

MIAA Wheelchair Exhibition Events - 100m & Shot Put

1. Recommendations:

- A. Open to ALL student athletes in grades 9-12 (all Middle School via a principal waiver) who meet the Eligibility Standards of their school/MIAA Handbook.
- B. Each athlete's permanent physical disability must be verified by a licensed physician and must be maintained by the designated administrator of the athlete's high school.
- C. Athletes must meet all eligibility requirements and entry deadlines posted in the Outdoor Track Format.
- D. 100m race will be for wheelchair athletes only.
- E. Shot Put (SP) may be flighted with able-bodied athletes.
- F. In the 100m - no motorized chairs are permitted. An athlete may only propel themselves forward through their own pushing of the wheels or hand rims.
- G. In the SP a coach (only) may assist the athlete in getting to the competition area and may also assist in entering & leaving the circle. Coach may hold the chair during the throwing attempt to prevent excessive movement.
- H. Uniform rules are in effect, but exceptions will be on individual requests.
- I. Athlete is responsible for all equipment:
 - a. Track chair shall have 2 rear wheels and one front tire
 - b. All competitions in the 100m must wear a CPSC certified helmet (bike/skate).
- J. 100m:
 - a. Start: The center of the front axle may not extend over the starting line. The commands in all races shall be "Wheelers set" followed by the firing of the starting device.
 - b. Finish: Occurs when the center of the front axle crosses the finish line.
 - c. Lanes: Must stay in lane for entire race. Crossing over lane lines for more than 10 consecutive feet is a disqualification. Crossing a lane line for any distance and impeding another competitor is a disqualification.
 - d. Race will be run prior to start of 100 Final.
- K. SP:
 - a. One buttock cheek must remain in contact with the seat during the throw.
 - b. The size of the shot shall be the same as for all other male & female participants.
 - c. Athletes may compete in the same flight as able-bodied athletes, but will be scored separately.
- L. Since all events will be exhibitions in 2014, there will be No performance standards, and all will qualify for the All-State Meet.
- M. Tournament Directors need to:
 - a. Consider the parking and/or drop-off areas for wheelchair athletes and their drivers.
 - b. Consider restroom facilities for wheelchair accessibility.
 - c. Consider access to Track & SP area.
 - d. Need to make sure officials understand the event rules.

- N. There will be a boys' and girls' wheelchair division event scheduled at all divisional meets and at the All-State Meet. Meet managers reserve the right to combine genders into one race if the number of entries is not adequate to fill the heat and/or the number of lanes on the track. In a combined race, male and female athletes times will be separated at the conclusion of the race. These events are not scoring towards the Team championship awards. The top eight places in each event will be recognized (or less depending on participation).
- O. As with any athlete, schools are responsible for All Aspects of an athletes' participating in the events being entered.

Education for schools/coaches needs to be pushed and our hope is that wheelchair races will be held at dual meets during the season.