



Online Wellness Resources for Schools

last updated April 1, 2020

In collaboration with MIAA Partners in Prevention (PIP) organizations, this document of online resources for schools has been created that we hope you will find useful in the midst of this challenging time.

Several members of the PIP are offering virtual professional development webinars, posting blogs, granting free access to programs and updating their websites with new material on a daily basis.

This document will continue to be updated as more programs are developed and made available, so please check back regularly.

Upcoming Virtual Webinars and Online Resources

[Jostens Renaissance- Rooted in Love\(Mike Smith\)](#)

[The Harbor Episodes by Jostens](#) (username and password both JOSTENS)

[Jostens Renaissance Leadership Curriculum](#)

[Jostens-Social-Emotional Well-being Package](#)

[Jostens Virtual Culture & Climate Series](#)

[Massachusetts Partnerships for Youth](#)

[Beautifully Simply You- Building Resiliency](#)

[Massachusetts Aggression Reduction Center](#)

[Minding Your Mind](#)

Caron Treatment Centers

Let's Empower, Advocate and Do

Impact Melanoma-cancer prevention

Social Emotional Learning Alliance

International Association of Eating Disorders Professionals

Botvin LifeSkills Training

New England Region of the National Network of Libraries of Medicine

Additional Resources/Organizations

Mental Health/Mindfulness

American Foundation for Suicide Prevention

Beautifully Simply You

Botvin LifeSkills Training

Caron Treatment Centers

Families for Depression Awareness

Girl Power Go

Jon Mattleman

Josten's Renaissance

Let's Empower, Advocate and Do, Inc.

Massachusetts Department of Mental Health

Massachusetts Partnerships for Youth

McLean Hospital

Minding Your Mind

MindsetGo

MindWise Innovations

Pam Garramone

Samaritans Inc.

Youth Health Connection

Substance Misuse

Al-Anon

Alateen

Caron Treatment Centers Digital Learning Information Kit

Central MA Tobacco-Free Community Partnership

Grayken Center for Addiction at Boston Medical Center

Hazelden Betty Ford Foundation

Health Resources in Action

Learn to Cope

Massachusetts Department of Public Health

Massachusetts Partnerships for Youth

New England Region of Narcotics Anonymous

Partnership for Drug-Free Kids

Project Here

Leadership

Boys for the Better

Core Trainings

Dynamic Influence

Lad in a Battle

MindsetGo

Nutrition

International Association of Eating Disorders Professionals

Multi-Service Eating Disorders Association

Walden Behavioral Care

Sexuality/Relationships/Sexual Violence

Cambridge Health Alliance

DESE Safe Schools Program for LGBTQ Students

Jane Doe, Inc.

Massachusetts Aggression Reduction Center

Massachusetts Commission on LGBTQ Youth

Gambling

Massachusetts Council on Compulsive Gambling

Sports Conditioning/Injury Prevention

Boston Children's Hospital

Bullying

Dynamic Influence

Massachusetts Aggression Reduction Center

Massachusetts Partnerships for Youth

Driving Safety

In Control Crash Prevention

AAA Northeast

Environmental

Project Green Schools

Cancer Prevention

Impact Melanoma

Digital Wellness/Technology Addiction

Look Up Live

Additional Resources

MIAA Speakers List

MA Department of Public Health

MA Department of Elementary & Secondary Education

MA Health Council

National Federation of State High School Associations

Centers for Disease Control & Prevention
DESE-Covid-19 Information & Resources
MA District Attorney's Offices
Attorney General Maura Healey's Office

EDUCATIONAL ATHLETICS

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