



2018 MIAA/Special Olympics Massachusetts Unified Track and Field Format

Important Dates		
Entry Deadline	Tuesday, May 15, 2018	Schools must submit meet entries via Direct Athletics by 8:00pm. Entries will be posted on Direct Athletics.
Team Sportsmanship Award Nomination Deadline	Tuesday, May 15, 2018	See page 7
Sectional Meets <i>*Rain dates will be posted as needed</i>	Monday, May 21, 2018	Central Sectional Assabet Valley Reg. Tech. High School 3:30pm
	Tuesday, May 22, 2018	West Sectional Holyoke High School 4:00pm
	Tuesday, May 22, 2018	South Sectional Franklin High School 3:30pm
	Wednesday, May 23, 2018	Southeast Sectional Seekonk High School 3:15pm
State Meet Qualification Information	Friday, May 25, 2018	Information will be posted on Direct Athletics and the MIAA website by this date.
State Championship Meet	Wednesday, May 30, 2018 <i>*Rain date – May 31, 2018</i>	State Meet Milford High School 3:00pm
<i>*Final decisions regarding postponement will be made by the MIAA staff, Special Olympics Massachusetts staff and Site Managers.</i>		

MIAA/Special Olympics Massachusetts Unified Track and Field General Information

1. **Rules:**

MIAA and Special Olympics Massachusetts rules will be followed.

2. **Divisions:**

Team scores will be calculated for both Division 1 and Division 2 at the Sectional Meets and State Championship Meets.

3. **Qualifying Standards:**

A. At the Sectional Meets the student-athletes will be placed into pre-defined tiers within each event based on submitted performances to Direct Athletics.

B. For the State Championship Meet student-athletes will qualify based on performances from the Sectional Meets.

4. **Medical Coverage:**

A licensed athletic trainer will be available at all MIAA/Special Olympics Massachusetts meets.

5. **Responsibility of Participating Schools:**

All schools are responsible before, during and after a meet for the proper conduct of their coaches, student-athletes and spectators.

6. **Team Sportsmanship Award:**

Nominations for the MIAA/Special Olympics Massachusetts Unified Track and Field Team Sportsmanship Award are due by Tuesday, May 15, 2018 (see page 7)

7. For more information please contact:

MIAA Staff

Peter Smith and Rachel Moo

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508-541-7997

Special Olympics Massachusetts Staff

Kathy Lutz

kathy.lutz@specialolympicsma.org

508-485-0986

8. **Jury of Appeals:**

Will be composed of the referee, three officials and two coaches.

9. **Free Admission:**

Admission will be free for spectators at all meets.

10. **Media:**

It is anticipated that newspaper and television reporters will be present to interview coaches and student-athletes. A media area will be setup.

11. **Awards Ceremonies:**

At both the Sectional Meets and the State Championship Meet:

A. The individual events awards ceremonies will take place at the conclusion of each event.

B. The team awards ceremonies will take place at the conclusion of the meet.

MIAA/Special Olympics Massachusetts Unified Track and Field Team Sections and Divisions

DIVISION 1			
<u>West</u>	<u>Central</u>	<u>South</u>	<u>Southeast</u>
Auburn	Algonquin/Westborough	Franklin	Dartmouth
Ludlow	Nashoba	Hingham	Dighton-Rehoboth
Wahconah	Oakmont	Mansfield	Plymouth North
Worcester	Shrewsbury	Natick	Seekonk
			Somerset-Berkley

DIVISION 2			
<u>West</u>	<u>Central</u>	<u>South</u>	<u>Southeast</u>
Chicopee/Chicopee Comp	Andover	Hopkinton	Apponequet
Grafton	Fitchburg	Milford	Bishop Connolly
Hampshire	Groton-Dunstable	Needham	Brockton
Holyoke	Haverhill	Newton South	Carver
Millbury	Hudson	Norton	Case
Palmer	Littleton	Walpole	Durfee
South Hadley	Lunenburg	Wellesley	Duxbury
Springfield Sci-Tech	Methuen	Westwood	Plymouth South
Westfield	North Middlesex		Wareham

MIAA/Special Olympics Massachusetts Unified Track and Field Sectional Championship Meet Information

Central Sectional	Monday	May 21	3:30pm	Assabet Valley Reg. Tech. High School
West Sectional	Tuesday	May 22	4:00pm	Holyoke High School
South Sectional	Tuesday	May 22	3:30pm	Franklin High School
Southeast Sectional	Wednesday	May 23	3:15pm	Seekonk High School

A. Entry Information

1. Meet entries are due via Direct Athletics on Tuesday, May 15, 2018 by 8:00 pm.
2. Changes will not be permitted after the deadline – scratches only.
3. The defined tiers within each event are listed on Page 6 and submitted performances will be placed accordingly.
4. Entries will be posted on Direct Athletics.
5. Athletes and partners may participate in 1 field event, 1 running event, and 1 relay event.
6. Each school may enter **one 4 x 100 Meter Relay Team** and **one 4 x 400 Meter Relay Team**.
REMINDER: Each relay team must be comprised of two athletes and two partners.

B. Events

The order of competition will be determined by division. Division 1 schools will begin with the Field Events and Division 2 schools will begin with the Running Events.

Field Events: Long Jump, Shot Put, and Javelin

Running Events: 800 Meter Run, 400 Meter Run, 100 Meter Run

Relay Events: 4 x 100 Meter Relay, 4 x 400 Meter Relay

C. Individual and Team Awards

1. The top six places in **each section within each event** in Division 1 and Division 2 will score. Points will be 10-8-6-4-2-1
2. Award ceremonies will take place after the completion of each flight (field events) or heat (running events) throughout the entire meet. Ribbons will be awarded for up to 6 places for each flight or heat.
3. Medals will be awarded to the Champion and Finalist teams in Division 1 and Division 2.

MIAA/Special Olympics Massachusetts Unified Track and Field State Championship Meet Information

Milford High School
Wednesday, May 30, 2018
3:00pm

A. State Championship Meet Advancement

1. The top 3 finishers by performance for Running events and top 2 finishers by performance for Field events from each tier within each event during Sectional Meets will advance to the State Championship Meet. Division 1 and Division 2 will compete separately. The performances from the Sectional Meets will be placed into the defined tiers within each event as listed on Page 6.
2. If an athlete performs better than the range in their original section tier during the Sectional Meet, he/she will be pushed to the higher section to determine qualification for the State Championship Meet. ***Please note – a student who wins his/her event tier at the Sectional Meet, is not guaranteed to advance to the State Championship Meet.***
 - A student-athlete's Sectional performance may bump him or her into a higher performing section for the State meet (example: from Tier 3 to Tier 4)
 - A student-athlete's Sectional performance may not bump him or her into a lower performing section for the State Meet. (example: if entered in Tier 6 for the Sectional meet – cannot move down into Tier 5 for the State Meet. The student will remain in Tier 6).
3. An equal number of competitors from each Sectional Meet (Central, West, South and Southeast) will advance to the State Championship Meet.
4. The heats and flights for the State Championship Meet will be posted on Direct Athletics and the MIAA websites by Friday, May 25 (Saturday, May 26 if rain dates are necessary).
5. Each school may enter one 4 x 100 Meter Relay Team and one 4 x 400 Meter Relay Team in the State Championship Meet. REMINDER: Each relay team must be comprised of two athletes and two partners.

B. Team Awards

1. Trophies and medals will be awarded to the Champion and Finalist teams in Division 1 and Division 2.

C. Order of Events (Times are Estimated)

3:00pm Division 1 Field Events: Long Jump, Shot Put, Javelin Throw
3:00pm Division 2 Running Events: 100 Meter, 400 Meter, 800 Meter
Relay Events: 4 x 100 Meter Relay, 4 x 400 Meter Relay
Each school may enter one 4 x 100 Meter Relay Team and one 4 x 400 Meter Relay Team
REMINDER: each relay team must be comprised of two athletes and two partners

4:00pm Division 2 Field Events: Long Jump, Shot Put, Javelin Throw
4:00pm Division 1 Running Events: 100 Meter, 400 Meter, 800 Meter
Relay Events: 4 x 100 Meter Relay, 4 x 400 Meter Relay
Each school may enter one 4 x 100 Meter Relay Team and one 4 x 400 Meter Relay Team
REMINDER: each relay team must be comprised of two athletes and two partners

D. Individual Awards

1. Medals will be awarded to the top 6 places and scoring will be 10-8-6-4-2-1 in each tier of each event for both Division 1 and Division 2. Award ceremonies will take place after the completion of each tier of each event.

MIAA/Special Olympics Massachusetts Unified Track and Field 2018 Event Tiers for Sectional/State Meets

Shot Put Tier 1	1' – 8' 11 ¾"
Shot Put Tier 2	9' – 12' 11 ¾"
Shot Put Tier 3	13' – 16' 5 ¾"
Shot Put Tier 4	16' 6" – 19' 11 ¾"
Shot Put Tier 5	20' – 25' 11 ¾"
Shot Put Tier 6	26' – 32' 5 ¾"
Shot Put Tier 7	32' 6" – 37' 11 ¾"
Shot Put Tier 8	38' +

Long Jump Tier 1	1' – 3' 5 ¾"
Long Jump Tier 2	3' 6" – 4' 11 ¾"
Long Jump Tier 3	5' – 6' 5 ¾"
Long Jump Tier 4	6' 6" – 8' 5 ¾"
Long Jump Tier 5	8' 6" – 10' 5 ¾"
Long Jump Tier 6	10' 6" – 12' 11 ¾"
Long Jump Tier 7	13' +

Javelin Throw Tier 1	1' – 12' 11"
Javelin Throw Tier 2	13' – 17' 11"
Javelin Throw Tier 3	18' – 22' 11"
Javelin Throw Tier 4	23' – 29' 11"
Javelin Throw Tier 5	30' – 39' 11"
Javelin Throw Tier 6	40' – 54' 11"
Javelin Throw Tier 7	55' – 69' 11"
Javelin Throw Tier 8	70' – 84' 11"
Javelin Throw Tier 9	85" +

100 Meter Dash Tier 1	40.0 +
100 Meter Dash Tier 2	32.0 – 39.9
100 Meter Dash Tier 3	27.0 – 31.9
100 Meter Dash Tier 4	23.0 – 26.9
100 Meter Dash Tier 5	20.0 – 22.9
100 Meter Dash Tier 6	18.0 – 19.9
100 Meter Dash Tier 7	16.0 – 17.9
100 Meter Dash Tier 8	14.0 – 15.9
100 Meter Dash Tier 9	Up to 13.9

400 Meter Dash Tier 1	2:00 +
400 Meter Dash Tier 2	1:45 – 1:59.9
400 Meter Dash Tier 3	1:30 – 1:44.9
400 Meter Dash Tier 4	1:20 – 1:29.9
400 Meter Dash Tier 5	Up to 1:19.9

800 Meter Run Tier 1	3:30 +
800 Meter Run Tier 2	3:00 – 3:29.9
800 Meter Run Tier 3	Up to 2:59.9

4x100 Meter Relay Tier 1

4x400 Meter Relay Tier 1



MIAA/Special Olympics Massachusetts Unified Track and Field Team Sportsmanship Award

The MIAA Tournament Management Committee has approved an Annual Sportsmanship Award to be presented to one school in every sport at the MIAA State Championship. We would like to encourage you to nominate a Unified Track and Field Team for consideration by the MIAA and Special Olympics Massachusetts for recognition at the Unified Track and Field State Championship. Nominated teams should exemplify the tenets of good sportsmanship to the highest degree. Criteria to include: teamwork, fair play/respect for opponents, ethics and citizenship. Self-nominations are acceptable.

I would like to nominate the following team for consideration of the MIAA/Special Olympics Massachusetts Unified Track and Field Team Sportsmanship Award:

School: _____ Section: _____

City/Town: _____

Phone: _____ Fax: _____

Principal: _____

Athletic Director: _____ School Phone: _____

Coach: _____ Home Phone: _____

Please provide a brief statement with regard to the reasons for this nomination below:

Your Name _____ *Signature* _____

Position _____ *School* _____

Date _____ *Phone* _____

Send to: MIAA, Attn: Peter Smith
33 Forge Parkway, Franklin, MA 02038
Fax: 508-541-9888 / Email: psmith@miaa.net

APPLICATIONS MUST BE RECEIVED BY MAY 15, 2018