

# 4th Annual Teen Mental Health Summit

## *Creating Communities of Awareness and Support Conference*

Save The Date!

A collaborative effort of the:



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**Friday April 27, 2018 8:00 am - 2:00 pm**  
**Doubletree Hotel, Westborough, MA**

*Conference features keynote presentation, concurrent workshop sessions, and resource exhibits, \$55.00 per person registration fee includes light breakfast, hot buffet luncheon and conference materials.*

### **Workshop Topics Include:**

**Suicide Signs, Symptoms, and Prevention**  
**Depression**  
**Body Image and Eating Disorders**  
**Bullying Prevention**  
**Anxiety and Stress Reduction**  
**Peer to Peer Prevention**  
**Intervention and Postvention Planning**  
**Meditation**  
**LGBTQ Depression and Suicide**

### **Who should attend?**

**School Administrators, Wellness Coordinators, Athletic Directors, Teachers, Coaches, Nurses, Guidance Staff, Team Captains, Student Ambassadors, Student Leaders, Activity Group Officers, Club Advisors, School Resource Officers, PTO's. Schools are encouraged to register a group of student and adult participants.**

**5 Professional Hours will be available following the submission of assessment and evaluation surveys.**