



2008 Fall Girls Swimming & Diving

SPORT SPECIFIC INFORMATION

2008 – 2009 Swim Committee Members

Dist. A	Mr. Al Thomas, Principal Chelmsford HS	Dist. F	Mr. John Derosia, Vice Principal Minnechaug Reg HS (Wilbraham)
	VACANCY		Mr. Edward Doyle, Athletic Director Minnechaug Reg HS (Wilbraham)
Dist. B	VACANCY	Dist. G	Mr. James Conro, Principal Wahconah Reg (Dalton)
	Mr. Jim Davis, Athletic Director Belmont High School		Mr. Jim Abel, Athletic Director Pittsfield HS
Dist. C	Ms. Patricia Connors, Principal Plymouth South HS	Dist. H	VACANCY
	Mr. Danny Villa, Athletic Director Walpole High School		Ms. Pat Gonzalez, Athletic Director Austin Prep (Reading)
Dist. D	Mr. Bob Dutch, Principal Upper Cape Cod RVT (Bourne)		Coaches' Representatives Mr. Michael Foley Mr. James Hirtle
	Mr. Raymond Grant, Athletic Director Seekonk HS		At-Large Mr. Sam DePina
Dist. E	Ms. Christine Johnson, Principal Northbridge HS		MASC Representative VACANT
	Ms. Jennifer Lynch, Athletic Director Wachusett Regional H.S. (Holden)		Officials' Representatives
	Mr. Rich Piergustavo, Athletic Director Milford High School		MASS Representative Dr. Anne Towle

MIAA Staff Liaison
Mr. Brian Halloran
Assistant Director

2008 Fall Girls Swimming & Diving Tournament Timetable

Entry Requirements & Information	Dates	Tournament Directors
Season Schedule & Commitment Form Due	Received on or before: September 30, 2008	Sectionals North & South Mr. Richard Whitworth Email dive sheet to Richard Whitworth at 7465@msn.com
Cut-off Dates: Swimming & Diving	Sunday, November 9, 2008	
Sectional Entry Forms Swimming & Diving	South Must be received by: Monday, November 10, 2008 by 4PM North Must be received by: Monday, November 10, 2008 by 4PM	
State Entry Form Diving	November 17, 2008 by 4PM	State Mr. Richard Lennon Email dive sheet to Richard Whitworth at 7465@msn.com
State Entry Form Swimming	November 17, 2008 by 4PM	
SECTIONALS Swimming & Diving Saturday, Nov. 15, 2008 @ MIT <i>Buses need to park in Sydney Parking Lot</i> Click here for Directions to MIT & Parking Info	North Pool opens: 7:00 am Warm-ups: 7:30 am Events: 8:45 am Diving concurrent with swimming South Pool opens: 2:30 pm Warm-ups: 3:00 pm Events 4:15 pm Diving concurrent with swimming	
STATES Swimming Sunday, November 23 @ Wellesley College	Division I: Pool opens: 7:15 am Warm-ups: 7:30 am Events: 9:00 am Division II: Pool opens: 1:00 pm Warm-ups: 1:30 pm Events: 3:00 pm	
STATES Diving Saturday, November 22 @ Bentley College	Pool opens for Divers at 9:30 am Warm ups at 10:00 am Opens for Spectators at 10:30 am Events at 11:00 am	

Late Entries will be seeded with no time in the first heat and must be accompanied by a \$300 late fee per team in the form of a purchase order or check.

The following forms must be submitted by the dates indicated:

Season Schedule & Commitment Form	September 30, 2008
Tournament Code of Conduct Form	September 30, 2008
Team Sportsmanship Nomination Form	November 3, 2008
Swimming Entry Form (Sectional)	November 10, 2008 by 4PM
Diving Entry Form (Sectional)	November 10, 2008 by 4PM
Swimming Officials Recommended Form (Sectional)	November 10, 2008 by 4PM
Diving Officials Recommended Form (Sectional)	November 10, 2008 by 4PM
Official Diving Form (Sectional)	November 10, 2008 by 4PM
Swimming Entry Form (State)	November 17, 2008 by 4PM
Swimming & Diving Officials Recommended Form (State)	November 17, 2008 by 4PM
Diving Entry Form (State)	November 17, 2008 by 4PM
Official Diving Form (State)	November 17, 2008 by 4PM

2008 FALL QUALIFYING STANDARDS for GIRLS

EVENT	2008 South Girls'	2008 North Girls'	2008 Girls' State Div I	2008 Girls' State Div 2
One Meter Diving	*160	*160	*185 (2 times)	*175 (2 times)
200 Yd. Medley Relay**	2:13.50	2:16.50	2:07.13	2:06.71
200 Yd. Freestyle	2:12.84	2:11.00	2:08.00	2:09.06
200 Yd. Individual Medley	2:30.91	2:29.50	2:27.15	2:27.00
50 Yd. Freestyle	:27.33	:27.20	:26.72	:27.00
100 Yd. Butterfly	1:09.21	1:08.00	1:06.36	1:06.36
100 Yd. Freestyle	1:00.53	:59.60	:58.53	:59.65
500 Yd. Freestyle	5:57.19	5:48.57	5:45.23	5:45.00
200 Yd. Freestyle Relay**	1:58.00	1:59.00	1:54.34	1:52.80
100 Yd. Backstroke	1:09.91	1:08.47	1:08.00	1:07.79
100 Yd. Breaststroke	1:18.00	1:18.00	1:16.81	1:17.50
400 Yd. Freestyle Relay**	4:28.80	4:30.00	4:07.00	4:06.82

* Minimum Points in two (2) dual meets.

** The qualifying time of the relay team achieving entry into the Girls' Sectionals/State Tournaments can not have had a boy on it.

Verification of dives must be presented prior to competition at each tournament site.

2008-2009 WINTER QUALIFYING STANDARDS - BOYS' (and for boys swimming in the Fall '08 season)

EVENT	Boys' North	Boys' Central/South	Boys' West	Boys' Div I State	Boys' Div II State
200 Yd. Medley Relay	1:57.44	1:56.24	One Entry Per School	1:52.20	1:55.00
200 Yd. Freestyle	1:55.01	2:00.35	2:04.09	1:55.00	1:59.50
200 Yd. Individual Medley	2:14.56	2:18.86	2:22.25	2:11.90	2:15.50
50 Yd. Freestyle	23.85	24.03	24.86	23.60	23.90
One Meter Diving	165 - 2 times	160 - 2 times	140 - 2 times	178 - 2 times*	180 - 2 times*
100 Yd. Butterfly	58.88	59.32	1:04.62	58.00	1:00.00
100 Yd. Freestyle	52.42	53.80	55.41	52.50	52.50
500 Yd. Freestyle	5:20.30	5:32.18	5:41.57	5:15.70	5:22.00
200 Yd. Freestyle Relay	1:42.46	1:41.48	One Entry Per School	1:38.50	1:40.00
100 Yd. Backstroke	1:00.99	1:04.00	1:07.13	1:00.80	1:03.00
100 Yd. Breaststroke	1:07.90	1:10.39	1:12.24	1:06.90	1:09.10
400 Yd. Freestyle Relay	3:50.94	3:50.74	One Entry Per School	3:41.00	3:45.00

A. TOURNAMENT QUALIFICATION

1. Girls electing to swim in the Fall sectional and state tournaments are ineligible to swim in the Winter. Boys swimming on mixed gender teams in the Fall are ineligible to swim in the winter.
2. A two divisional format will be used at the Fall Swimming & Diving State Championship Meet.

For divisional alignments refer to the MIAA website at www.miaa.net

B. QUALIFYING CRITERIA - TEAM MEMBERS

1. Individuals must be bona-fide members of their high school swim team as recognized by the MIAA and must achieve qualifying standards as published in this format.
2. Qualifying times must be obtained from swimming in a bona fide MIAA High School Swim Meet officiated by certified swimming officials.
3. *Relay teams must have met the listed qualifying time in the Swim Format during the regular season.*
4. The coach or official school representative must be able to verify the swimmer or diver's time or standard.
 - a. Any times that do not meet minimum qualifying times will be challenged by the meet director.
 - b. Other times can be challenged throughout the meet.
 - c. Any swimmer or diver found not to have met submitted standards shall be disqualified from the event in question.
5. Divers
 - a. A diver *during the regular season must have scored **4 points** from each judge on each dive* in order to qualify it for tournament entry. Coaches must be able to verify this with dual meet diving sheets.
 - b. The dive as qualified in season will be the only dive accepted (i.e., 1 ½ tuck is not the same as 1 ½ pike).
 - c. *No diver may perform a dive in the Sectional or State tournament that has not been performed and qualified during the regular season*
 - d. An official diving form must be submitted for each diver **and emailed to Richard Whitworth at 7465@msn.com by** the deadline. Divers will be allowed to change dives up to 1 hour before the start of each session containing diving.
6. A violation of qualifying criteria may involve a hearing before the swim committee.

C. ADULT REPRESENTATION

1. *The coach or official school representative (as designated by the principal in writing on the entry blank) must remain at the championship site throughout the meet or the swimmer/diver will not be accepted by tournament directors for warm-up sessions or to compete in the meet.*
2. Last minute changes must be verified in writing by the principal before the swimmer/diver is allowed to compete or warm-up.

D. OFFICIALS

Officials in Sectional or State meets must be enrolled with the MIAA.

E. MEET RULES

2008 – 2009 National Federation Swimming Rules shall be the official rules for championship meets.

F. TEAM ROSTER

Team rosters shall include only those swimmers and divers who have met qualifying standards, plus one (1) manager and all coaches. The names of coaches and manager must appear on the entry form. Relay only swimmers must also be listed on the team roster. Only the individuals listed will be allowed on the pool deck. All others will be subject to the admission fees.

G. TICKET INFORMATION

For information about admission prices, go to: <http://www.miaa.net>

H. REQUIRED SCHOOL TIMERS

If you enter from 1-5 swimmers you will be asked to provide 1 timer, from 6-10 swimmers 2 timers, from 11-15 swimmers 3 timers, and 16 & over swimmers 4 timers. This is necessary for proper conduct at the swimming meet. Please be sure that timers from your team are in the appropriate lanes at the designated times.

I. ATTENTION

Coolers, signs, shakers, balloons, and noisemakers of any kind are not allowed at tournament sites. School banners, approved by the Tournament Director, will be allowed but must be hung where directed to do so by tournament personnel.

J. RESPONSIBILITY OF PARTICIPATING SCHOOLS

All schools are responsible before, during and after a contest for the proper conduct of their coaches, athletes and spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred.

K. SHAVING

There will be absolutely no shaving permitted at any tournament site.

M. MEDICAL COVERAGE

A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available at all contests. This coverage will be provided/compensated by the Host School in tournament rounds at the site of the higher seeded team. The MIAA will compensate for this coverage at MIAA designated neutral sites.

OFFICIAL DIVING FORM (SECTIONALS)

Due to Sectional Director on or before: November 10, 2008

Print Name _____ School _____ Date _____

REQUIRED DIVER _____ DIVING ORDER _____

SIGNATURES COACH _____

NO.	DIVE	POS.	DD	JUDGES AWARDS	TOTAL	SCORE
1.						_____
2.						_____
3.						_____
4.						_____
5.						_____
<i>2 Required – 3 Options from Different Groups</i>				SCORE AFTER PRELIMINARIES		

NO.	DIVE	POS.	DD	JUDGES AWARDS	TOTAL	SCORE
6.						_____
7.						_____
8.						_____
<i>2 Required – 1 Option</i>				SCORE AFTER SEMI-FINALS		

NO.	DIVE	POS.	DD	JUDGES AWARDS	TOTAL	SCORE
9.						_____
10.						_____
11.						_____
<i>1 Required – 2 Optional</i>				FINAL SCORE		

OFFICIAL DIVING FORM (STATE)
Due to the State Director with entry form. November 17, 2008

Print Name _____ School _____ Date _____

REQUIRED DIVER _____ DIVING ORDER _____

SIGNATURES COACH _____

	NO.	DIVE	POS.	DD	JUDGES AWARDS					TOTAL	SCORE
1.											_____
2.											_____
3.											_____
4.											_____
5.											_____
<i>2 Required – 3 Options from Different Groups</i>					SCORE AFTER PRELIMINARIES						

	NO.	DIVE	POS.	DD	JUDGES AWARDS					TOTAL	SCORE
6.											_____
7.											_____
8.											_____
<i>2 Required – 1 Option</i>					SCORE AFTER SEMI-FINALS						

	NO.	DIVE	POS.	DD	JUDGES AWARDS					TOTAL	SCORE
9.											_____
10.											_____
11.											_____
<i>1 Required – 2 Optional</i>					FINAL SCORE						



Swimming & Diving Team Sportsmanship Award

The MIAA Tournament Management Committee has approved an Annual Sportsmanship Award to be presented to a school in every sport at the MIAA State Championship.

We would like to encourage you to nominate a swimming & diving team for consideration by the MIAA Swim Committee for recognition at the MIAA Swimming & Diving State Meet. Nominated teams do not have to be tournament teams but should exemplify the tenets of good sportsmanship to the highest degree. Self-nominations are acceptable.

I would like to nominate the following team for consideration of the MIAA Swimming & Diving Sportsmanship Award:

School: _____ Division: _____

City/Town: _____

Phone: _____ Fax: _____

Principal: _____

Athletic Director: _____ School Phone: _____

Home Phone: _____

Coach: _____ Home Phone: _____

Captain(s) names: _____

of Games Played _____ # of Exclusions _____

Please provide a brief statement with regard to the reasons for this nomination below!

Your Name _____ *Signature* _____

Position _____ *School* _____

Date _____ *Phone* _____

Send to: MIAA
Attn: Swimming & Diving Committee
33 Forge Parkway
Franklin, MA 02038

Fax: 508-541-9888

APPLICATIONS MUST BE RECEIVED BY November 3, 2008