

**DISTRICT APPROVED MIDDLE LEVEL WAIVERS
2016-2017**

School	City/Town	Sport	Gender	Season	8th Only	7th & 8th	Approved For:	
Academy of Notre Dame	Tyngsboro	Swimming & Diving	Girls	Fall		X	Varsity	
Agawam High School	Agawam	Gymnastics	Girls	Winter		X	Varsity	
Amesbury High School	Amesbury	Basketball	Girls	Winter	X		Freshmen	
		Sparhawk (Guest Indoor Track)	Girls	Winter	X		(16-17 & 17-18)	
Amherst Regional High School	Amherst	Basketball	Girls	Winter	X		JV	
		Skiing	Boys	Winter			Varsity	
Athol High school	Athol	Field Hockey	Girls	Fall	X		Varsity	
		Soccer	Girls	Fall	X		Varsity	
		Soccer	Boys	Fall			X	JV
		Volleyball	Girls	Spring			X	JV
		Wrestling	Boys	Winter			X	Varsity
		Indoor Track & Field	Boys	Winter			X	Varsity
		Indoor Track & Field	Girls	Winter			X	Varsity
		Basketball	Girls	Winter			X	JV
		Baseball	Boys	Spring			X	JV
		Softball	Girls	Spring			X	JV
Auburn	Auburn	Soccer	Girls	Fall	X			
		Soccer	Boys	Fall	X			
Bartlett Jr./ Sr. HS	Lowell	Volleyball	Girls	Fall			X	
		Indoor Track & Field	Boys	Winter			X	lowest level
		Indoor Track & Field	Girls	Winter			X	lowest level
		Basketball	Boys	Winter			X	lowest level
		Basketball	Girls	Winter			X	lowest level
		Baseball	Boys	Spring			X	JV
		Softball	Girls	Spring			X	JV
		Tennis	Girls	Spring			X	All Levels
		Tennis	Boys	Spring			X	All Levels
		Outdoor Track	Girls	Spring			X	All Levels
Outdoor Track	Boys	Spring			X	All Levels		
Belmont High School	Belmont	Softball	Girls	Spring	X		JV	
Beverly High School	Beverly	Wrestling	Boys	Winter	X		All Levels	
Billerica	Billerica	Swimming & Diving	Girls	Fall			X	JV
		Lacrosse	Girls	Spring	X			JV
		Softball	Girls	Spring	X			Freshman
		Tennis	Boys	Spring			X	Varsity
		Volleyball	Boys	Spring			X	JV
Blackstone / Millville	Blackstone	Soccer	Girls	Fall			X	
		Basketball	Girls	Winter	X			JV
		Baseball	Boys	Spring			X	JV

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		Outdoor Track	Boys	Spring	X		JV & Varsity	
		Outdoor Track	Girls	Spring	X		JV & Varsity	
		Softball	Girls	Spring		X	JV	
Bourne High School	Bourne	Outdoor Track	Boys	Spring		X	Varsity	
		Volleyball	Girls	Fall	X		Freshmen	
		Golf	Boys	Fall	X		JV	
		Soccer	Girls	Fall	X		JV	
		Soccer	Boys	Fall	X		JV	
		Field Hockey	Girls	Fall	X		JV	
		Football	Boys	Fall	X		Freshmen	
		Cross Country Track	Girls	Fall	X		Varsity	
		Ice Hockey	Girls	Winter	X		Varsity	
Burncoat High School	Worcester	Football	Girls	Fall	X			
		Soccer	Girls	Fall	X			
		Soccer	Boys	Fall	X			
		Volleyball	Girls	Fall	X			
		Volleyball	Girls	Fall	X			
		Field Hockey	Girls	Fall	X			
		Cross Country Track	Girls	Fall	X			
		Cross Country Track	Boys	Fall	X			
		Basketball	Boys	Winter	X			
		Basketball	Girls	Winter	X			
		Tennis	Boys	Spring	X			
		Tennis	Girls	Spring	X			
		Softball	Girls	Spring	X			
		Baseball	Boys	Spring	X			
Cambridge R & L School	Cambridge	Ice Hockey	Girls	Winter	X		16-17 V Team	
		Ice Hockey(JV)	Boys	Winter	X		16-17 V Team	
Danvers High School	Danvers	Field Hockey	Girls	Fall	X		Freshmen	
		Cannot play on Both the MS & Freshman on the Same day						
		Wrestling	Boys	Winter		X	V	
		Lacrosse	Girls	Spring	X		JV	
Dedham High School	Dedham	Swimming & Diving	Girls	Fall	X		Varsity	
		Ice Hockey	Girls	Winter				
Doherty Memorial High School	Worcester	Football	Boys	Fall	X		JV & Varsity	
		Soccer	Boys	Fall	X		JV & Varsity	
		Soccer	Girls	Fall	X		JV & Varsity	
		Volleyball	Girls	Fall	X		JV & Varsity	
		Field Hockey	Girls	Fall	X		JV & Varsity	
		Cross Country Track	Girls	Fall	X		JV & Varsity	
		Cross Country Track	Boys	Fall	X		JV & Varsity	
		Basketball	Boys	Winter	X		JV & Varsity	
		Basketball	Girls	Winter	X		JV & Varsity	
		Tennis	Boys	Spring	X		JV & Varsity	

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		Tennis	Girls	Spring	X		JV & Varsity
		Softball	Girls	Spring	X		JV & Varsity
		Baseball	Boys	Spring	X		JV & Varsity
		Outdoor Track Boys	Boys	Spring	X		JV & Varsity
		Outdoor Track Boys	Girls	Spring	x		JV & Varsity
Douglas	Douglas	Cross Country Track	Girls	Fall		X	Varsity
		Volleyball	Girls	Fall	X		JV
		Cross Country Track	Boys	Fall		X	Varsity
		Golf	Boys	Fall		X	JV & Varsity
		Soccer	Boys	Fall		X	
		Soccer	Girls	Fall		X	
		Field Hockey	Girls	Fall		X	Freshmen
		Basketball	Girls	Winter	X		JV
		Baseball	Boys	Spring	X		JV
		Softball	Girls	Spring		X	JV only
Dracut Senior High School	Dracut	Basketball	Girls	Winter		X	Freshmen
		Wrestling	Boys	Winter	X		Varsity
		Outdoor Track	Girls	Spring		X	Varsity
		Outdoor Track	Boys	Spring		X	Varsity
		Lacrosse	Boys	Spring	X		JV
		Softball	Girls	Spring		X	Freshmen
Durfee High School	Fall River	Wrestling	Boys	Winter		X	JV & Varsity
Easthampton High School	Easthampton	Soccer	Girls	Fall		X	JV
Falmouth High School	Falmouth	Ice Hockey	Girls	Winter	X		JV & Varsity
Framingham High School	Framingham	Ice Hockey	Girls	Winter		X	JV
Gloucester High School	Gloucester	Swimming & Diving	Girls	Winter	X		Varsity
		Swimming & Diving	Boys	Winter	X		Varsity
		Wrestling	Boys		X		Varsity
		Baseball	Boys	Spring	X		Freshman
		Softball	Girls	Spring	X		JV
Grenfield High School	Greenfield	Field Hockey	Girls	Fall		X	JV
Hamilton-Wenham Reg HS	South Hamilton	Basketball	Girls	Winter	X		JV
		Ice Hockey	Boys	Winter	X		Varsity
		Softball	Girls	Spring	X		JV
		Lacrosse	Boys	Spring	X		JV
Hanover high School	Hanover	Softball	Girls	Spring	X		JV
Haverhill High School	Haverhill	Gymnastics	Girls	Winter		X	All Levels
		Softball	Girls	Spring	X		Freshman

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Hull High School	Hull	Lacrosse	Boys	Spring	X		Varsity	
		Baseball	Boys	Spring	X		JV	
Ipswich High School	Ipswich	Softball	Girls	Spring	X		JV	
Leicester High School	Leicester	Field Hockey	Girls	Fall	X		JV	
		Cross Country Track	Boys	Fall		X	Varsity	
		Soccer	Girls	Fall	X		JV	
		Indoor Track	Girls	Fall			X	
		Outdoor Track	Boys	Spring			X	Varsity
		Outdoor Track	Girls	Spring		X	Varsity	
Littleton High School	Littleton	Cross Country Track	Girls	Fall		X	Varsity	
		Cross Country Track	Boys	Fall		X	Varsity	
		Indoor Track	Girls	Winter		X	Varsity	
		Indoor Track	Boys	Winter		X	Varsity	
		Outdoor Track	Girls	Spring		X	Varsity	
		Outdoor Track	Boys	Spring		X	Varsity	
		Softball	Girls	Spring	X		JV	
		Baseball	Boys	Spring	X		JV	
Lowell High School	Lowell	Ice Hockey	Boys	Winter	X		JV & Varsity	
		Swimming & Diving	Boys	Winter		X	All Levels	
		Alpine Ski	Boys	Winter	X		All Levels	
		Alpine Ski	Girls	Winter		X	All Levels	
Ludlow High School	Ludlow	Wrestling	Boys	Winter	X		Varsity	
		Outdoor Track	Unified	Spring	X		Unified	
Lunenburg High School	Lunenburg	Football	Boys	Fall	X		Freshmen & JV	
		Field Hockey	Girls	Fall	X		JV	
		Soccer	Girls	Fall	X		JV	
		Cross Country Track	Boys	Fall	X		Varsity	
		Cross Country Track	Girls	Fall	X		Varsity	
		Golf	Boys	Fall	X		Varsity	
		Soccer	Boys	Fall	X		JV	
		Indoor Track & Field	Girls	Winter	X			
		Indoor Track & Field	Boys	Winter	X			
		Lacrosse	Boys	Spring	X		JV	
		Outdoor Track	Boys	Spring	X		Varsity	
		Outdoor Track	Girls	Spring	X		Varsity	
		Softball	Girls	Spring		X	JV	
Lynnfield High School	Lynnfield	Lacrosse	Boys	Spring		X	JV	
Manchester Essex Reg. Middle/Hs Manchester-by-the-Sea		Softball	Girls	Spring		X	JV	
		Baseball	Boys	Spring		X	JV	
		Tennis	Girls	Spring		X	JV	

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		Lacrosse	Girls	Spring		X	JV
		Lacrosse	Boys	Spring		X	JV
Marthas Vineyard Regional HS	Oak Bluffs	Soccer	Girls	Fall	X		JV
		Cross Country Track	Girls	Fall	X		All Levels
		Ice Hockey	Boys	Winter	X		JV
Marlboro		Ice Hockey	Boys	Winter	X		
		Lacrosse	Girls	Spring	X		
		Lacrosse	Boys	Spring	X		
		Volleyball	Boys	Spring	X		All Levels
Maynard High School	Maynard	Cross Country Track	Boys	Fall		X	
		Cross Country Track	Girls	Fall		X	
Melrose High School	Melrose	Ice Hockey	Girls	Winter	X		Varsity
Methuen High School	Methuen	Gymnastics	Girls	Winter		X	Winter
		Ice Hockey	Girls	Winter		X	16-17 V Team
Milford High School	Milford	Volleyball	Boys	Spring	X		JV
Monson High School	Monson	Basketball	Boys	Winter	X		JV
		Basketball	Girls	Winter	X		JV
		Swimming	Boys	Winter		X	Varsity
		Swimming	Girls	Winter		X	Varsity
Nantucket High School	Nantucket	Ice Hockey	Boys	Winter	X		Varsity
Narragansett Regional HS	Narragansett	Football	Boys	Fall	X		All Levels
		Field Hockey	Girls	Fall	X		All Levels
		Cross Country Track	Boys	Fall		X	All Levels
		Baseball	Boys	Spring	X		JV & Varsity
		Outdoor Track	Girls	Spring		X	All Levels
		Outdoor Track	Boys	Spring		X	All Levels
		Softball	Girls	Spring	X		JV & Varsity
Nipmuc Regional High School	Upton	Cross Country Track	Girls	Fall		X	All Levels
		Cross Country Track	Boys	Fall		X	JV & Varsity
		Football	Boys	Fall	X		Freshmen & JV
		Field Hockey	Girls	Fall		X	All Levels
		Indoor Track & Field	Boys	Winter		X	
		Indoor Track & Field	Girls	Winter		X	
		Basketball	Girls	Spring	X		
		Softball	Girls	Spring		X	
		Alpin Skiing	Boys	Winter		X	JV
New Bedford High School	New Bedford	Golf	Boys	Fall	X		Varsity
		Field Hockey	Girls	Fall	X		Freshmen
		Cross Country Track	Girls	Fall	X	X	Varsity

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School	City/Town	Sport	Gender	Season	8th Only	7th & 8th	Approved For:
		Cross Country Track	Boys	Fall	X		Varsity
North High School	Worcester	Football	Boys	Fall	X		
		Volleyball	Girls	Fall	X		
		Volleyball	Boys	Fall	X		
		Basketball	Girls	Spring	X		
		Basketball	Boys	Spring	X		
		Softball	Girls	Spring	X		
		Baseball	Boys	Spring	X		
Northampton High School	Northampton	Wrestling	Boys	Winter	X		JV & Varsity
Northbridge	Northbridge	Field Hockey	Girls	Fall	X		
		Cross Country Track	Girls	Fall	X		
		Cross Country Track	Boys	Fall	X		
		Soccer	Girls	Fall	X		
		Soccer	Boys	Fall	X		
		Outdoor Track	Boys	Spring	X		All Levels
		Outdoor Track	Girls	Spring	X		All Levels
		Lacrosse	Boys	Spring	X		JV
		Lacrosse	Girls	Spring	X		JV & Varsity
		Softball	Girls	Spring	X		JV Only
Norton High School	Norton	Gymnastics	Girls	Winter	X		Varsity
Norwood Senior High School	Norwood	Softball	Girls	Spring	X		Freshman
Oakmont Regional High School Oakmont/ Overlook		Soccer	Boys	Fall	X		
		Football	Boys	Fall	X		Freshmen FB
		Indoor Track & Field	Girls	Winter	X		
		Indoor Track & Field	Boys	Winter	X		
		Ice Hockey	Boys	Winter	X		JV
Old Rochester/ Fairhaven Co-op	Mattapoietts	Ice Hockey	Boys	Winter	X		Varsity
Peabody Veterans Memorial HS	Peabody	Softball	Girls	Spring		X	Freshmen
		Tennis	Girls	Spring		X	Varsity
Pentucket Reg. High School	Pentucket	Ice Hockey	Boys	Winter	X		JV
		Wrestling	Boys	Winter	X		Wrestling
Quabbin Regional High School	Barre	Soccer	Boys	Fall	X		JV
		Wrestling	Boys	Winter		X	JV & Varsity
Randolph High School	Randolph	Football	Boys	Fall	X		Freshmen & JV
		Wrestling	Boys	Winter	X		JV & Varsity
		Softball	Girls	Spring		X	All Levels
		Baseball	Boys	Spring		X	All Levels

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Revere	Revere	Baseball	Boys	Spring	X		Freshman	
		Softball	Girls	Spring	X		Freshman	
Rockland		Swimming & Diving	Girls	Fall				
		Lacrosse	Girls	Spring	X		Varsity	
St. Bernard's Central Catholic HS	Fitchburg	Soccer	Girls	Fall			X	
		Field Hockey	Girls				X	
		Baseball	Boys	Spring			X	All Levels
		Softball	Boys	Spring			X	All Levels
		Lacrosse	Boys				X	All Levels
		Lacrosse	Girls				X	All Levels
Saugus High School	Saugus	Soccer	Girls	Fall	X		Freshmen & JV	
		Soccer	Boys	Fall	X		JV	
		Wrestling	Boys	Winter			X	Varsity
		Indoor Track Boys	Boys	Winter	X			JV & Varsity
		Indoor Track Boys	Girls	Winter	X			JV & Varsity
		Lacrosse	Boys	Spring	X			JV & Varsity
		Softball	Boys	Spring	X			JV & Varsity
		Tennis	Girls	Spring	X			JV & Varsity
Somerville	Somerville	Ice Hockey	Girls	Winter	X		V- 16-17	
Southbridge/ Southbridge Mid	Southbridge	Football	Boys	Fall			X	
		Golf						X
		Soccer	Girls	Fall				X
		Soccer	Boys	Fall				X
		Cross Country	Girls	Fall				X
		Cross Country	Boys	Fall				X
		Volleyball	Girls	Fall				X
		Basketball	Boys	Winter				X
		Basketball	Girls	Winter				X
		Indoor Track & Field	Boys	Winter				X
		Indoor Track & Field	Girls	Winter				X
		Outdoor Track & Field	Boys	Spring				X
		Outdoor Track & Field	Girls	Spring				X
		Tennis	Boys	Spring				X
		Tennis	Girls	Spring				X
		Baseball	Boys	Spring				X
Softball	Girls	Spring				X		
South Hadley High School	South Hadley	Soccer	Boys	Fall	X		JV	
		Cross Country	Girls	Fall	X		JV	
		Cross Country	Boys	Fall	X		JV	
		Swimming	Boys	Winter	X			Varsity
		Swimming	Girls	Winter	X			Varsity
South High School	Worcester	Volleyball	Girls	Fall	X			

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		Cross Country	Girls	Fall	X		
		Cross Country	Boys	Fall	X		
		Basketball	Girls	Spring	X		
		Basketball	Boys	Spring	X		
		Tennis	Boys	Spring	X		
		Tennis	Girls	Spring	X		
Sutton High School	Sutton	Soccer	Girls	Fall		X	JV
		Soccer	Boys	Fall	X		JV
		Field Hockey	Girls	Fall		X	All Levels
		Cross Country	Girls	Fall	X		Varsity
		Golf			X		
		Basketball	Girls	Winter	X		JV
		Indoor Track	Girls	Winter	X		JV
		Indoor Track	Boys	Winter	X		JV
		Baseball	Boys	Spring	X		JV
		Softball	Girls	Spring		X	JV
		Tennis	Boys	Spring	X		Varsity
Swampscott High School	Swampscott	Basketball	Girls	Winter	X		Freshmen
		Softball	Girls	Spring	X		Freshmen
		Lacrosse	Girls	Spring	X		JV
Triton Regional High School	Byfield	Soccer	Boys	Fall	X		JV
		Soccer	Girls	Fall		X	JV
		Football	Boys	Fall	X		Freshmen
		Wrestling	Boys	Winter	X		Varsity
		Tennis	Boys	Spring		X	Varsity
Tyngsborough	Tyngsboro	Cross Country Track	Boys	Fall	X		All Levels
		Cross Country Track	Girls	Fall	X		Varsity
		Golf	Boys	Fall	X		JV
		Field Hockey	Girls	Fall	X		JV
		Basketball	Boys	Winter	X		JV
		Basketball	Girls	Winter	X		JV
		Lacrosse	Girls	Spring	X		JV
		Lacrosse	Boys	Spring	X		JV
		Softball	Girls	Spring		X	JV
		Outdoor Track	Girls	Spring	X		All Levels
Uxbridge High School	Uxbridge	Basketball	Girls	Winter		X	JV
		Indoor Track	Girls	Winter		X	
Waltham High School	Waltham	Lacrosse	Boys	Spring	X		Freshmen
		Softball	girls	Spring	X		Freshmen
Wareham High school	Wareham	Football	Boys	Fall	X		Freshmen
		Soccer	Girls	Fall	X		Freshmen
		Soccer	Boys	Fall	X		JV
		Field Hockey	Girls	Fall		X	Varsity

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		Volleyball	Girls	Fall	X		JV
		Golf	Boys	Fall		X	Varsity
		Ice Hockey(Co-Op Team)	Boys	Winter	X		Varsity
		Basketball	Boys	Winter	X		Freshmen
		Softball	Girls	Spring	X		JV
		Baseball	Boys	Spring	X		JV
		Tennis	Girls	Spring	X		Varsity
		Tennis	Boys	Spring	X		Varsity
		Track	Girls	Spring	X		Varsity
		Track	Boys	Spring	X		Varsity
Watertown High School	Watertown	Ice Hockey	Boys	Winter		X	JV
		Ice Hockey	Girls	Winter		X	Varsity
West Springfield	West Springfield	Swimming	Boys	Winter		X	Varsity
		Swimming	Girls	Winter		X	Varsity
Weymouth High School	Weymouth	Lacrosse	Boys	Spring	X		Freshman
Wilmington High School	Wilmington	Softball	Girls	Spring		X	JV
Winthrop	Winthrop	Ice Hockey	Girls	Winter	X	X	Varsity
		Ice Hockey (JV)	Boys	Winter	X		16-17
		Gymnastics	Girls	Winter		X	Varsity
		Baseball	Boys	Spring	X		Freshman
		Softball	Girls	Spring		X	Freshman
		Outdoor Track	Girls	Spring	X		All Levels
		Outdoor Track	Boys	Spring	X		All Levels
Whitinsville Christian School	Whitinsville	Indoor Track	Girls	Winter	X		All Levels
		Indoor Track	Boys	Winter	X		All Levels
		Outdoor Track	Boys	Spring	X		JV & Varsity
		Sofball	Girls	Spring		X	JV & Varsity
		Tennis	Boys	Spring	X		All Levels