

YOUTH LEADing Everywhere

Abstaining From Drugs

YOU LEAD

Programs to support, connect, and develop resources for drug-free youth.

Each day-long YOU LEAD Conference is designed to empower participants to reinforce healthy decision making skills.

Conference Program Objective:

Supporting and empowering drug-free youth; a population that has often been ignored in a culture that reflects use of alcohol and other drugs by adolescents as the norm.

Who Can Participate?

- Youth who are committed to a lifestyle free of alcohol and other drug use
- Drug-free middle and high school students and their advisors:
- Members of existing youth groups that choose to be drug-free (SADD, Peer Leadership, athletes/captains,)

Activities are Fun and Energizing and Include:

- Motivational speakers
- Youth mentors
- Small group discussions
- Role-playing
- Action planning

For a schedule of conferences in your area, additional information or to learn how you can host your own You Lead Conference,

please **contact:**

Karen Nardone, M.Ed.
Program Coordinator
MIAA

33 Forge Pkwy
Franklin, MA 02038

knardone@miaa.net
508-541-7997

or visit the **You Lead**
web site at

miaa.net/student
services/youlead

The Massachusetts Interscholastic Athletic Association

Leading the revolution of drug-free youth

