



Online Wellness Resources for Schools

last updated September 21, 2020

In collaboration with MIAA Partners in Prevention (PIP) organizations, this document of online resources for schools has been created that we hope you will find useful in the midst of this challenging time.

In addition to ongoing MIAA webinars, several members of the PIP are offering professional development webinars, posting blogs, granting free access to programs and updating their websites with new material on a daily basis.

This document will continue to be updated as more programs are developed and made available, so please check back regularly.

Webinars and Online Resources

MIAA

BSAS Youth and Family Resources Page

McLean Hospital

ADHD Essentials

Beautifully Simply You- Building Resiliency

Botvin LifeSkills Training

Caron Treatment Centers

Dana Farber Cancer Institute

Frameworks Institute/Search Institute

[Girl Power Go](#)

[Hazelden Betty Ford Foundation](#)

[Health Resources in Action/Project Here](#)

[Impact Melanoma-cancer prevention](#)

[Institute for Health & Recovery](#)

[International Association of Eating Disorders Professionals](#)

[Jostens Renaissance- Rooted in Love\(Mike Smith\)](#)

[Jostens- The Harbor Episodes](#) (username and password both JOSTENS)

[Jostens Renaissance Leadership Curriculum](#)

[Jostens-Social-Emotional Well-being Package](#)

[Jostens Virtual Culture & Climate Series](#)

[Let's Empower, Advocate and Do](#)

[Massachusetts Aggression Reduction Center](#)

[Massachusetts Commission on LGBTQ Youth](#)

[Massachusetts Health Council](#)

[Massachusetts Partnerships for Youth\(MPY\)](#)

[The Micheli Center for Sports Injury Prevention-Boston Children's Hospital](#)

[Minding Your Mind](#)

[MindWise Innovations/SOS](#)

[New England Region of the National Network of Libraries of Medicine](#)

Northeastern University School Health Academy

Positive Coaching Alliance

Social Emotional Learning Alliance

Walden Behavioral Care

Additional Online Resources

Mental Health/Mindfulness

ADHD Essentials

American Foundation for Suicide Prevention

Beautifully Simply You

Botvin LifeSkills Training

Caron Treatment Centers

Families for Depression Awareness

Girl Power Go

Jon Mattleman

Josten's Renaissance

Let's Empower, Advocate and Do

Massachusetts Department of Mental Health

Massachusetts Partnerships for Youth

McLean Hospital

Minding Your Mind

MindsetGo

MindWise Innovations/SOS

National Suicide Prevention Lifeline

Pam Garramone

Riverside Community Care

Samaritans Inc.

Shine Initiative

Social Emotional Learning Alliance for MA

Youth Health Connection

Substance Misuse

[Al-Anon/Alateen](#)

[Bureau of Substance Addiction Services\(BSAS\)](#)

[Caron Treatment Centers Digital Learning Information Kit](#)

[Central MA Tobacco-Free Community Partnership](#)

[Grayken Center for Addiction at Boston Medical Center](#)

[Hazelden Betty Ford Foundation](#)

[Health Resources in Action/Project Here](#)

[Improbable Players](#)

[Institute for Health & Recovery](#)

[Learn to Cope](#)

[Make Smoking History](#)

[Massachusetts Department of Public Health](#)

[Massachusetts Partnerships for Youth](#)

[MassTAPP](#)

[Massachusetts Tobacco Cessation & Prevention Program\(MTCP\)](#)

[New England Region of Narcotics Anonymous](#)

[Partnership for Drug-Free Kids](#)

[Project Here](#)

Sexuality/Relationships/Sexual Violence

[Cambridge Health Alliance](#)

[DESE Safe Schools Program for LGBTQ Students](#)

[GLSEN](#)

[Jane Doe, Inc.](#)

[Massachusetts Aggression Reduction Center](#)

[Massachusetts Commission on LGBTQ Youth](#)

[Reach Beyond Domestic Violence\(REACH\)](#)

[The Trevor Project](#)

Disordered Eating

[International Association of Eating Disorders Professionals](#)

[Multi-Service Eating Disorders Association](#)

[Walden Behavioral Care](#)

Bullying Prevention

Boston vs. Bullies

Dynamic Influence

Massachusetts Aggression Reduction Center

Massachusetts Partnerships for Youth

Leadership

Boys for the Better

Core Trainings

Dynamic Influence

Lad in a Battle

Let's Empower, Advocate and Do

MindsetGo

Gambling Prevention

Massachusetts Council on Compulsive Gambling

Sports Medicine/Injury Prevention/Brain Injury

Brain Injury Association

The Micheli Center for Sports Injury Prevention-Boston Children's Hospital

Sports Medicine Division-Boston Children's Hospital

Driving Safety

AAA Northeast

In Control Crash Prevention

MADD

Environmental Safety

Project Green Schools

Cancer Prevention

15-40 Connection

Impact Melanoma

Melanoma Education Foundation

Digital Wellness/Technology Addiction

Look Up Live

Additional Resources

Attorney General Maura Healey's Office

Boston Children's Hospital

Cambridge Health Alliance

Centers for Disease Control & Prevention(CDC)

Department of Elementary & Secondary Education(DESE)

Department of Public Health(DPH)

MA District Attorney's Offices

MA General Hospital

MA Health Council

MIAA

MSAA

NAESP

NASSP

National Federation of State High School Associations(NFHS)

SADD

Substance Abuse & Mental Health Services Administration(SAMHSA)

EDUCATIONAL ATHLETICS

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