

# 2017-2018 WINTER GYMNASTICS FORMAT



## Sport Specific Information



District A	Dr. Carla Scuzzarella Principal Northeast Metro RVTHS  Ms. Paula Chausse Athletic Director Dracut HS	District E	Ms. Maureen Monopoli Assistant Principal Shrewsbury HS  Ms. Michelle Tontodonato Assistant Principal Algonquin Regional HS
District B	Ms. Paula Conis Assistant Principal Winchester HS  VACANCY Athletic Director		Ms. Jessica Winders Athletic Director Hudson HS  Ms. Johanna DiCarlo Athletic Director Westborough HS
District C	Wes Paul Principal Oliver Ames HS  Ms. Courtney Albin Asst. Athletic Director Wellesley HS	District F	Ms. Christal Murphy Assistant Principal Westfield HS  Ms. Eileen Flaherty Athletic Director Westfield HS
District D	Mr. Brian McCann Principal Case HS  Mr. Daniel Buron Athletic Director Bridgewater-Raynham Regional HS	District H	VACANCY Principal/Asst. Principal  VACANCY Athletic Director
Boys Game Officials		Boys Coaches	Mr. Rich Ellis Representative
Girls Game Officials	Ms. Kathy Ostberg	Girls Coaches	Mr. Steve Cudworth Representative
MASC	VACANCY	MIAA Staff Liaison	Ms. Ann Trytko

## 2017 - 2018 MIAA WINTER GYMNASTICS TOURNAMENTS

ENTRY REQUIREMENTS & INFORMATION	DATES	TOURNAMENT DIRECTORS
Season Schedule & Commitment	Due on or before: January 15, 2018	Tournament Director contact information is available in the "Members Only" section of the MIAA website
Boys' Cut-Off Date	Monday, February 5, 2018	
Boys' Official State Entry Information Due	Tuesday, February 6, 2018 by 12:00 PM <i>Please e-mail entries to Tournament Director Michael Denise and do not submit the names of gymnasts who will not attend the meet.</i>	<b>State Boys</b> Michael Denise
Girls' Cut-Off Date	Wednesday, February 14, 2018	<b>North, South &amp; State Girls</b> Amelia Braun
Girls' Official Sectional Entry Information Due	Thursday, February 15, 2018 by 12:00 PM	
Girls Tournament Roster Due		
Girls' Seeding Meeting	Thursday, February 15, 2018 <b>1:00 PM</b> at the MIAA Office. The top 12 teams from the North and South Sections will qualify for the Sectional Meets. They will be confirmed at the Seeding Meeting and information will then be posted on the MIAA website. <i>Phone calls will not be made.</i>	
Girls' Sectional Meets:		
North	Saturday, February 24, 2018 Algonquin Regional High School Check-in: 9:00am Meet: 10:00am	
South	Saturday, February 24, 2018 Algonquin Regional High School Check-in: 2:00pm Meet: 3:00pm	
	The top 4 Teams from the North and South Sectional Meets will advance to the State Meet	
State Meets:		
Boys	<b>Friday, February 9, 2018</b> <b>Newton North High School</b> <b>Meet: 6:30 PM</b>	
Girls	Saturday, March 3, 2018 Shrewsbury High School Check-in: 1:00 PM Meet: 2:00 PM	
New England Girls Championship Meet	TBD	<b><i>The top 3 teams from the State Championship meet will automatically qualify for the New England Meet.</i></b>

---

# 2017-2018 MIAA Gymnastics Tournament Format

---

## A. Boys Championship Information

### 1. Qualifying Information (Team and Individual meets are held simultaneously.)

#### a. Team Championship

The team meet will involve the eight teams with the highest dual meet average. League Champions automatically qualify. Seeding will be determined by averaging scores from a team's five (5) best meets.

#### b. Individual Championship

Qualifying Scores for Boys' Individuals:

A gymnast must average the following scores in three dual meets or he must finish in the top three places in his league meet with a qualifying score.

Floor Exercise	6.5	Parallel Bars	5.0
Pommel Horse	4.5	Vaulting	8.0
Horizontal Bar	5.0	Rings	5.5
All Around	33.0		

### 2. Boys Eligibility Commitment Form Information

a. Please e-mail the entries to Tournament Director Michael Denise with your gymnasts in the listed events according to ability with your best gymnast last. The entered gymnasts must meet all MIAA eligibility requirements.

b. Each team may enter six gymnasts in each event.

c. Only one gymnast may enter all six events and he will be designated the All-Around. Two other gymnasts may compete in more than three events (unlimited).

d. In order to be considered for the all-around championship, a gymnast must compete in all six events.

3. **Medical Coverage** – A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available at the State Meet.

## B. Girls Gymnastic Championships Information

### 1. Qualifying Information

a. The Sectional team meets will include **twelve (12) teams**. Teams will be seeded on the basis of the average of their top four (4) scores throughout the year. ***Please note the following when submitting scores:***

- ***Dual meet scores may be submitted and counted once.***
- ***Tri-meet scores may be submitted and counted once.***
- ***League championship meet scores may be submitted and counted once.***
- ***League championship meet scores may only be submitted if a traditional "team score" was received (i.e. No more than two all-around competitors are allowed. All other gymnasts may enter no more than three events).***
- ***Individual scores may not be added to calculate a "team score" for league championship meets that do not provide a traditional "team score" as mentioned above.***
- ***Scores that were earned on one specific date against multiple opponents may not be submitted multiple times.***

b. League champions / runners-up will not automatically qualify for the tournament. At the sectional tournament the top four (4) teams from the North Sectional and South Sectional will advance to the state tournament.

c. ***Qualifying information and line-up must be submitted to the Tournament Director by Thursday, February 15, 2018 at 12:00 PM or sooner.***

- d. A Seeding Meeting with the Liaison, Tournament Director and league representatives will take place on **Thursday, February 15, 2018 at 1:00 PM** at the MIAA Office. Following the meeting the 12 qualifying teams from the North Section and 12 qualifying teams from the South Section will be posted on the MIAA website. *Phone calls will not be made.*
- e. No competitor or team will be allowed to compete without wearing the team uniform that has the school's name and/or insignia and/or colors.

**2. Warm Up**

Each team will be allotted a 10 minute warm up for each event. In addition, each team will be allowed a 1 minute touch warm up prior to each competitive event. *(When meets are conducted in a capital cup format, the allotted warm up time will not be 10 minutes.)*

**3. Sectional Team Meet**

- a. Please enter your gymnast(s) in the listed events according to competitive order. The entered gymnasts must meet all MIAA eligibility requirements.

***Only student-athletes who are listed on the team roster will be admitted free of charge.***

- b. Each team may enter six gymnasts in each event, not more than two of whom may be all-around performers. A team may compete 0, 1, or 2 all-arounds which must be designated on the entry form, as per the MIAA Handbook.
- c. The alternate will be allowed to compete only if there is an injury to one of your regular gymnasts.

**4. Medical Coverage**

A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available at the Sectional Meets and the State Meet.

**5. Breakfast of Champions**

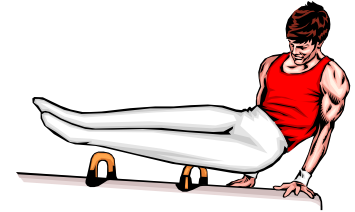
The annual ***Gymnastics Breakfast of Champions*** event for the Principal, Athletic Director, Coach and Captains of the 8 teams who advance to the State Meet as well as representatives from the Boys State Championship Team will take place at the **MIAA Office on Monday, February 26<sup>th</sup> at 9:00 AM.**

**Information Due Dates:**

<b>Form</b>	<b>Deadline</b>
Season Schedule and Commitment	Monday, January 15, 2018
Boys' Team Sportsmanship Nomination Form	Friday, February 2, 2018
Boys' Official State Entry Information	Tuesday, February 6, 2018
Girls' Official Sectional Entry Information	Thursday, February 15, 2018 by 12:00 noon
Girls' Gymnastics Tournament Roster	Thursday, February 15, 2018 by 12:00 noon
Girls' Team Sportsmanship Nomination Form	Thursday, February 15, 2018



# Boys' Gymnastics Team Sportsmanship Award



**APPLICATIONS MUST BE RECEIVED BY  
February 2, 2018**

*The MIAA Tournament Management Committee has approved an Annual Sportsmanship Award to be presented to a school in every sport at the MIAA State Championship.*

*We would like to encourage you to nominate a boys' gymnastics team for consideration by the MIAA Gymnastics Committee for recognition at the MIAA Boys' State Gymnastics Meet. Nominated teams do not have to be tournament teams but should exemplify the tenets of good sportsmanship to the highest degree. Self-nominations are acceptable.*

***I would like to nominate the following team for consideration of the MIAA Boys' Gymnastics Sportsmanship Award:***

School: \_\_\_\_\_ Division: \_\_\_\_\_

City/Town: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Principal: \_\_\_\_\_

Athletic Director: \_\_\_\_\_ School Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Coach: \_\_\_\_\_ Home Phone: \_\_\_\_\_

*Please provide a brief statement with regard to the reasons for this nomination below:*

---

---

---

---

---

---

---

---

---

---

**Your Name** \_\_\_\_\_ **Signature** \_\_\_\_\_

**Position** \_\_\_\_\_ **School** \_\_\_\_\_

**Date** \_\_\_\_\_ **Phone** \_\_\_\_\_

Please send this completed form to:  
Ann Trytko, MIAA Gymnastics Liaison  
33 Forge Parkway  
Franklin, MA 02038  
508-541-9888 (Fax)  
atrytko@miaa.net (Email)

---

# Girls Gymnastics Team Sportsmanship Award



**APPLICATIONS MUST BE RECEIVED BY  
February 15, 2018**

*The MIAA Tournament Management Committee has approved an Annual Sportsmanship Award to be presented to a school in every sport at the MIAA State Championship.*

*We encourage you to nominate a girls' gymnastics team for consideration by the MIAA Gymnastics Committee for recognition at the MIAA Girls' Gymnastics State Meet. Nominated teams do not have to be tournament teams but should exemplify the tenets of good sportsmanship to the highest degree. Self-nominations are acceptable.*

***I would like to nominate the following team for consideration of the MIAA Girls Gymnastics Sportsmanship Award:***

School: \_\_\_\_\_ Division: \_\_\_\_\_

City/Town: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Principal: \_\_\_\_\_

Athletic Director: \_\_\_\_\_ School Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Coach: \_\_\_\_\_ Home Phone: \_\_\_\_\_

*Please provide a brief statement with regard to the reasons for this nomination below:*

---

---

---

---

---

---

---

---

---

---

**Your Name** \_\_\_\_\_ **Signature** \_\_\_\_\_

**Position** \_\_\_\_\_ **School** \_\_\_\_\_

**Date** \_\_\_\_\_ **Phone** \_\_\_\_\_

Please send this completed form to:  
Ann Trytko, MIAA Gymnastics Liaison  
33 Forge Parkway  
Franklin, MA 02038  
508-541-9888 (Fax)  
atrytko@miaa.net (Email)