

High School Captains Workshop



Friday, August 20, 2010

9:00 AM – 1:30 PM

MIAA Office - Franklin, MA

For High School Sports Captains and Coaches

In preparation for the upcoming fall season, high school sports captains and coaches are invited to a workshop that will address the topics of leadership, teamwork, sportsmanship and respect. Schools can register participants for the fee of \$30 per person (includes training, materials, continental breakfast and lunch). Please consider registering participants from your school early as space for this workshop is limited.

WORKSHOP SESSIONS INCLUDE

“The Role of the High School Captain”

Daniel B. Switchenko, Ph.D.

**Exercise Physiologist/Former Head Basketball Coach
Eastern Connecticut State University**

The most important factor in the development of successful programs lies in the quality of leadership provided. Dr. Switchenko will draw upon his eighteen years of college coaching experience to define leadership and describe the attributes a good leader must possess. He also pays particular attention to the behaviors a good leader must engage in at practice as well as outside the athletic setting.

“Teamwork”

Student Advisory Committee

Massachusetts Interscholastic Athletic Association (MIAA)

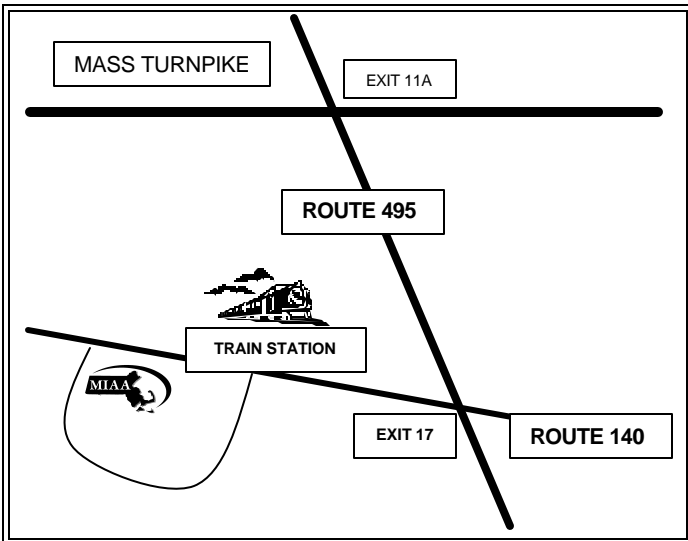
Teamwork is defined by the ability to work together to accomplish common goals. Members of the MIAA Student Advisory Committee will conduct group discussions and exercises that explore the essential elements of teamwork and how captains can encourage their teams to function at higher levels.

“Leadership, Sportsmanship and Building Championship Teams”

Fred Jewett

**School Climate Consultant
The Think Respect Project**

Every participant plays a role in his or her team's success. Mr. Jewett will conduct a session that focuses on raising awareness, group dynamics, key attitudes, and the positive and negative motivating factors of team-building. Participants will take part in action planning to examine strategies for creating a positive, winning attitude and will leave with concrete methods and skills to build a solid, cohesive team for the upcoming season.



DIRECTIONS TO THE MIAA OFFICE

From the Mass Pike:

Take Exit 11A to Route 495. Follow directions below "From the North"

From the North:

Follow Route 495 South to Exit 17 (Franklin/Bellingham) Route 140 (North). At the top of the exit ramp bear right. Follow Route 140 North for approximately one mile, to the third set of traffic lights. Turn left onto Forge Parkway and left again into the MIAA entrance.

From the South:

Follow Route 495 North to Exit 17 (Franklin/Bellingham) Route 140 (North). At the top of the exit ramp take a left. Follow Route 140 North for approximately one mile, to the fourth set of traffic lights. Turn left onto Forge Parkway and left again into the MIAA entrance.

HIGH SCHOOL CAPTAINS WORKSHOP

Friday, August 20, 2010

9:00 AM – 1:30 PM

Registration Fee: \$30/person

Registration fee includes training, materials, continental breakfast and lunch.

School: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Student 1: _____

Student 2: _____

Student 3: _____

Student 4: _____

Student 5: _____

Coach/Chaperone: _____

Contact Information (Email and Phone): _____

Coach/Chaperone: _____

Contact Information (Email and Phone): _____

REGISTRATION DEADLINE: AUGUST 11, 2010

PLEASE REGISTER EARLY AS SPACE IS LIMITED.

*PLEASE RETURN THIS REGISTRATION FORM TO PETER SMITH, MIAA, 33 FORGE PARKWAY, FRANKLIN, MA 02038
OR FAX TO MIAA, ATTENTION: PETER SMITH AT 508-541-9888*

Check or Purchase Order Number: _____

Total Number of Registrations: _____ x \$30 = _____

*Cancellations received up to 72 hours before the workshop will be honored.
If you do not cancel and do not attend, you are responsible for full payment.*