

2009-2010

TEAM TOURNAMENT

WRESTLING FORMAT

Sport Specific Information

2009-2010 WRESTLING COMMITTEE MEMBERS

Dist. A	Mr. Robert Cunningham Principal, Shawsheen Valley Tech.	Dist. F	Mr. Jack Dougherty Asst. Prin., Westfield High School
	Mr. Scott Moreau A.D., Tyngsborough High School		Ms. Karen Gomez A.D., Westfield High School
Dist. B	Mr. Mike Noftsker Principal, Watertown High School	Dist. G	Mr. Scott Annand Asst. Prin., Monument Mt. Reg.
	Mr. Edward Gillis A.D., Burlington High School		TBA
Dist. C	Mr. Derek Folan Asst. Prin., Franklin High School	Dist. H	VACANCY
	Mr. Kevin Mackin A.D., Weymouth High School		Mr. Alex Campea A.D., Catholic Memorial HS
Dist. D	Mr. Aaron Polansky Asst. Prin., Bristol County AHS		
	VACANCY		Officials' Representative Mr. Ted Neill
Dist. E	Mr. John Brucato Principal, Milford High		Coaches' Representative Mr. Manny Costa
	Mr. Adam Bakr Asst. Prin. Marlborough HS		MASS Representative Mr. Peter Kurzberg, Supt. Braintree Public Schools
	Mr. Rich Riley A.D., Marlborough High School		
	Mr. Chris Young A.D., Leominster High School		

MIAA Staff Liaison

Mr. Bill McGuirk
Assistant Director

2009-2010 TEAM WRESTLING TOURNAMENT TIMETABLE

ENTRY REQUIREMENTS & INFORMATION	DATES	TOURNAMENT DIRECTORS
Minimum Weight Control List Due to Divisional Directors	Received on or before December 10 th , 2009 or prior to the first contest.	<p align="center">Tournament Director contact information is available in the "Members Only" section of the MIAA website</p>
Team Tournament Intent to Enter Form	Received on or before January 6th, 2010	
Season Schedule and Commitment Form (See note below)	Received on or before Friday, January 15 th , 2010	<p>State Director Mr. Bill Wassel</p>
Tournament Compliance Forms	Received on or before February 1 st , 2010	<p>Division I Mr. Brian Urquhart</p>
Tournament Cut-Off Date	February 5 th , 2010	<p>Division II Mr. Bob Gay</p>
Team Tournament Seeding	February 5 th / 6 th , 2010	
Team Sectional Championships	Saturday, February 6 th , 2010	<p>Division III Mr. Paul Gibbons</p>
Divisional State Semi-Finals	Wednesday, February 10 th , 2010	
Divisional State Finals	Wednesday, February 17 th , 2010 OR Wednesday, February 24 th , 2010	

***NOTE:**

All dual meets must be listed as well as tournaments. If opponents have not been determined (i.e. dual meet tournaments), the number of dual meets to be wrestled that day must be recorded separately as TBA's.

All required forms should be sent to the respective Divisional Tournament Directors.

Tournament Information

1. **Team Rosters:** Team rosters are determined by the MIAA Minimum Weight Control List submitted to Divisional Directors. Only wrestlers on that list will be permitted to participate in the Team Tournament.
2. **Warm-up Time:** Towels and equipment must be furnished by each team. Each team will be permitted a minimum of ten (10) minutes pre-match warm-up.
3. **Cheerleaders:** Varsity wrestling cheerleaders, accompanied by their advisor, and numbering not more than twenty (20) will be admitted free to the tournament games in which their school is participating. They must, however, be in uniform and accompanied by an adult who is an official school representative.
4. **Uniforms:** The team with the higher seed will be the home team through the tournament and team uniforms must meet all NFHS specifications.
5. **Rules:** All matches will be wrestled under the rules of the National Federation as modified by the MIAA.
6. **Exclusions:** Horns, posters, noisemakers, confetti, pompoms, balloons, and banners are not to be allowed inside any gym. **(See General Section concerning bands)**
7. **Solicitations:** Solicitation of funds is not permitted at tournament site. **Fund raising activities by the host schools and host sites must be approved by the MIAA Executive Staff.**
8. **Suspended Match:** If a match is suspended for some reason, the match will be completed from that point, on the next available date. However, the Tournament Director reserves the right to call the match a completed contest and also to change the site of the continuation of the match.
9. **Presentations:** Presentations of awards will only occur after all matches are completed.
10. **Postponement:** Postponements due to inclement weather or other unusual circumstances will be determined by the MIAA Executive Staff and Tournament Director who will attempt to consult with the Principals of the participating schools. The rescheduling of a postponed match will be the decision of the MIAA Executive Staff and the Tournament Director.
11. **Practice Regulations:** No competing team is to practice on a tournament site after the tournament cut-off date. (Exception - if it is a team's home site.) Each team will be permitted a minimum of at least a ten-minute pre-match warm-up.
12. **Medical Coverage:** A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available at all contests. This coverage will be provided by the Host School. The MIAA will compensate for this coverage at MIAA designated sites according to host school contract.
13. **Qualifying Criteria and Seeding:**

Sectional Championships Qualifying:

A one-day team sectional championship tournament will be held on Saturday, February 6th, 2010 in each of the twelve (12) sections of the state (four (4) sections in each of three (3) divisions). All teams in each section will have an opportunity to participate. **To be considered for the championship bracket, the Intent to Enter Form MUST BE SUBMITTED on or before January 6th, 2010. IF MORE THAN 14 TEAMS SUBMIT AN INTENT TO ENTER FORM, ONLY 14 WILL BE SELECTED TO PARTICIPATE VIA A POWER SEEDING PROCESS.** All teams will be guaranteed at least two (2) matches during the day. A sectional champion and a finalist in each of the twelve (12) sections will be crowned before wrestling concludes.

Sectional Championships Seeding:

A committee chaired by the sectional representative and comprised of the head coaches of the participating schools in that section, will power seed up to six (6) teams. All other teams will be drawn to fill the bracket. The seeding results, subject to the final approval of the divisional MIAA tournament director, will be based upon the following criteria:

1. **Head-to Head Competition** -- If one team has defeated the other, they would be the higher seed.
2. **Record vs. Common Opponents** --Calculate W/L record versus common opponents.
3. **Overall Won-Lost Percentage**
4. **Coin Toss** -- If ties still remain after above criteria has been applied, ties will be broken by a coin toss or "draw"

14. Sectional Championship Tournament Format:

- a. If twelve (12) teams are participating, the top four (4) seeded teams will draw byes in the first round, and in the first round matches will consist of #5 vs. #12, #6 vs. #11, #7 vs. #10, and #8 vs. #9. Wrestling will then continue in subsequent rounds until a champion is crowned. (See brackets on following page). The MIAA will present a Team Tournament Sectional Finalist and Championship trophy as well as sectional tournament certificates.
- b. If eleven (11) teams are participating, the top **five (5)** seeded teams will draw byes in the first round.
- c. If ten (10) teams are participating, the top **six (6)** seeded teams will draw byes in the first round.
- d. If thirteen (13) teams are participating, the top four (4) seeded teams will draw a bye in the first round and #12 will wrestle #13 in a preliminary match.
- e. Suggested time schedule:
 1. Weigh-in for round #1 teams at 8:00 AM and for teams with byes at 10:00 AM
 2. Round one, four (4) matches at 9:00 AM; Round two, four (4) matches at 11:00 AM
 3. Round three, four (4) matches at 1:30 PM; Round four, four (4) matches at 3:30 PM
 4. Round five, Sectional Final and Third Place matches at 6:00 PM

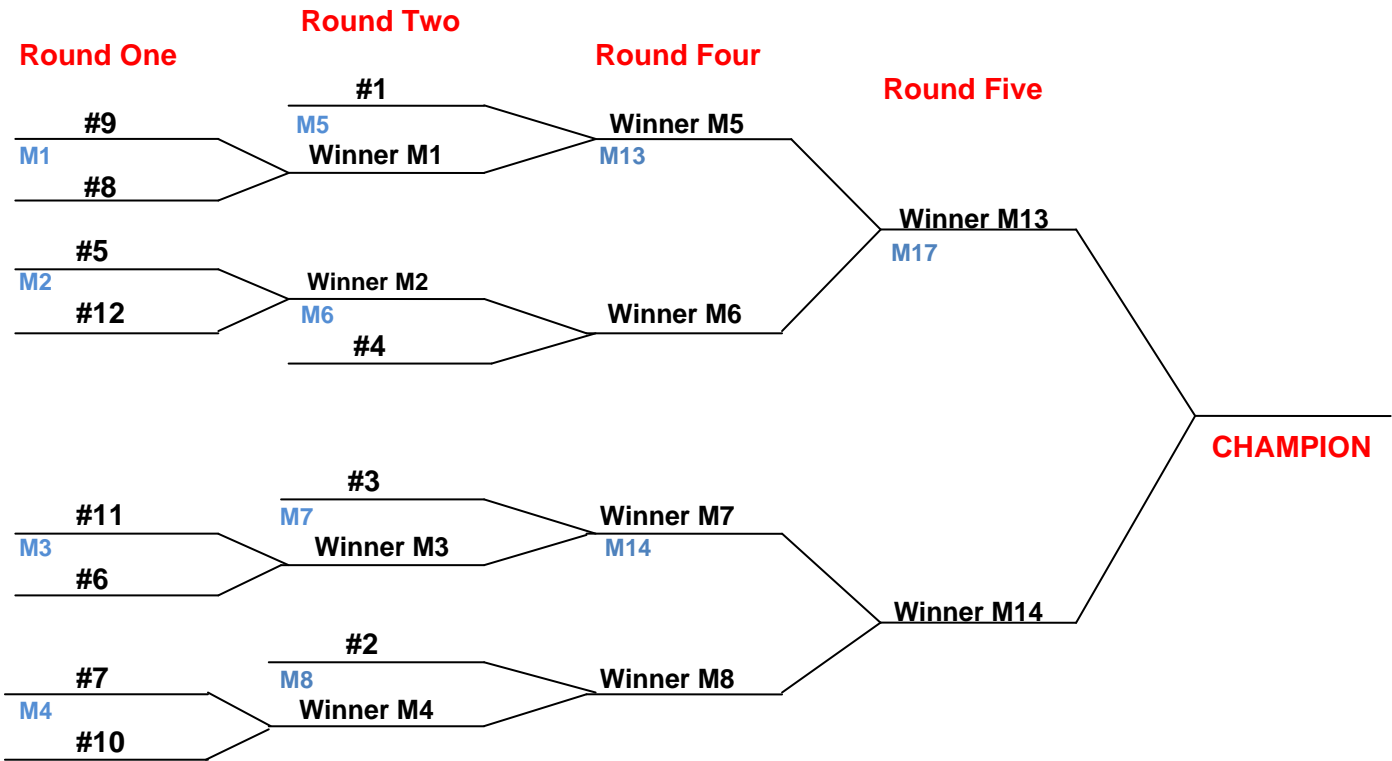
15. Divisional State Championships

- a. The sectional champions will be seeded #1 through #4 by a seeding committee comprised of the state tournament director, three divisional directors, the president and three divisional vice-presidents of the coaches association, and the MIAA liaison to the state wrestling committee, using the same seeding criteria for the sectional championships listed above.
- b. The state semi-final matches will be hosted by the #1 and #2 seeded teams in each division on Wednesday, February 10th, 2010. The #1 seed wrestles #4 and the #2 seed wrestles #3.
- c. The State Finals in all three divisions will be wrestled simultaneously at a site to be determined on Wednesday, February 17th or February 24th, 2010.

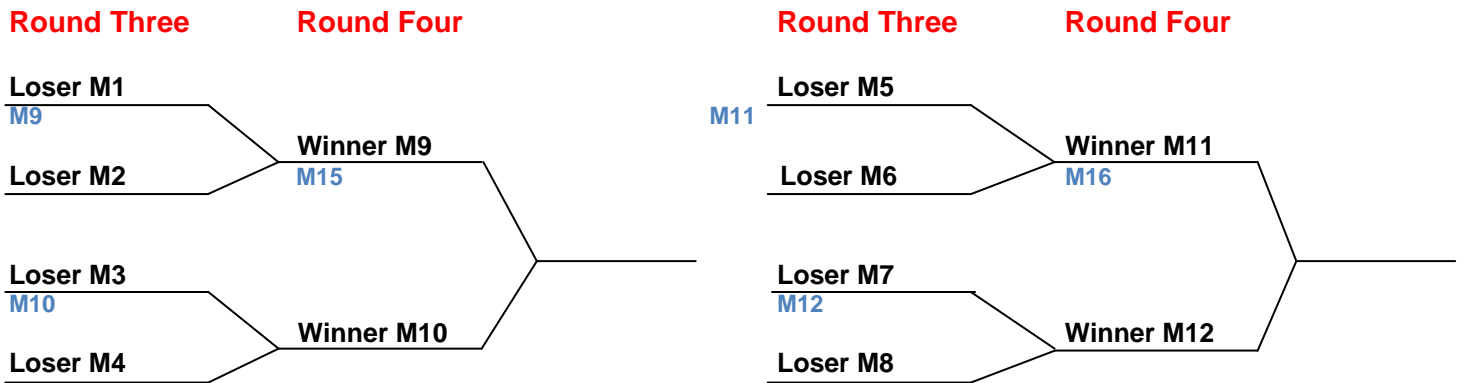
16. Post-Game Behavior & Sportsmanship: Officials and site managers will have the authority to issue game exclusion penalties to coaches or players for unsportsmanlike behavior at the tournament site before, during, and after the contest.

17. Game Officials: An assistant referee will be utilized in the State Semi-Finals and Finals.

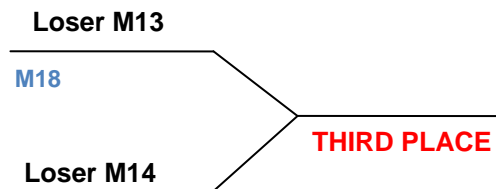
Team Sectional Championships



Consolation Rounds



Round Five



18. Forms and Deadlines:

Form	Deadline
Minimum Weight Control List	December 10, 2009 or prior to first contest <i>Available in the "Members Only" section in the Individual Tournament Wrestling Forms.</i>
Wrestling Team Intent to Enter Form	January 6, 2010
Wrestling Season Schedule and Commitment Form	January 15, 2010
Tournament Compliance Forms	February 1, 2010
Tournament Code of Conduct Form	February 1, 2010
Wrestling Team Sportsmanship Nomination Form	February 1, 2010

**2010 WRESTLING
TEAM TOURNAMENT
INTENT TO ENTER FORM**

Team Tournament Qualifying Criteria and Seeding:

Sectional Championships Qualifying:

A one-day team sectional championship tournament will be held on Saturday, February 6th, 2010 in each of the twelve (12) sections of the state (four (4) sections in each of three (3) divisions). All teams in each section will have an opportunity to participate. **To be considered for the championship bracket, this Intent to Enter Form MUST BE SUBMITTED on or before January 6th, 2010.** All teams will be guaranteed at least two (2) matches during the day. A sectional champion and a finalist in each of the twelve (12) sections will be crowned before wrestling concludes.

Sectional Championships Seeding:

A committee, chaired by the sectional representative and comprised of the head coaches of the participating schools in that section, will power seed up to six (6) teams. All other teams will be drawn to fill the bracket. The seeding results, subject to the final approval of the divisional MIAA tournament director, will be based upon the following criteria :

1. **Head-to Head Competition** -- If one team has defeated the other, they would be the higher seed.
2. **Record vs. Common Opponents** --Calculate W/L record versus common opponents.
3. **Overall Won-Lost Percentage**
4. **Coin Toss** -- If ties still remain after above criteria has been applied, ties will be broken by a coin toss or "draw"

(NOTE: Traditional MIAA tournament qualifying criteria (e.g. Won/Lost percentage, League Champion, League Runner-Up, 70% Rule, etc.) DO NOT APPLY for the Wrestling Team Tournament)

I certify that _____(name of school) has read the Team Tournament Qualifying and Seeding Criteria and we intend to participate in the Team Tournament Sectional Championships with our full team and fully comply with all MIAA tournament rules and expectations.

Name: _____
Position: Principal

Name: _____
Position: Athletic Director

Name: _____
Position: Wrestling Coach

**TO BE ELIGIBLE TO PARTICIAPTE IN THE 2010 TEAM SECTIONAL TOURNAMENT
THIS FORM MUST BE SUBMITTED TO YOUR DIVISIONAL TOURNAMENT DIRECTOR
ON OR BEFORE JANUARY 6TH, 2010**

2009-2010 MIAA Wrestling Tournament

Compliance Policy

Sportsmanship Responsibility for Competing Schools

As part of MIAA continuing efforts to promote the concepts of sportsmanship and provide the on-site atmosphere that will keep interscholastic athletic events in an educational perspective, the Wrestling Committee has adopted the following guidelines relative to the participation in the MIAA Wrestling Tournament.

Sportsmanship Expectations of Tournament Participants

1. Either the Principal, Assistant Principal, Athletic Director or a designee of the administration must be present at the event. The designee may be the coach or trainer of the school.
2. The designee will make his/her presence known to the site manager and tournament director.
3. The designee shall discourage all unacceptable behavior and activity that provokes or results in unacceptable behavior by others or is retaliatory to the unacceptable behavior of others.
4. The designee shall assist in enforcing tournament regulations related to signs, banners, noisemakers, etc.
2. The designee must make all team members aware of the specific sportsmanship expectations of the school.
3. The designee shall make sure that no member of the schools team (including coaches) shall seek an advantage by circumvention of the spirit or letter of the rules.
4. The designee will inform the coach that he/she is expected to exert his/her influence to enhance sportsmanship among the participants and the spectators.
5. The designee will inform the coach that he/she must review any situation(s) where violations of good sportsmanship occur.
6. The designee must inform the coach that he/she must always exemplify professional behavior and leadership with strong ethical standards.
7. The designee shall make certain that all team members accept and understand the emphasis on sportsmanship and the privilege of representing that school and community.

I certify that _____ (name of school) has read the Tournament Compliance Policy and will support and abide by that policy to help promote good sportsmanship.

Name: _____
Position: Principal

Name: _____
Position: Athletic Director

Name: _____
Position: Wrestling Coach

**THIS FORM MUST BE SUBMITTED TO YOUR DIVISIONAL TOURNAMENT DIRECTOR
ON OR BEFORE FEBRUARY 1ST, 2010**

ADDENDUM

WEIGHT CONTROL AND CERTIFICATION PROCEDURES

Enclosed are the necessary forms that must be used to properly certify your wrestlers for MIAA competition. Please take the time to review Rule 82.4 Weight Control and Certification Procedures on pages 82 thru 84 of the MIAA Handbook to ensure that you are aware of what needs to be done. ALL DEADLINES MUST BE MET AND ALL FORMS MUST BE COMPLETED AS DIRECTED IN ORDER FOR YOUR WRESTLERS TO BE ELIGIBLE FOR MIAA COMPETITION.

Notes:

1. The MIAA Minimum Weight Control Certificate MUST be on file in the Athletic Director's Office PRIOR TO the wrestler's first interscholastic competition. (See enclosed form.)
2. The MIAA Minimum Weight Control List must be submitted electronically to the MIAA and to the **Divisional Directors** on or before December 10, 2009, or prior to the first contest . Any wrestler who joins the team after the list has been submitted must be added to the list **prior** to his first competition. The Athletic Director should call the Divisional Director and then mail an updated list ASAP.
3. This paragraph should read:

To qualify at a certain weight for MIAA sectional and state tournaments, **BOTH INDIVIDUAL and TEAM**, a wrestler must make weight at his/her certified weight class at scratch weight **at least once** during the season. If a wrestler is making his/her lowest certified weight on or after the two pound weight allowance is granted (**January 4th, 2010**) he/she must make scratch weight the first time he/she weighs in. No wrestler can utilize the two pound weight allowance until he/she has made scratch weight. He/she must also weigh in at base weight (scratch plus any rulebook allowance) 60% of the varsity days of competition on which the wrestler competes. A wrestler **MUST COMPETE** on the day of competition in order to count that weigh-in towards the 60% requirement for certification. Rulebook weight allowances count towards certification.

4. The home weigh-in period **MUST** take place:
 - ONLY during the 60 minute period immediately prior to the start of the academic school day.
 - ONLY during a SINGLE 60-minute period between 6:00 AM and 12:00 Noon for matches beginning **after** 3:00 PM on a non-school day. All other weigh-ins on a non-school day must be at base weight.

IMPORTANT! Both the coach and a school administrator (the Principal or his/her designee) must sign each and every weigh-in sheet. The school administrator need not be present at the weigh-ins, but must sign the sheet to validate the weigh-in.



Team Wrestling Sportsmanship Award



The MIAA Tournament Management Committee has approved an Annual Sportsmanship Award to be presented to a school in every sport at the MIAA State Championship.

We would like to encourage you to nominate a varsity wrestling team for consideration by the MIAA Wrestling Committee for recognition at the MIAA Team Wrestling Championships. Nominated teams do not have to be tournament teams but should exemplify the tenets of good sportsmanship to the highest degree. Self-nominations are acceptable.

I would like to nominate the following team for consideration of the MIAA Team Wrestling Sportsmanship Award:

School: _____ Girls: _____ Boys: _____ Division: _____

City/Town: _____

Phone: _____ Fax: _____

Principal: _____

Athletic Director: _____ School Phone: _____

Home Phone: _____

Coach: _____ Home Phone: _____

Please provide a brief statement with regard to the reasons for this nomination below!

Your Name _____ **Signature** _____

Position _____ **School** _____

Date _____ **Phone** _____

Send to: MIAA
Attn: Bill McGuirk
33 Forge Parkway
Franklin, MA 02038

Fax: 508-541-9888

APPLICATIONS MUST BE RECEIVED NO LATER THAN FEBRUARY 1, 2010

NFHS PHYSICIAN RELEASE FOR WRESTLER TO PARTICIPATE WITH SKIN LESION(S)

The National Federation of State High School State Associations' (NFHS) Sports Medicine Advisory Committee has developed a physician release form for wrestlers to participate with skin lesion(s) as a suggested model you may consider adopting for your state. The NFHS Sports Medicine Advisory Committee conducted a survey among specialty, academic, public health and primary care physicians and reviewed extensively the literature available on the communicability of various skin lesions at different stages of disease and treatment. No definitive data exists that allow us to absolutely predict when a lesion is no longer shedding organisms that could be transmitted to another. Another finding from the survey was the significant differences that exist among physicians relating to when they will permit a wrestler to return to participation after having a skin infection.

Neither the NFHS nor the NFHS Sports Medicine Advisory Committee presumes to dictate to professionals how to practice medicine. Neither is the information on this form meant to establish a standard of care. The NFHS Sports Medicine Advisory Committee does feel, however, that the guidelines included on the form represent a summary consensus of the various responses obtained from the survey, from conversations and from the literature. The committee also feels that the components of the form are very relevant to addressing the concerns of coaches, parents, wrestlers and physicians that lead to the research into this subject and to the development of this form.

GOALS FOR ESTABLISHING A WIDELY USED FORM:

1. Protect wrestlers from exposure to communicable skin disorders. Although most of the skin lesions being discussed generally have no major long term consequences and are not life threatening, some do have morbidity associated with them and student-athletes should be protected from contracting skin disorders from other wrestlers or contaminated equipment such as mats.
2. Allow wrestlers to participate as soon as it is reasonably safe for them and for their opponents and/or teammates using the same mat.
3. Establish guidelines to help minimize major differences in management among physicians who are signing "return to competition forms". Consistent use of these guidelines should protect wrestlers from catching a skin disease from participation and should protect them from inequalities as to who can or cannot participate.
4. Provide a basis to support physician decisions on when a wrestler can or cannot participate. This should help the physician who may face incredible pressure from many fronts to return a youngster to competition ASAP. This can involve "Joe Blow who never wins a match" or the next state champion with a scholarship pending.

IMPORTANT COMPONENTS FOR AN EFFECTIVE FORM:

1. Inclusion of the applicable NFHS wrestling rule so physicians will understand that covering a contagious lesion is not an option that is allowed by rule. Covering a non-contagious lesion after adequate therapy to prevent injury to lesion is acceptable.
2. Inclusion of the date and nature of treatment and the earliest date a wrestler can return to participation. This should minimize the need for a family to incur the expense of additional office visits as occurs when a form must be signed within three days of wrestling as some do.
3. Inclusion of a "bodygram" with front and back views should clearly identify the lesion in question. Using non-black ink to designate skin lesions should result in less confusion or conflict. Also including the number of lesions protects against spread after physician visit.
4. Inclusion of guidelines for minimum treatment before returning the wrestler to action as discussed above. This should enhance the likelihood that all wrestlers are managed safely and fairly.
5. Inclusion of all of the components discussed has the potential to remove the referee from making a medical decision. If a lesion is questioned, the referee's role could appropriately be only to see if the coach can provide a fully completed medical release form allowing the wrestler to wrestle.

This form may be reproduced, if desired and can be edited in anyway for use by various individuals or organizations. In addition, the NFHS Sports Medicine Advisory Committee would welcome comments for inclusion in future versions as this will continue to be a work in progress.

Revised/Approved April 2008

PHYSICIAN RELEASE FOR WRESTLER TO PARTICIPATE WITH SKIN LESION

Name: _____

Date of Exam: ___ / ___ / ___

Diagnosis _____

Mark Location AND Number of Lesion(s)

Location AND Number of Lesion(s) _____

Medication(s) used to treat lesion(s): _____

Date Treatment Started: ___ / ___ / ___

Form Expiration Date: ___ / ___ / ___

Earliest Date may return to participation: ___ / ___ / ___

Provider Signature _____ Office Phone #: _____

Physician Name (Printed or Typed) _____

(M.D. or D.O.)

Office Address _____

Note to Providers: Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Please familiarize yourself with NFHS Rules 4-2-3, 4-2-4 and 4-2-5 which states:

"ART. 3 . . . If a participant is suspected by the referee or coach of having a communicable skin disease or any other condition that makes participation appear inadvisable, the coach shall provide current written documentation as defined by the NFHS or the state associations, from a physician stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to any opponent. This document shall be furnished at the weigh-in for the dual meet or tournament. The only exception would be if a designated on-site meet physician is present and is able to examine the wrestler immediately after the weigh-in. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate."

"ART. 4 . . . If a designated on-site meet physician is present, he/she may overrule the diagnosis of the physician signing the physician's release form for a wrestler to participate with a particular skin condition."

"ART. 5 . . . A contestant may have documentation from a physician only indicating a specific condition such as a birthmark or other non-communicable skin conditions such as psoriasis and eczema, and that documentation is valid for the duration of the season. It is valid with the understanding that a chronic condition could become secondarily infected and may require re-evaluation."

Once a lesion is not considered contagious, it may be covered to allow participation.

Below are some treatment guidelines that suggest **MINIMUM TREATMENT** before return to wrestling:

Bacterial Diseases (impetigo, boils): To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. Oral antibiotic for three days is considered a minimum to achieve that status. If new lesions continue to develop or drain after 72 hours, CA-MRSA (Community Associated Methicillin Resistant Staphylococcus Aureus) should be considered and minimum oral antibiotics should be extended to 10 days before returning the athlete to competition or until all lesions are scabbed over, whichever occurs last.

Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum): To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. For primary (first episode of Herpes Gladiatorum), wrestlers should be treated and not allowed to compete for a minimum of 10 days. If general body signs and symptoms like fever and swollen lymph nodes are present, that minimum period of treatment should be extended to 14 days. Recurrent outbreaks require a minimum of 120 hours or full five days of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over.

Tinea Lesions (ringworm scalp, skin): Oral or topical treatment for 72 hours on skin and 14 days on scalp.

Scabies, Head Lice: 24 hours after appropriate topical management.

Conjunctivitis (Pink Eye): 24 hours of topical or oral medication and no discharge.

Molluscum Contagiosum: 24 hours after curettage.

Revised/Approved April 2008