



MASSACHUSETTS INTERSCHOLASTIC ATHLETIC ASSOCIATION, INC.

33 FORGE PARKWAY • FRANKLIN, MASSACHUSETTS 02038 • TEL: (508) 541-7997
FAX: (508) 541-9888 • E-MAIL: miaa@miaa.net • <http://www.miaa.net>

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FOR IMMEDIATE RELEASE

Contact: Peter Smith
508-541-7997

Mount Greylock Student Receives MIAA Student-Athlete of the Month Award

WILLIAMSTOWN – Matt Cheung, a sophomore at Mount Greylock Regional High School, has been selected by the Massachusetts Interscholastic Athletic Association (MIAA) as the "Student-Athlete of the Month" for September 2009.

A member of the Mount Greylock Regional High School cross country, Nordic ski, and tennis teams, Matt Cheung has enjoyed a great beginning to his athletic career. As a freshman, Matt placed sixth in the MIAA Division II Western Massachusetts Cross Country Meet. This year, Matt is off to great start, finishing first or second in every meet he has run in. During the winter, Matt was a scoring member of the MIAA State Champion Nordic Ski team. In the spring, Matt played third singles for the state finalist Mount Greylock tennis team. Due to his athletic success, Matt was named "Ninth Grade Athlete of the Year" at Mount Greylock.

Academically, Matt currently ranks seventh in the sophomore class at Mount Greylock Regional High School and carries a 4.212 GPA. He participates as a member of the student council, is a leader in the school and National Junior Classic League, and is involved in community activities. Mount Greylock Athletic Director Lindsey von Holtz says, "Matt is a leader by example. He is a strong student-athlete that shows the upmost respect for everyone while encouraging his classmates to do the same. As one of his teachers, I cannot recommend a student more highly. Matt is enthusiastic about learning, creates great educational dialogue and I have never once seen him slack off in his studies. He is a leader in the classroom that other students frequently go to for help in various subjects."

The MIAA launched the "Student-Athlete of the Month" award program to recognize and honor students who set a positive example of leadership through academics and athletics in their communities. One male and one female student-athlete from MIAA member schools are selected as recipients of this award each month. Recipients are sent a congratulatory letter and certificate from the MIAA Student Services Staff. In addition, recipients are also noted for their achievement on the MIAA web site (<http://www.miaa.net/student-athlete-of-the-month.htm>) and in the "Building the Future" MIAA Student Services Newsletter.

For more information about the MIAA "Student-Athlete of the Month" Program, please contact Peter Smith at 508-541-7997.