



MASSACHUSETTS INTERSCHOLASTIC
ATHLETIC ASSOCIATION



MIAA VOLLEYBALL INFORMATION FOR THE 2019-20 SCHOOL YEAR

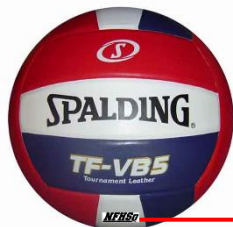
Starting in the Fall of the 2019-2020 school year, the state of Massachusetts will transition from NCAA to NFHS Rules in the sport of Volleyball. The following information is provided to assist with this transition and will be added to the **NFHS Volleyball Rules Transition** section of the MIAA website.

[CLICK HERE](#) for a direct link.

The **National Federation of High Schools (NFHS)** has a Volleyball Page that can be accessed by [CLICKING HERE](#). This page offers numerous resources including the **2019-20 Rules Changes** and the **2019 Contrasting Uniform Top Requirements**.

General Information

- Coach attends the pregame meeting and coin toss
- Need 6 players to start a match. **Can play with less than 6 due to illness or injury.** The vacant position is tracked and rotates. When the vacant position is in the front row, there are only 2 front row players. When the vacant position rotates to serve, the team loses the rally.
- Attack line extensions (5 dashed lines) are not required
- Volleyballs must have the **"NFHS Authenticating Mark"** on them:



- Prior to the match, head coaches shall verify with the first referee that all their players are legal and wearing legal uniforms and equipment.
- No hard casts, padded or not, on the hand, finger, wrist or forearm, even if covered with soft padding.
- Hair control devices must be **soft** material and no more than 3 inches wide may be worn in the hair or on the head. Bobby pins, flat clips and flat barrettes, unadorned and no longer than 2 inches are also allowed.

- No body paint or glitter in the hair, face, uniform or body
- Misconduct cards carry over set to set throughout the match
- Deciding set (5th): Coin toss conducted for serve, receive or side.
 - a) **MIAA Modification: Teams will change courts when one team reaches 8 points.**

Uniforms

- “Like colored uniforms” (jerseys and shorts are not required to be identical)
- Uniform tops:
 - a) shall hang below the waistband of the shorts when the player is standing
 - b) Any visible garments (shirts, body suits, similar garments) must be unadorned and a single solid color that is similar to the uniform top
 - c) Solid color uniform rule is gone. Libero must clearly contrast the regular players
 - d) 0, 1-99 are all legal numbers
 - e) Uniforms with differing sleeve lengths are allowed
- Uniform bottoms:
 - a) Multiple styles of uniform bottoms may be worn by teammates and may include shorts, spandex, pants or skirts. **Bottoms regardless of style must be of similar color.**
 - b) Visible undergarments may be worn under the uniform bottom. They must be unadorned and a single solid color that is similar to the uniform bottom.
- Removal of any part of the uniform, excluding shoes, while in the playing area is unsporting conduct (Changing liberos between sets). Same for removing warm up shirts and putting on jerseys before the match. **Yellow card is assessed to the coach.**
- Changing from warm up jerseys to playing uniforms must be done in an area or room outside the gym.

Roster and Lineup

- The coach will submit in writing an accurate roster with all players’ names and uniform numbers at the pre-match conference. Changes can be made to the roster until 10:00 remaining on the pre-match clock. Lineups for each set will be given to the second referee.
 - a) **Failure to list a player on the roster results in a point for the opponent. (Start the match 1-0, or point is awarded to**

opponent when a non-rostered player attempts to enter the match)

- Any teammate designated as a libero in the match may be listed on the roster with **two numbers**. The first number represents the number worn as a regular player, the second number represents the number worn as a libero. Numbers must not be worn by any other players on the roster.
- For the first set, lineup is due at **2 minutes** remaining on the clock (was previously 3 minutes). No changes can be made without substitution after being submitted
- For sets 2-5, lineup is due at **1 minute** remaining on the clock (was previously 30 seconds)
 - a) **Penalty: *MIAA Modification: Penalty for late submission is delay warning. If not in at 0:00, penalty point***

The Serve

- You get **5 seconds** to serve, not 8
- A re-serve is called when the server releases the ball for service, then catches it or drops it to the floor. The server gets a new 5 seconds and must serve the next toss and every other toss during that term of service. When the server rotates 6 positions and begins a new term of service, one more re-serve is allowed.

Team Benches

- ***MIAA Modification to NFHS Rule 12: Head coach and assistant coaches are allowed to stand. Players are allowed to stand at the end of the bench or past the endline at least 6 feet from the sideline extension. Bench personnel can be sanctioned for misconduct, but would not lose the right to stand.***

Playing the Ball

- Centerline:
 - a) Players can contact the opponent's court with hands or feet if some part is on or over the centerline. Any other body part crossing the centerline is illegal (knee or butt). No consideration is given whether the contact with the opponent's court was interference or a safety concern. They are all called.
- Net Play:
 - a) Any contact with the net, net cables, antennas is a fault, regardless if you are playing the ball at the time.

- Overhead obstructions:
 - a) No consideration is given for unusually low objects, they are in play. The only possible judgement replay is for basketball backboards hanging in the VERTICAL position or suspended net systems.

Time Outs

- 60 Seconds (not 75)
- Players and coaches must stay within the court and playing area.

Protests

- Must call a timeout for official and head coach to confer at the referee platform. If the first referee alters the ruling, the timeout is charged to the official. If the team is out of timeouts and loses the protest, they lose a point.

Other Information

- The following documents located on the MIAA Volleyball Page will be updated or added:
 - a) Volleyball Roster and Line-Up Sheet
 - b) Volleyball Scoresheet
 - c) Volleyball Scoresheet – Deciding Game
 - d) Volleyball Libero Tracking Sheet

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