



2018 CROSS COUNTRY *SPORT SPECIFIC INFORMATION*

2018 – 2019 CROSS COUNTRY & TRACK COMMITTEE MEMBERS

Dist. A	Mr. Scott Young, A.P. North Andover H.S. Mr. Tom Gallagher, A.D. Ipswich H.S.	Dist. G	Mr. Jeremiah Ames, Principal Hoosac Valley HS (Cheshire) Mr. Keith Thomson, A.D. Lee Middle/High School
Dist. B	Dr. Matthew Janger, Principal Arlington H.S. Mr. Tom Zaya, A.D. Reading Memorial H.S.	Dist. H	Mr. Joseph Stuart, A.D. Cristo Rey Boston (Dorchester)
Dist. C	Dr. Jamie Chisum, Principal Wellesley High School Mr. Peter Rittenburg, A.D. Brookline High School	Consultant Mr. John Monz Track Coaches' Representatives Mr. Frank Mooney Mr. Jim Hoar	
Dist. D	Mr. Chris Costa, A.P. Joseph Case HS (Swansea) Mr. William Tilden, A.D. Old Rochester Reg. (Mattapoisett)	Game Officials' Representative Mr. Thomas Meagher Mr. Chris Lane	
Dist. E	Mr. Michael McCaffrey, A.D. Groton-Dunstable Reg. H.S. Mr. Jeff Lizotte, A.P. Shrewsbury H.S. Mr. Tim Johnson, A.P. Hopedale Jr/Sr High School Mr. Ben Benoit, A.D. Parker Charter Essential (Devens)	At Large Mr. Joseph LeMar Mr. Garcia Dalzon MASC Representative Mr. Tass Filledes	
Dist. F	Mr. John Goda, A.D. Pope Francis HS Ms. Gina Johnson, A.D. Pioneer Valley Reg (Northfield)	MASS Representative Mr. Gregory Myers	

MIAA Staff Liaison
Mr. Dick Baker
Assistant Director

2018 CROSS COUNTRY TOURNAMENT

ENTRY REQUIREMENTS & INFORMATION	DATES	TOURNAMENT DIRECTORS																																																																	
<p>Entry Deadline: Date when entry must be posted electronically by the school's Athletic Director. After this date, a late fee of \$30 per individual; \$300 per team/max</p> <p>If school fined for a late fee, this must be paid prior to next MIAA CC/TRK Divisional Meet. Any school not paying the fine is ineligible to participate.</p>	<p>Monday, November 5, 2018 @ 11:59 pm - on Direct Athletics site</p> <p><i>All entries will then be posted on MIAA website by noon on Tuesday, November 6, 2018</i></p>	<p>East: Michael Meagher coachmeagher@yahoo.com</p> <p>Central: Pete McCauliff pmccauliff@gmail.com,</p> <p>West/State: Tom Stewart tstewart@hcc.edu</p> <p>EMass – Order of the races for next 5 years (see page 3):</p> <table border="1" style="width: 100%; text-align: center; border-collapse: collapse;"> <thead> <tr> <th>'18</th> <th>'19</th> <th>'20</th> <th>'21</th> <th>'22</th> </tr> </thead> <tbody> <tr><td>B-4</td><td>B-3</td><td>G-4</td><td>G-3</td><td>B-4</td></tr> <tr><td>B-5</td><td>B-2</td><td>G-5</td><td>G-2</td><td>B-5</td></tr> <tr><td>B-6</td><td>B-1</td><td>G-6</td><td>G-1</td><td>B-6</td></tr> <tr><td>G-4</td><td>G-3</td><td>B-4</td><td>B-3</td><td>G-4</td></tr> <tr><td>G-5</td><td>G-2</td><td>B-5</td><td>B-2</td><td>G-5</td></tr> <tr><td>G-6</td><td>G-1</td><td>B-6</td><td>B-1</td><td>G-6</td></tr> <tr><td>B-1</td><td>B-6</td><td>G-1</td><td>G-6</td><td>B-1</td></tr> <tr><td>B-2</td><td>B-5</td><td>G-2</td><td>G-5</td><td>B-2</td></tr> <tr><td>B-3</td><td>B-4</td><td>G-3</td><td>G-4</td><td>B-3</td></tr> <tr><td>G-1</td><td>G-6</td><td>B-1</td><td>B-6</td><td>G-1</td></tr> <tr><td>G-2</td><td>G-5</td><td>B-2</td><td>B-5</td><td>G-2</td></tr> <tr><td>G-3</td><td>G-4</td><td>B-3</td><td>B-4</td><td>G-3</td></tr> </tbody> </table>	'18	'19	'20	'21	'22	B-4	B-3	G-4	G-3	B-4	B-5	B-2	G-5	G-2	B-5	B-6	B-1	G-6	G-1	B-6	G-4	G-3	B-4	B-3	G-4	G-5	G-2	B-5	B-2	G-5	G-6	G-1	B-6	B-1	G-6	B-1	B-6	G-1	G-6	B-1	B-2	B-5	G-2	G-5	B-2	B-3	B-4	G-3	G-4	B-3	G-1	G-6	B-1	B-6	G-1	G-2	G-5	B-2	B-5	G-2	G-3	G-4	B-3	B-4	G-3
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Cut-off Date	November 5, 2018																																																																		
Final Deadline: Date and time after which no entries will be accepted by the Tournament Director	Wednesday, November 7, 2018 @ 12:00 Noon																																																																		
Tournament Date:	<p>Saturday, November 10, 2018</p> <p>E – Wrentham Developmental Center C - Gardner Municipal Golf Club W – Northfield Recreation Center</p>																																																																		
<p>All State Championship: (2018 to be held in West) (2019 to be held in Central) (2020 to be held in East)</p> <p>All State Meet is held on the 3rd Saturday in November.</p>	<p>Saturday, November 17, 2018 @ Northfield Mtn. Recreation Center</p> <p>If a tournament postponement is necessary for any reason, a notice will be posted on the MIAA website: www.miaa.net No postponement notice means the meet will be held as scheduled.</p>																																																																		

The following must be committed:

	DEADLINE:
MIAA Official Entry Blank(Boys & Girls) – <i>Through Direct Athletics</i> –Website: www.directathletics.com	November 5, 2018 at 11:59 pm – any entry after this date/time must be through the Tournament Director - you will be locked out of site.
Team Sportsmanship Nomination	October 26, 2018

Direct Athletics Process:

- 1 – Each school must have a user name and password for Cross Country, Indoor Track, and Outdoor Track. You need to set this account up as soon as possible, and must be done by Fri., 10/26 at the latest for all Cross Country Teams. Schools have the option of setting up one account for all three seasons, or separate accounts for each season. Athletic Directors with input from their coaches should make this decision. If you already have a Direct Athletics account for your team/school, you do not need to create a new one.
- 2 – Contact information: The coach must be listed as the contact. Each tournament director will have access to this information. Please do not list the school Athletic Assistant or Secretary, as this will delay the process when an issue arises or last minute information is needed. Information should include current e-mail and phone number(s), the number should be accessible beyond school hours, since most meets occur on weekends.
- 3 – Rosters need to be updated as the season goes along, this will make the entry process go smoother at the deadline time.
- 4 – Once your entries are completed you must print out a copy of your entries and check for accuracy. You will make updates and be able to edit changes up to the deadline. After the deadline there is still the MIAA late entry fee process that is listed in the MIAA Cross Country Format (\$30/athlete). **Entry deadline is Monday, November 5, 2018** for Cross Country. After this date, any late entries must be done with the Tournament Director.
- 5 – Cross Country – Each school only has to enter maximum of 10 names (you can enter less); you do not have to declare which 7 will run.

NO MOUNTAIN BIKES ARE ALLOWED AT ANY OF THE FACILITIES.

1. Races will be set up as follows:

E. MASS – The Order of the Races

9:30 a.m. Boys Division 4	11:25 a.m. Girls Division 5	1:55 p.m. Boys Division 3
10:00 a.m. Boys Division 5	11:50 a.m. Girls Division 6	2:25 p.m. Girls Division 1
10:30 a.m. Boys Division 6	12:55 p.m. Boys Division 1	2:50 p.m. Girls Division 2
11:00 a.m. Girls Division 4	1:25 p.m. Boys Division 2	3:15 p.m. Girls Division 3
Runners are allowed to go over course at any time. Please do not enter/run on Hospital Grounds. Respect patient's privacy.		

C. MASS – The Order of the Races(2019:B1,2, G1,2: 2020:B2,1, G2,1: 2021:G1,2 B1,2: 2022:G2,1 B2,1)

12:30 p.m. Girls' Division 2	1:50 p.m. Boys' Division 2
1:10 p.m. Girls' Division 1	2:30 p.m. Boys' Division 1
Runners may go over the course only on Friday, November 9th after 1:00 p.m. or on the day of race before noon. Please keep off the greens.	

W. MASS – The Order of the Races (2019: G2, 1; B2, 1)

11:00 a.m. Girls' Division 1	12:20 p.m. Boys' Division 1
11:40 a.m. Girls' Division 2	1:00 p.m. Boys' Division 2
Runners may go over course any time during the week or weekend. Please first report to the complex.	

2. Each school may list ten (10) boys/girls, seven (7) of whom will be allowed to compete. The first five (5) boys/girls to finish will score for their schools. Five (5) boys/girls must leave starting box and finish for a team to score.
3. **Divisional Placement** - See MIAA Fall Tournament Alignments for 2017-18 through 2020-21.
4. Athletes should come dressed in proper school uniform, (school colors - jersey and shorts) ready to compete. The Uniform Rule will be strictly enforced. In case of inclement weather the Tournament Director MAY modify the Uniform Rule.
5. **Entries:** ALL ENTRIES WILL BE DONE VIA DIRECT ATHLETICS. Entries must be received by the Tournament Director by end of day on November 5, 2018. **Any entries received after this date/time will be considered a late entry & there will be a fee of \$30.00 per individual; \$300.00 per team/maximum, and must be entered with Tournament Director. FINAL DEADLINE: Absolutely no entries will be accepted after: 11/7/18 at Noon.**
6. Numbers should be distributed only to the seven (7) actually competing. All numbers should be pinned securely on the front of the jersey. The tear-off tags should not be pinned. All will have a chip attached to number.
7. A plaque and certificates will be presented to each Team Champion and Team Runner-Up. Medals will be awarded to the first fifteen- (15) finishers in each race.
8. All teams must have adult representation in control of participants at all times. Such representation must be an employee or designated representative of the school district. If not the coach, representative must have written designation from the school principal.
9. The meet shall be run under the rules of the National Federation Track & Field Rule Book except as modified by the MIAA.
10. **Finality of Decisions** - The referee's decision in all matters shall be final and without appeal except in those meets for which a Jury of Appeals has been established for that special purpose. The Jury of Appeals (3 officials and 2 coaches) then will have the final authority. In order to have an appeal processed a coach must submit the appeal in writing to the referee within thirty (30) minutes after the results are announced.
11. **Medical Coverage** – A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available at all MIAA Divisional and State Cross Country Meets. The MIAA will compensate for this coverage at these sites.
12. **Awards Ceremonies** –In the East the awards ceremonies will begin at approximately 11:30 am for D4, 5 & 6 and 2:55 pm for D1, 2 & 3. In Central, West and at the All-State, will be done at conclusion of final race.
13. **All State Meet** –Teams qualifying will be posted on MIAA website. If listed you are in, no further information will be sent.
14. Ties in team scoring shall be resolved by comparing the sixth-place finishers from the tying teams. The team with the best sixth-place finisher shall prevail. If one team does not have a sixth-place finisher, the team with the sixth-place finisher shall prevail.

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15. **MIAA Drone Policy - Prohibiting the Use of Drones (Unmanned Aircraft Systems or UAS's)**
The use of drones (UAS), for any purpose, is not permitted at any MIAA tournament event. This prohibition applies to all fields of play, courts, arena, mats, gym floor or pool, and covers a ban on the entire facility being used as part of the MIAA event, including the spectator stands and parking areas.
 16. **CHIPS ARE IN THE BIBS – STUDENT-ATHLETE MUST CROSS FINISH LINE. REMIND THEM NOT TO STOP AND CHECK THEIR WATCH. COULD AFFECT THEIR TIME.**

NOTES ON STATE CHAMPIONSHIP –
TO BE HELD AT [NORTHFIELD MOUNTAIN RECREATION CENTER](#) ON SATURDAY, NOVEMBER 17, 2018
Runners are allowed to go over course at any time.

NO MOUNTAIN BIKES & NO DOGS ARE ALLOWED.

Two Divisions of Boys (Large - Division I), (Small - Division II)
Two Divisions of Girls (Large - Division I), (Small - Division II)
In each division - 20 teams and 41 individuals will compete.

State Meet Qualifications:

Eastern MA: Boys and Girls - (Div. I - Large Schools)

Top four (4) teams from Division 1, 2 & 3 sectional
Top seven (7) individuals from Division 1, 2 & 3 - not on one of the qualifying teams
Wildcard - #1 Wildcard Team will be the fastest 5th place team from Division 1, 2 or 3 and then #2 Wildcard Team will be the next fastest from among the remaining two 5th place teams and the 6th place team finishing immediately behind the #1 Wildcard. Fastest: cumulative time of the top 5 finishers from a team.

Eastern MA: Boys and Girls (Div. II - Small Schools)

Top four (4) teams from Division 4, 5 & 6 sectional
Top seven (7) individuals from Division 4, 5 & 6 not on one of the qualifying teams
Wildcards - #1 Wildcard Team will be the fastest 5th place team from Division 4, 5 or 6 and then #2 Wildcard Team will be the next fastest from among the remaining two 5th place teams and the 6th place team finishing immediately behind the #1 Wildcard. Fastest: cumulative time of the top 5 finishers from a team.

Central & Western MA: Boys and Girls

Top three (3) teams from Div. I sectional and top ten (10) individuals not on those teams qualify for the Division I (Large School) State Championship Title.

Top three (3) teams from Division II sectional and top ten (10) individuals not on those teams qualify for the Division II (Small School) State Championship Title.

1. The races will be held on Saturday, November 17, 2018

2. **Starting Times:**

Boys' Division 1 – 11:00 a.m. Girls' Division 1 – 12:20 p.m.
Boys' Division 2 – 11:40 a.m. Girls' Division 2 – 1:00 p.m.
(2019: G2,1 B2,1; 2020: G1,2 B1,2; 2021: B2,1 G2,1, 2022: B1,2 G1,2)

Awards Ceremony Approximately 1:45 P.M. at the conclusion of races.

3. A plaque and medals will be presented to the winning Team Champion and Team Finalist in each division. Medals will be awarded to the first fifteen- (15) finishers in each race.

Responsibility of Participating Schools - All schools are responsible before, during and after a contest for the proper conduct of their coaches, students and spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred.

TOURNAMENT DIRECTORS:

East:
Michael Meagher

Central:
Pete McCauliff

West/State:
Tom Stewart

**The Seventeenth Annual
Ted Dutkiewicz Team Cross Country Sportsmanship Award**

*co-sponsored by the Massachusetts Interscholastic Athletic Association
and the Massachusetts State Track Coaches Association.*

This award is to be presented to the high school cross-country program in each division (boys & girls) that exemplifies the sportsmanship qualities of the late Ted Dutkiewicz, former cross country and track coach at Springfield Central High School. Mr. Dutkiewicz was an active member of the M.S.T.C.A. executive board and was the MIAA Western Mass Cross-Country meet director.

One of his great desires was seeing that high school cross-country was conducted in a fair and equitable manner with sportsmanship the goal that all athletes and coaches should keep foremost in their minds.

Kindly consider celebrating your cross-country team's successes by promoting this prestigious sportsmanship award. Please assist in directing this communication to your varsity cross-country coach.

The presentations of these awards will be made to the most outstanding sportsmanship programs at the MIAA sponsored Divisional Championship Meets:

East Boys: Div. 1-6	Central Boys: Div. 1, 2	West Boys: Div. 1, 2
East Girls: Div. 1-6	Central Girls: Div. 1, 2	West Girls: Div. 1, 2

School _____

Section: E C W Division: 1 2 3 4 5 6 Gender: Boys' Girls' (***must circle section, division & gender***)

City/Town: _____

Phone _____ Fax _____

Principal _____ School Phone _____

Athletic Director _____ AD Phone & email _____

Coach _____ Coach Email _____

Captain(s) Name(s) _____

Please describe why you think this team should be considered for this prestigious award. List specific examples of acts of sportsmanship or community service that might help the committee with its selection.

Athletic Director's Signature _____ **Date** _____

Coach's Signature _____ **Date** _____

Email to: **Dick Baker** at dbaker@miaa.net or fax to 508-541-9817

Please feel free to attach any further data to this application.

Nominations must be received by October 26th