

MSSADA REGISTRATION FORM
TUESDAY MARCH 18, 2014
HYANNIS RESORT & CONFERENCE CENTER
4 P.M. - 8 P.M.
COST \$125.00 MEMBERS – NON-MEMBERS \$150.00

LTC 627
ATHLETIC ADMINISTRATION: ADMINISTRATION OF
INTERSCHOLASTIC SPORTS STRENGTH & CONDITIONING

This course will examine the role of the athletic director and other school administrators in supporting and developing the interscholastic strength & conditioning program within a school or district. In this regard, topic coverage will include:

- (1) philosophy of strength & conditioning for ages 12-18;
- (2) function of strength & conditioning in rehabilitation of injury;
- (3) roles and responsibilities of coaches and athletic administrators;
- (4) the interscholastic weight room – specifications and equipment;
- (5) financial issues and strategies;
- (6) helping parents, athletes, and the general public understand the role of strength & conditioning;
- (7) legal issues and risk management strategies;
- (8) certification of strength & conditioning Personnel;
- (9) performance enhancing substances in interscholastic strength & conditioning; and
- (10) contemporary administrative issues and response strategies. Course taught only by national faculty.

MAKE CHECKS PAYABLE TO:

MSSADA

Mail checks and registration form to:

Rich Lewis

33 Richard Ave.

Shrewsbury, Ma. 01545

NAME _____
SCHOOL _____
E-MAIL _____

In order to guarantee a textbook and certificate all registrations, along with a school or personal check must be received no later than March 3, 2014