



# 2009 Fall Girls Swimming & Diving

## SPORT SPECIFIC INFORMATION

### 2009 – 2010 Swim Committee Members

Dist. A		Dist. F	Mr. John Derosia, Vice Principal Minnechaug Reg HS (Wilbraham)
			Mr. Edward Doyle, Athletic Director Minnechaug Reg HS (Wilbraham)
Dist. B		Dist. G	Mr. James Conro, Principal Wahconah Reg (Dalton)
	Mr. Jim Davis, Athletic Director Belmont High School		Mr. Jim Abel, Athletic Director Pittsfield HS
Dist. C	Ms. Patricia Connors, Principal Plymouth South HS	Dist. H	VACANCY
	Mr. Brian McDonough, Athletic Director Norwood Sr. High School		Ms. Pat Gonzalez, Athletic Director Austin Prep (Reading)
Dist. D	Mr. Bob Dutch, Principal Upper Cape Cod RVT (Bourne)		<b>Coaches' Representatives</b> Mr. Michael Foley Mr. James Hirtle
	Mr. Raymond Grant, Athletic Director Seekonk HS		<b>At-Large</b> Mr. Sam DePina
Dist. E	Mr. Rich Piergustavo, Athletic Director Milford High School		<b>MASC Representative</b> VACANT
	Ms. Jennifer Lynch, Athletic Director Wachusett Regional H.S. (Holden)		<b>Officials' Representatives</b> Mr. William Walker Ms. Priscilla Davis
			<b>MASS Representative</b> Mr. Patrice Dardenne

**MIAA Staff Liaison**  
Mr. Brian Halloran  
Assistant Director

## 2009 Fall Girls Swimming & Diving Tournament Timetable

Entry Requirements & Information	Dates	Tournament Directors
<b>Season Schedule &amp; Commitment Form Due</b>	<b>Received on or before: September 30, 2009</b>	<b>Sectionals North &amp; South Mr. Richard Lennon</b>
<b>Cut-off Dates: Swimming &amp; Diving</b>	<b>Sunday, November 8, 2009</b>	
<b>Sectional Entry Forms Swimming &amp; Diving</b>	<b>South</b> Must be received by: Monday, November 9, 2009 by 4PM  <b>North</b> Must be received by: Monday, November 9, 2009 by 4PM	
<b>State Entry Form Diving</b>	November 16, 2009 by 4PM	<b>State Ms. Carol Healey</b>
<b>State Entry Form Swimming</b>	November 16, 2009 by 4PM	
<b>SECTIONALS</b>  <b>Swimming &amp; Diving</b> <b>Saturday, Nov. 14, 2009</b> <b>@ MIT</b> <i>Buses need to park in Sydney Parking Lot</i>  <a href="#">Click here for Directions to MIT &amp; Parking Info</a> (parking will be \$5/day)	<b>South</b> Pool opens: 7:00 am Warm-ups: 7:30 am Events: 8:45 am Diving concurrent with swimming  <b>North</b> Pool opens: 2:30 pm Warm-ups: 3:00 pm Events 4:15 pm Diving concurrent with swimming	
<b>STATES</b> <b>SWIMMING &amp; DIVING</b>  <b>Saturday, November 28,</b> <b>2009 @</b> <b>HARVARD UNIVERSITY</b> Blogett Pool (Corner of North Harvard St. and Soldiers Field Road)  <small>A PARKING FEE OF \$10 WILL BE CHARGED AT HARVARD UNIVERSITY PER VEHICLE PER DAY.</small>	Division II: <b>Student check-in 7:15 a.m.</b> <b>Ticket sales begin 7:30 a.m.</b> <b>Warm-up begins 7:30 a.m.</b> <b>Spectators enter 7:45 a.m.</b> <b>Meet begins 9:00 a.m.</b>  Division I: <b>Student check-in 1:15 p.m.</b> <b>Ticket sales begin 1:30 p.m.</b> <b>Warm-up begins 1:30 p.m.</b> <b>Spectators enter 1:30 p.m.</b> <b>Meet begins 2:30 p.m.</b>	

**Late Entries will be seeded with no time in the first heat and must be accompanied by a \$300 late fee per team in the form of a purchase order or check.**

**The following forms must be submitted by the dates indicated:**

<b>Season Schedule &amp; Commitment Form</b>	<b>September 30, 2009</b>
<b>Tournament Code of Conduct Form</b>	<b>September 30, 2009</b>
Team Sportsmanship Nomination Form	November 2, 2009
Swimming Entry Form (Sectional)	November 9, 2009 by 4PM
Diving Entry Form (Sectional)	November 9, 2009 by 4PM
Swimming Officials Recommended Form (Sectional)	November 9, 2009 by 4PM
Diving Officials Recommended Form (Sectional)	November 9, 2009 by 4PM
Official Diving Form (Sectional)	November 9, 2009 by 4PM
Swimming Entry Form (State)	November 16, 2009 by 4PM
Swimming & Diving Officials Recommended Form (State)	November 16, 2009 by 4PM
Diving Entry Form (State)	November 16, 2009 by 4PM
Official Diving Form (State)	November 16, 2009 by 4PM

**2009 FALL QUALIFYING STANDARDS for GIRLS**

<b>EVENT</b>	<b>2009 South Girls'</b>	<b>2009 North Girls'</b>	<b>2009 Girls' State Div I</b>	<b>2009 Girls' State Div 2</b>
One Meter Diving	*160	*160	*185 (2 times)	*175 (2 times)
200 Yd. Medley Relay	2:13.50	2:20.00	2:07.13	2:06.71
200 Yd. Freestyle	2:12.84	2:11.00	2:10.00	2:10.00
200 Yd. Individual Medley	2:29.70	2:29.00	2:27.15	2:27.00
50 Yd. Freestyle	:27.33	:27.20	:26.72	:27.30
100 Yd. Butterfly	1:09.21	1:08.50	1:07.00	1:07.36
100 Yd. Freestyle	:59.75	:59.60	:58.53	:59.65
500 Yd. Freestyle	5:57.19	5:50.00	5:50.00	5:47.00
200 Yd. Freestyle Relay	1:58.00	2:02.00	1:54.34	1:52.80
100 Yd. Backstroke	1:09.30	1:08.47	1:08.00	1:08.00
100 Yd. Breaststroke	1:18.00	1:18.00	1:16.81	1:18.50
400 Yd. Freestyle Relay	4:24.74	4:30.00	4:09.00	4:07.00

\* Minimum Points in two (2) dual meets.

Verification of dives must be presented prior to competition at each tournament site.

## A. TOURNAMENT QUALIFICATION

1. Girls electing to swim in the Fall sectional and state tournaments are ineligible to swim in the Winter. Boys swimming on mixed gender teams in the Fall are ineligible to swim in the winter.
2. A two divisional format will be used at the Fall Swimming & Diving State Championship Meet.

For divisional alignments refer to the MIAA website at [www.miaa.net](http://www.miaa.net)

## B. QUALIFYING CRITERIA - TEAM MEMBERS

1. Individuals must be bona-fide members of their high school swim team as recognized by the MIAA and must achieve qualifying standards as published in this format.
2. Qualifying times must be obtained from swimming in a bona fide MIAA High School Swim Meet officiated by certified swimming officials.
3. *Relay teams must have met the listed qualifying time in the Swim Format during the regular season.*
4. The coach or official school representative must be able to verify the swimmer or diver's time or standard.
  - a. Any times that do not meet minimum qualifying times will be challenged by the meet director.
  - b. Other times can be challenged throughout the meet.
  - c. Any swimmer or diver found not to have met submitted standards shall be disqualified from the event in question.
5. Divers
  - a. A diver *during the regular season must have scored 4 points from each judge on each dive* in order to qualify it for tournament entry. Coaches must be able to verify this with dual meet diving sheets.
  - b. The dive as qualified in season will be the only dive accepted (i.e., 1 ½ tuck is not the same as 1 ½ pike).
  - c. *No diver may perform a dive in the Sectional or State tournament that has not been performed and qualified during the regular season*
  - d. An official diving form must be submitted for each diver by the deadline. Divers will be allowed to change dives up to 1 hour before the start of each session containing diving.
6. A violation of qualifying criteria may involve a hearing before the swim committee.

## C. ADULT REPRESENTATION

1. *The coach or official school representative (as designated by the principal in writing on the entry blank) must remain at the championship site throughout the meet or the swimmer/diver will not be accepted by tournament directors for warm-up sessions or to compete in the meet.*
2. Last minute changes must be verified in writing by the principal before the swimmer/diver is allowed to compete or warm-up.

## D. OFFICIALS

Officials in Sectional or State meets must be enrolled with the MIAA.

## E. MEET RULES

2009 – 2010 National Federation Swimming Rules shall be the official rules for championship meets.

## F. TEAM ROSTER

*Team rosters shall include only those swimmers and divers who have met qualifying standards, plus one (1) manager and all coaches.* The names of coaches and manager must appear on the entry form. Relay only swimmers must also be listed on the team roster. Only the individuals listed will be allowed on the pool deck. All others will be subject to the admission fees.

## G. TICKET INFORMATION

For information about admission prices, go to: <http://www.miaa.net>

## H. REQUIRED SCHOOL TIMERS

If you enter from 1-5 swimmers you will be asked to provide 1 timer, from 6-10 swimmers 2 timers, from 11-15 swimmers 3 timers, and 16 & over swimmers 4 timers. This is necessary for proper conduct at the swimming meet. Please be sure that timers from your team are in the appropriate lanes at the designated times.

## I. ATTENTION

*Coolers, signs, shakers, balloons, and noisemakers of any kind are not allowed at tournament sites. School banners, approved by the Tournament Director, will be allowed but must be hung where directed to do so by tournament personnel.*

## J. RESPONSIBILITY OF PARTICIPATING SCHOOLS

All schools are responsible before, during and after a contest for the proper conduct of their coaches, athletes and spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred.

## K. SHAVING

*There will be absolutely no shaving permitted at any tournament site.*

## M. MEDICAL COVERAGE

A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available at all contests. This coverage will be provided/compensated by the Host School in tournament rounds at the site of the higher seeded team. The MIAA will compensate for this coverage at MIAA designated neutral sites.



# Swimming & Diving Team Sportsmanship Award

The MIAA Tournament Management Committee has approved an Annual Sportsmanship Award to be presented to a school in every sport at the MIAA State Championship.

We would like to encourage you to nominate a swimming & diving team for consideration by the MIAA Swim Committee for recognition at the MIAA Swimming & Diving State Meet. Nominated teams do not have to be tournament teams but should exemplify the tenets of good sportsmanship to the highest degree. Self-nominations are acceptable.

***I would like to nominate the following team for consideration of the MIAA Swimming & Diving Sportsmanship Award:***

School: \_\_\_\_\_ Division: \_\_\_\_\_

City/Town: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Principal: \_\_\_\_\_

Athletic Director: \_\_\_\_\_ School Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Coach: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Captain(s) names: \_\_\_\_\_

# of Games Played \_\_\_\_\_ # of Exclusions \_\_\_\_\_

*Please provide a brief statement with regard to the reasons for this nomination below!*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

***Your Name*** \_\_\_\_\_ ***Signature*** \_\_\_\_\_

***Position*** \_\_\_\_\_ ***School*** \_\_\_\_\_

***Date*** \_\_\_\_\_ ***Phone*** \_\_\_\_\_

Send to: MIAA  
Attn: Swimming & Diving Committee  
33 Forge Parkway  
Franklin, MA 02038

Fax: 508-541-9888

***APPLICATIONS MUST BE RECEIVED BY November 2, 2009***