



2009 WESTERN MASS. GYMNASTICS *Sport Specific Information*

2009 - 2010 GYMNASTICS COMMITTEE MEMBERS

| | | | |
|---------|---|---------|---|
| Dist. A | Dr. Carla Scuzzarella Principal, North Andover High School | Dist. F | Ms. Patricia Clem Principal, Hampshire Regional High School |
| | TBA | | Ms. Ann Trytko A.D., Hampshire Regional High School |
| Dist. B | Mr. Mike Boyages A.D., Wakefield High School | Dist. G | TBA |
| | TBA | | TBA |
| Dist. C | Mr. Paul Vieira Principal, East Bridgewater HS | Dist. H | TBA |
| | Mr. William Fallon A.D., Pembroke High School | | TBA |
| Dist. D | Mr. Steve Francis A.D., Barnstable High School | | Officials' Representative Ms. Kathy Ostberg |
| | TBA | | |
| Dist. E | Mr. Ken Largess Asst. Prin., Shrewsbury High School | | Coaches' Representatives Ms. Lori Clark |
| | Mr. Lou Macedo A.D., Hudson High School | | |
| | Ms. Johanna DiCarlo A.D., Westborough High School | | MIAA Staff Liaison Mr. Peter Smith Executive Assistant |
| | TBA | | |

2009 WESTERN MASSACHUSETTS GYMNASTICS TOURNAMENT

| ENTRY REQUIREMENTS & INFORMATION | DATE | TOURNAMENT DIRECTOR |
|---|---|--------------------------------|
| Season Schedule & Commitment Form Due | Received on or before: September 30, 2009 | Dianna Goldberg |
| | | |
| Qualifying Score Form Due | October 31, 2009 | |
| Sectional Tournament Date | Friday, November 13, 2009 at Westfield High School | |

Forms to be submitted:

| Form | Deadline |
|--|--------------------|
| Season Schedule & Commitment Form | September 30, 2009 |
| MIAA Western 2009 Sectional Team and Individual Meet Qualifying Form | October 31, 2009 |
| Final Gymnastics Team Roster | October 31, 2009 |
| Tournament Code of Conduct Form | October 31, 2009 |
| Team Sportsmanship Award Nomination Form | October 31, 2009 |

2009 MIAA WESTERN SECTIONAL GIRLS GYMNASTIC TOURNAMENT FORMAT

A. GENERAL INFORMATION

1. **Rules** - The 2009 - 2010 National Federation Gymnastics Rules as modified in the MIAA Hand Book or this format will be used.
2. **Seeding** - The teams will be seeded by their averages; the team with the highest average will be seeded first and so forth. Event order will be as follows:

Vault Bar Beam Floor

3. **Judges** - Two (2) judges per event will be used with all four (4) events running simultaneously.
4. **Uniforms** - All competitors must wear team uniforms.
5. **Line-Up** - At check-in time, each coach must submit a line-up on a form to be provided by the Meet Director. Any changes must be made with the Meet Director by half an hour before the scheduled start. After that time, only scratches will be accepted.
6. **Official School Designee** - THE COACH OR OFFICIAL SCHOOL REPRESENTATIVE AS DESIGNATED BY THE PRINCIPAL IN WRITING ON THE ENTRY FORM MUST REMAIN AT THE CHAMPIONSHIP SITE THROUGHOUT THE MEET OR THE GYMNAST WILL NOT BE ACCEPTED TO WARM-UP OR COMPETE.
7. **Team Size** - Qualifying teams are limited to those names on their roster plus 2 coaches, a manager and a trainer not to exceed a total of twenty-five. NO ONE ELSE WILL ALLOWED ON THE FLOOR.
8. **Videotaping** - For the safety of all gymnasts, no one will be allowed on the floor to videotape. All taping must be done from the spectator area. (NO TRIPODS). Media personnel must have identification.
9. **Awards** - Individual awards will be presented at the Western Massachusetts MIAA Team Championships. Plaques will be presented to the Team Champions and Team Runners-ups.
10. **Season Limit** - The participants' season terminates with the conclusion of this MIAA Western Massachusetts Gymnastic Championship Meet.
11. **All-Around Gymnast** - An all-around gymnast is one who enters all four events. All other gymnasts may enter no more than three events. No more than two all-around competitors are allowed. None is required. The all-around competitor(s) must be designated by the coach prior to the start of the meet.
12. **Medical Coverage** - A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available at all contests. This coverage will be provided/compensated by the Host School in tournament rounds at the site of the higher seeded team. The MIAA will compensate for this coverage at MIAA designated neutral sites.



Western Mass. Gymnastics Team Sportsmanship Award



The MIAA Tournament Management Committee has approved an Annual Sportsmanship Award to be presented to a school in every sport at the MIAA State Championship.

We would like to encourage you to nominate a girls' gymnastics team for consideration by the MIAA Gymnastics Committee for recognition at the MIAA Western Mass Gymnastics Meet. Nominated teams do not have to be tournament teams but should exemplify the tenets of good sportsmanship to the highest degree. Self nominations are acceptable.

I would like to nominate the following team for consideration of the MIAA Western Mass Gymnastics Sportsmanship Award:

School: _____ Division: _____

City/Town: _____

Phone: _____ Fax: _____

Principal: _____

Athletic Director: _____ School Phone: _____

Home Phone: _____

Coach: _____ Home Phone: _____

Please provide a brief statement with regard to the reasons for this nomination below!

Your Name _____ **Signature** _____

Position _____ **School** _____

Date _____ **Phone** _____

Send to: MIAA, Attn: Gymnastics Committee
33 Forge Parkway
Franklin, MA 02038

Fax: 508-541-9888

APPLICATIONS MUST BE RECEIVED BY October 31, 2009