

## SAMPLE LETTER TO PARENTS AFTER WRESTLING SKIN INFECTION BREAKOUT

Good afternoon,

Most of you may be aware of a recent skin infection involving our wrestlers. This was discovered at the wrestling meet on \_\_\_\_\_ and treatment was initiated \_\_\_\_\_. Since that time Coach \_\_\_\_\_ and I have been trying to determine the cause and source of the infection by communicating with our recent opponents. We may never be certain about the origin.

As you know the sport of wrestling involves much more personal contact than other sports and this creates a risk of skin to skin transmission of an infection. We continuously perform a number of procedures to reduce this risk. The list of preventative measures includes a skin check before every competition, proper cleaning of the wrestling mats, prompt utilization of a shower after every practice, the expectation of clean work out clothing every day and the use of the disinfectant wipes after a wrestling match.

In spite of these measures an infection can occur and our best response is to have a prompt medical evaluation and the performance of a culture. We have made the decision to cancel practice today and cancel our competition tomorrow. The decision was made so that we can reduce the risk of additional infection amongst our wrestlers and the teams that we would have competed with on Saturday. We plan to return to the practice room on Monday and \_\_\_\_\_ will perform a skin check on the team on Monday afternoon.

The causes of the skin infections with any sport include bacterial causes (streptococcus and staphylococcus), fungal infection (ringworm) and viral causes (HSV-1) which is the causative agent of a common cold sore.

Please feel free to contact (names of coaches, trainer, AD, Principal) with any questions or concerns.

*October 2017*