

**#1 Set-up WRESTLER A**-straddling **WRESTLER B's**-nearside leg, uses a crossface to a far arm—**LEGAL.** 

**#2 WRESTLER A**-reaches back and picks up nearside ankle/leg of **WRESTLER B** and pulls ankle/leg toward farside shoulder as she presses the crossface over for nearfall-**stop immediately and penalize for ILLEGAL back bow.** 

## This is **Illegal** by **APPLICATION**

grabbing ankle/leg—The lifting of ankle/ leg forced toward the opposite shouder creates a reverse "C" to spine—**Stop immediately**, penalize accordingly.

