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## MASSACHUSETTS INTERSCHOLASTIC ATHLETIC ASSOCIATION, INC.

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**FOR IMMEDIATE RELEASE**

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### Algonquin Student Receives MIAA Student-Athlete of the Month Award

NORTHBOROUGH – Lauren Yung, a sophomore at Algonquin Regional High School, has been selected by the Massachusetts Interscholastic Athletic Association (MIAA) as the "Student-Athlete of the Month" for December 2008.

A sophomore on the Algonquin Regional High School volleyball team, Lauren was a unanimous selection as a Mid-Wach League All Star this past season and she serves as the volleyball team representative on Algonquin's Athletic Council. Academically, Lauren is a straight "A" student and is enrolled in all honors classes. Her hard work has been rewarded by being named to the principal's list which is the highest level of Algonquin Regional High School's honor roll. In addition to her academic and athletic success, Lauren is a regular contributor to the Harbinger school newspaper and spends time as a tutor in Biology and Latin. Varsity Girls Volleyball Coach Jean Fedak says, "Lauren is not only an accomplished student and a highly skilled athlete, but she is a role model who motivates and encourages teammates and classmates with her positive attitude and calming words that bring out the best in others around her."

The MIAA launched the "Student-Athlete of the Month" award program as a method of recognizing and honoring students who set a positive example of leadership through academics and athletics in their communities. Through this program, school principals, athletic directors, wellness coordinators, coaches, teachers, guidance counselors, and student ambassadors may nominate individuals who excel in the classroom, during competition, and as good citizens in the community. One male and one female student-athlete from MIAA member schools are selected as recipients of this award each month. Each recipient is sent a congratulatory letter and certificate from the MIAA Student Services Staff. In addition, recipients are also noted for their achievement on the MIAA web site (<http://www.miaa.net/student-athlete-of-the-month.htm>) and in the "Building the Future" MIAA Student Services Newsletter.

For more information about the MIAA "Student-Athlete of the Month" Program, please contact Peter Smith at 508-541-7997.