.00	2/12/2012	Sean O'Brien	Concord Carlisle
State QualD1:	195.00			
State QualD2:	190.00			

Meet Qualifying: 150.00

Lane	Name	Year	School
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Flight 1 of 1 Timed Finals

1	Adam Picard	28	St John's Shrewsbury	NP
2	Tristan Mitchell	25	Springfield Central High	171.80
3	Collin Purcell	27	Minnechaug Regional HighSchool	342.00
4	Brett Walder	27	West Springfield High School	NP
5	Ariel Rivera	26	Nashoba Regional High School	179.85
6				

Event 6 Boys 100 Yard Butterfly

Meet Record:	48.97	2020	Noah Labich	Amherst
State Record:	48.73	2/2023	Tommy Hager	Xaverian
State QualD1:	56.36			
State QualD2:	58.03			
AA Automatic:	48.38			
AA Considera:	49.53			

Meet Qualifying: 1:03.24

Lane	Name	Year	School	Seed Time
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Heat 1 of 4 Timed Finals

1	Noah Les	25	Belchertown High School	1:02.48
2	Owen Moury	30	Gardner High School	1:02.07
3	Mason Hong	28	Longmeadow High School	1:01.95
4	Reece Faggioni	25	Monument Mountain Co-op	1:01.99
5	Lewin Halasz	29	Amherst High School Hurricanes	1:02.31
6	Trevor Plante	27	Springfield Central High	1:03.21

2025 MIAA Winter Boy's Central West Sectional - 2/9/2025

Meet Program

Heat 2 Timed Finals... (Event 6 Boys 100 Yard Butterfly)

1	Daniel Kirchner	25	East Longmeadow High School	1:01.95
2	Cameron Maziarz	27	Minnechaug Regional HighSchool	1:00.53
3	Jake Miller	25	Wachusett Regional High School	1:00.01
4	Daniel Belin	27	The Bromfield School	1:00.27
5	Steven Plotniak	26	Holyoke High School	1:00.96
6	Ruvim Tsikhotskiy	26	Chicopee Comprehensive HS	1:01.95

Heat 3 of 4 Timed Finals

1	Luke Keenan	27	Grafton High School	59.53
2	Ben Zhao	26	Algonquin Regional High School	58.36
3	Kevin Sanchez	25	Renaissance	56.60
4	Alex Olson	25	Gardner High School	57.66
5	Zachary Hilborn	25	Tantasqua Regional High School	59.43
6	Gian Douglas	26	Springfield Central High	59.75

Heat 4 of 4 Timed Finals

1	Dawson Rice	25	Minnechaug Regional HighSchool	55.63
2	George Lam	25	Grafton High School	54.49
3	Joe Keroack	25	Ludlow High School	52.30
4	Charles MacElhiney	25	Longmeadow High School	54.29
5	James (J.R.) Zlogar	26	Belchertown High School	55.23
6	Ryan Gould	26	Belchertown High School	56.52

Event 7 Boys 100 Yard Freestyle

Meet Record:	45.98	2019	Eric Eastham	West Springfield
State Record:	45.10	2/16/2009	Nick D'Innocenzo	Andover
State QualD1:	51.54			
State QualD2:	51.99			
AA Automatic:	44.72			
AA Considera:	45.56			

Meet Qualifying: 54.88

Lane	Name	Year	School	Seed Time
Heat 1 of 4 Timed Finals				
1	Jack Demperio	26	Ludlow High School	54.81
2	Alexander Bruno	25	Advanced Math & Science Academ	54.73
3	Vance Valenta	26	East Longmeadow High School	54.41
4	Alexander Zebian	26	Chicopee Comprehensive HS	54.48
5	Derek Aldrich	27	Palmer High School	54.80
6				
Heat 2 of 4 Timed Finals				
1	Vincent Dragonetti	25	Monument Mountain Co-op	54.11
2	Joseph Kearns	26	Pittsfield	53.63
3	Camron Toth-Davilla	28	Shrewsbury High School	52.88
4	Ivan Shtrom	27	West Springfield High School	53.17
5	Ari Powers	25	Longmeadow High School	53.84
6	Harper Casavant	28	Palmer High School	54.22
Heat 3 of 4 Timed Finals				
1	Reilly Hannon	25	Westfield High School	52.66
2	Bowen Clarke	27	The Bromfield School	52.22
3	Alexander Morales	25	West Springfield High School	51.90
4	Brady LePage	25	Westfield High School	52.05
5	Michael Hanna	25	St John's Shrewsbury	52.32
6	Jagger Sandford	25	Advanced Math & Science Academ	52.82

2025 MIAA Winter Boy's Central West Sectional - 2/9/2025

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Heat 4 Timed Finals... (Event 7 Boys 100 Yard Freestyle)

1	Jacob Pervier	25	Gardner High School	51.09
2	Vance Petrossi	25	The Bromfield School	50.56
3	Evan Hong	25	Longmeadow High School	48.02
4	Ethan Zhu	26	Tantasqua Regional High School	49.59
5	Brady Pijar	25	Holyoke High School	51.08
6	Simon Linden	26	Algonquin Regional High School	51.73

Event 8 Boys 500 Yard Freestyle

Meet Record:	4:33.78	2022	Mitchell Dubey	Belchertown
State Record:	4:24.35	1999	Eric Vendt	B.C. High
State QualD1:	5:14.64			
State QualD2:	5:22.66			
AA Automatic:	4:28.60			
AA Considera:	4:32.95			

Meet Qualifying: 5:45.82

Lane	Name	Year	School	Seed Time
Heat 1 of 4 Timed Finals				
1				
2	Jason DeGray	25	Minnechaug Regional HighSchool	5:45.30
3	Sasha Kristie	28	Advanced Math & Science Academ	5:45.08
4	Nick Capen	28	Minnechaug Regional HighSchool	5:45.23
5				
6				
Heat 2 of 4 Timed Finals				
1	Danny Casey	26	West Springfield High School	5:44.59
2	Mason Hong	28	Longmeadow High School	5:38.82
3	Cole Mattison-Gulotta	27	Northampton High School	5:37.38
4	Jonathan Dyer	27	Minnechaug Regional HighSchool	5:38.28
5	Aaron Walder	26	West Springfield High School	5:43.27
6				
Heat 3 of 4 Timed Finals				
1	Thomas Baldwin	27	Tyngsborough-Groton-Dunstable	5:32.34
2	Maxim Achkinazi	26	Algonquin Regional High School	5:25.22
3	Ibrahim Salloum	26	Holyoke High School	5:24.22
4	Aidan Hettrick	28	West Springfield High School	5:24.96
5	Lyle Brennieste	28	St John's Shrewsbury	5:27.86
6	Jacob Schmidt	26	East Longmeadow High School	5:35.90
Heat 4 of 4 Timed Finals				
1	Kade Miner	27	Grafton High School	5:20.20
2	David Iusco	27	Monument Mountain Co-op	5:12.01
3	Braedon Ando	25	Grafton High School	4:42.82
4	Bryan Zhang	28	Westborough High School	5:08.32
5	Adam Riley	27	Ludlow High School	5:13.69
6	Drake Dragon	26	Belchertown High School	5:23.28

2025 MIAA Winter Boy's Central West Sectional - 2/9/2025
Meet Program

Event 9 Boys 200 Yard Freestyle Relay

Meet Record:	1:28.29 2012	Minnechaug High School	Minnechaug
		Karpinski, Knight, Normoyle, Normoyle	
State Record:	1:25.15 2/20/2016	Westford High School	Westford
		J Jung, F Haekicke, K Pilachowski, J Koravos	
State QualD1:	1:36.86		
State QualD2:	1:38.03		
AA Automatic:	1:24.15		
AA Considera:	1:25.57		

Meet Qualifying: 1:45.93

Lane	Team	Relay	Seed Time
Heat 1 of 4 Timed Finals			
1			
2	Springfield Central High		1:49.00
3	Shrewsbury High School		1:43.94
4	St John's Shrewsbury		1:44.35
5			
6			
Heat 2 of 4 Timed Finals			
1	Belchertown High School		1:43.22
2	Algonquin Regional High School		1:42.39
3	Palmer High School		1:42.16
4	Westborough High School		1:42.16
5	Amherst High School Hurricanes		1:43.18
6			
Heat 3 of 4 Timed Finals			
1	East Longmeadow High School		1:41.32
2	Advanced Math & Science Academ		1:40.36
3	Westfield High School		1:39.84
4	Ludlow High School		1:40.09
5	Monument Mountain Co-op		1:40.57
6	Chicopee Comprehensive HS		1:41.85
Heat 4 of 4 Timed Finals			
1	Gardner High School		1:38.27
2	West Springfield High School		1:36.34
3	Longmeadow High School		1:33.45
4	Grafton High School		1:35.47
5	Holyoke High School		1:37.11
6	The Bromfield School		1:38.78

2025 MIAA Winter Boy's Central West Sectional - 2/9/2025
Meet Program

Event 10 Boys 100 Yard Backstroke

Meet Record:	51.03 2018	Nick Whitcomb	Northampton
State Record:	48.51 2/2023	Tommy Hager	Xaverian
State QualD1:	58.84		
State QualD2:	59.96		
AA Automatic:	48.94		
AA Considera:	50.13		

Meet Qualifying: 1:06.18

Lane	Name	Year	School	Seed Time
Heat 1 of 4 Timed Finals				
1	Kellan Shave	25	Grafton High School	1:06.16
2	Brett Walder	27	West Springfield High School	1:05.25
3	Siyu Chen	27	Tyngsborough-Groton-Dunstable	1:04.31
4	Owen Moury	30	Gardner High School	1:04.93
5	Jonathan Dyer	27	Minnechaug Regional HighSchool	1:05.72
6				
Heat 2 of 4 Timed Finals				
1	Ben Smolinski	27	Belchertown High School	1:03.78
2	Ben Les	25	Belchertown High School	1:02.97
3	Atharv Gaddam	28	Longmeadow High School	1:02.50
4	Liam Richard	25	Minnechaug Regional HighSchool	1:02.63
5	Jagger Sandford	25	Advanced Math & Science Academ	1:03.00
6	Andy Ruiz-Velez	28	Springfield Central High	1:04.14
Heat 3 of 4 Timed Finals				
1	Tyler Hong	28	Longmeadow High School	1:01.38
2	Alex Olson	25	Gardner High School	1:00.70
3	Sebastian Medina	27	Springfield Central High	59.36
4	Adrian Gutierrez-Martinez	27	Holyoke High School	59.98
5	Jeffrey Carlone	26	East Longmeadow High School	1:00.97
6	Jonathan Ribeiro	27	Algonquin Regional High School	1:02.36
Heat 4 of 4 Timed Finals				
1	Ryan Gould	26	Belchertown High School	56.74
2	Breacan Shea	25	Grafton High School	54.99
3	Aryaman Jain	25	Westborough High School	54.02
4	Ethan Zhu	26	Tantasqua Regional High School	54.95
5	Dawson Rice	25	Minnechaug Regional HighSchool	55.69
6	Brady LePage	25	Westfield High School	58.05

Event 11 Boys 100 Yard Breaststroke

Meet Record:	57.56 2023	Josh Parente	Minnechaug
State Record:	53.81 2/20/2009	Nick D'Innocenzo	Andover
State QualD1:	1:05.12		
State QualD2:	1:07.21		
AA Automatic:	55.22		
AA Considera:	56.46		

Meet Qualifying: 1:10.72

Lane	Name	Year	School	Seed Time
Heat 1 of 3 Timed Finals				
1	Nick Capen	28	Minnechaug Regional HighSchool	1:10.56
2	Liam Bliss	26	Turners Falls	1:09.88
3	Brenden Schmidt	28	East Longmeadow High School	1:09.72
4	John Nawrocki	26	Chicopee Comprehensive HS	1:09.73
5	Isaac Xu	25	The Bromfield School	1:10.47
6				

2025 MIAA Winter Boy's Central West Sectional - 2/9/2025

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Heat 2 Timed Finals... (Event 11 Boys 100 Yard Breaststroke)

1	Evan Plosky	27	West Springfield High School	1:08.22
2	Ryan Shea	26	Belchertown High School	1:05.93
3	Kade Miner	27	Grafton High School	1:05.61
4	Ben Zhao	26	Algonquin Regional High School	1:05.62
5	Declan Lynch	28	West Springfield High School	1:07.78
6	Daniel Belin	27	The Bromfield School	1:08.46

Heat 3 of 3 Timed Finals

1	Logan Szenda	25	Westfield High School	1:04.45
2	Maxwell Qi	27	Algonquin Regional High School	1:04.27
3	George Lam	25	Grafton High School	1:00.21
4	Vance Petrossi	25	The Bromfield School	1:01.57
5	Ethan Halpern	26	Longmeadow High School	1:04.28
6	Simon Turcotte	25	Grafton High School	1:05.30

Event 12 Boys 400 Yard Freestyle Relay**Meet Record: 3:13.79 2020****Belchertown****Belchertown****Chumbley, Endress, Stelmokas, Dragon****State Record: 3:07.83 2/20/2016****Westford High School****Westford****J Jung, J Koravos, K Pilachowski, J Yao****State QualD1: 3:35.42****State QualD2: 3:41.55****AA Automatic: 3:05.17****AA Considera: 3:08.08****Meet Qualifying: 4:08.35**

Lane	Team	Relay	Seed Time
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Heat 1 of 4 Timed Finals

1			
2	Shrewsbury High School		4:08.19
3	Amherst High School Hurricanes		4:05.54
4	Turners Falls		4:06.56
5			
6			

Heat 2 of 4 Timed Finals

1	Chicopee Comprehensive HS		4:00.00
2	East Longmeadow High School		3:54.19
3	St John's Shrewsbury		3:51.35
4	Springfield Central High		3:53.09
5	Palmer High School		3:58.83
6	Renaissance		4:02.27

Heat 3 of 4 Timed Finals

1	Monument Mountain Co-op		3:48.75
2	Minnechaug Regional High School		3:43.37
3	Tantasqua Regional High School		3:41.47
4	Algonquin Regional High School		3:42.35
5	The Bromfield School		3:45.88
6	Advanced Math & Science Academ		3:49.53

Heat 4 of 4 Timed Finals

1	Belchertown High School		3:35.49
2	Ludlow High School		3:34.81
3	Grafton High School		3:27.91
4	Longmeadow High School		3:28.88
5	Westborough High School		3:34.94
6	West Springfield High School		3:38.82



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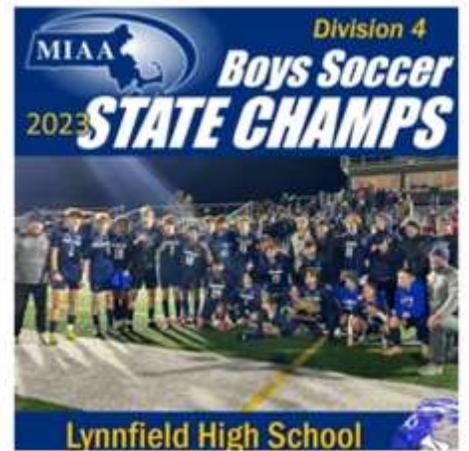
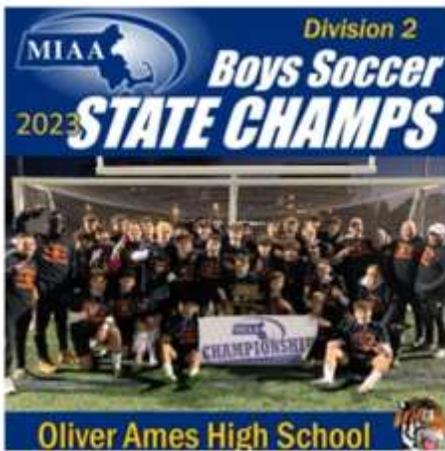
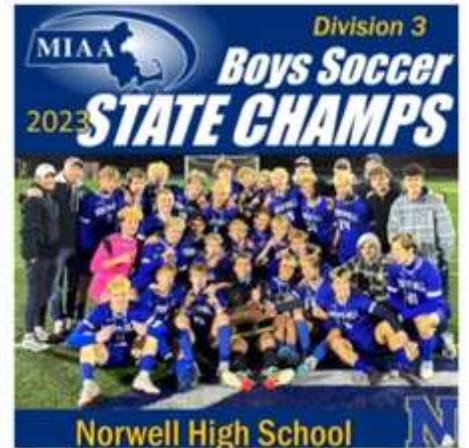
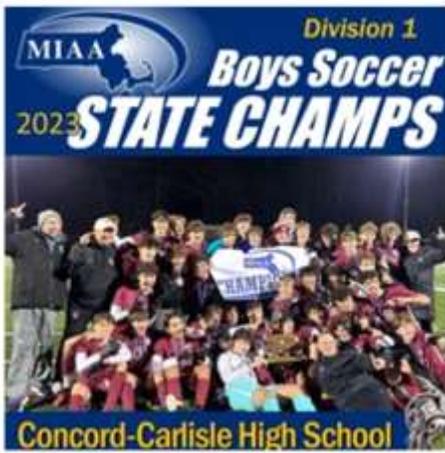
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Student-Athlete of the Month Award is presented on a monthly basis to two student-athletes who display excellence in the areas of academics, athletics and community service.

Diversity Equity and Inclusion (DEI)



The mission of the MIAA/MSAA Diversity, Equity & Inclusion Committee is to foster diversity among member schools, athletic administrators, coaches and student-athletes by promoting inclusiveness, awareness, and acceptance. The focus is to celebrate all differences by creating associations that are welcoming and engaging for all.

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The MIAA and MSAA extend sincere gratitude and appreciation to senior students who have committed to joining the Armed Forces of the United States of America after their graduation. In the 2022-23 year of this program, school leadership recognized 156 students. We commend their dedication and service!

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Multi Media Contest Winners
First Place
 Thomas Stachowicz, Thomas Waldron, Leah Rivers-Wright, and Henry Waguespack
 Maynard High School
Second Place
 Samuel Jansen and Michael Rapson
 Dartmouth High School

Essay Contest Winners
First Place
 Zachary Iannacone
 Ayer Shirley Regional High School
Second Place
 Harris Fagan
 Oakmont Regional High School

Student Advisory Committee

STUDENT ADVISORY COMMITTEE (SAC) is comprised of student leaders from MIAA member schools across the state. These students attend seasonal meetings and help facilitate student leadership workshops throughout the school year. They participate in various association activities and provide continual feedback from the perspective of students on how to improve the Educational Athletic offerings of the MIAA.



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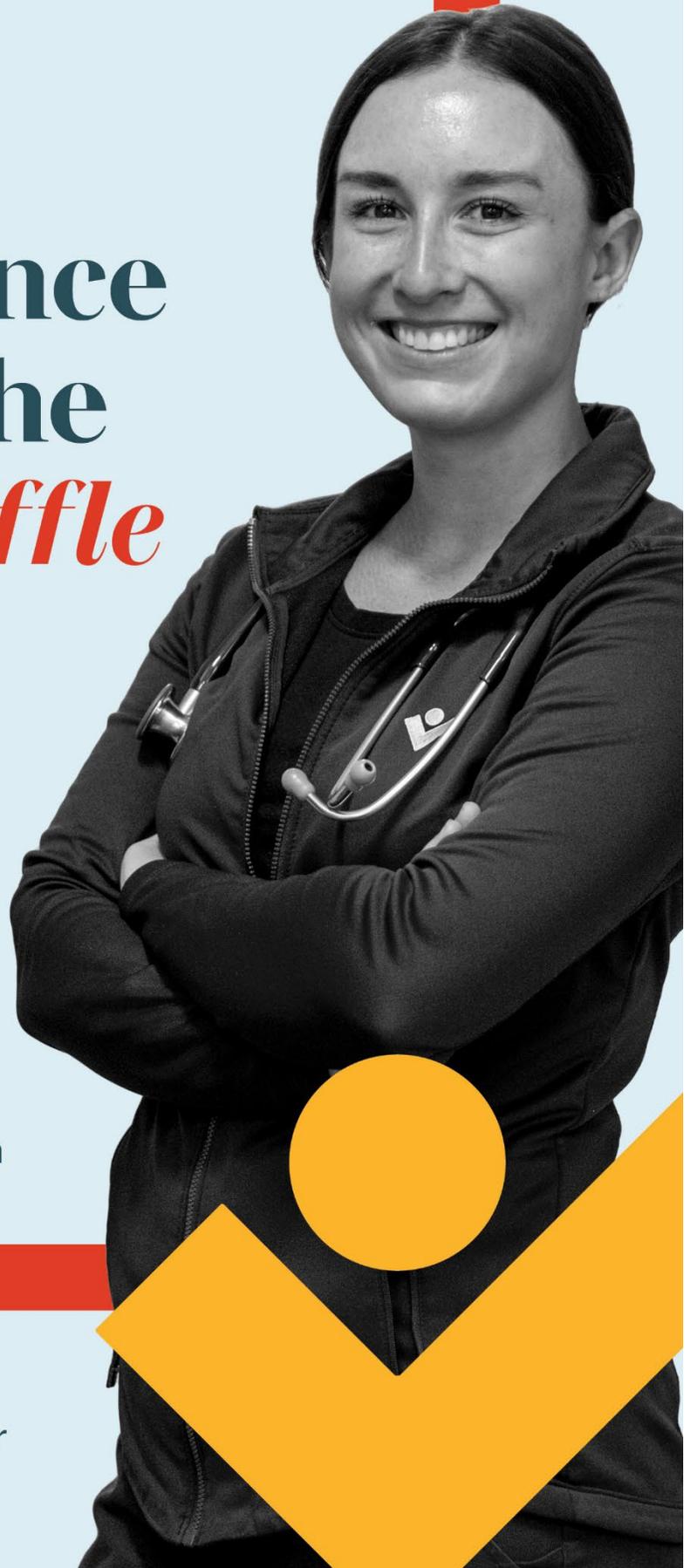
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33 Forge Parkway • Franklin, MA 02038

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