



2009 CROSS COUNTRY SPORT SPECIFIC INFORMATION

2009– 2010 CROSS COUNTRY & TRACK COMMITTEE MEMBERS

Dist. A	Mr. Tom Gallagher A.D., Ipswich H.S. Mr. Philip Sheridan A.D., Peabody Vet.Mem.H.S.	Dist. G	Ms. Marianne Young, Principal Monument Mtn (Great Barrington) Ms. Lindsey von Holtz A.D., Mt. Greylock HS (Williamstown)
Dist. B		Dist. H	Mr. Paul Moran, Principal Austin Prep (Reading)
Dist. C	Mr. Jeffrey Sperling A.P., Medfield HS Mr. James VonEuw A.D., Oliver Ames HS (No. Easton)	Consultant Mr. John Monz Track Coaches' Representatives Mr. Frank Mooney Mr. James Hoar	
Dist. D	Mr. Patrick Clark, Principal Wareham High School Mr. Leonard Sylvia A.D., Greater New Bedford Reg. HS	Game Officials' Representative Mr. Thomas Meagher Mr. Chris Lane	
Dist. E	Mr. Mike Barney, Principal Lunenburg HS Mr. Pete McCauliff A.D., Lunenburg HS Mr. Tim McCormick, A.D. North Middlesex Reg(Townsend)	At Large Mr. Joseph LeMar Ms. Jennifer Lynch MASC Representative Mr. Tass Filledes	
Dist. F	Ms. Cathy Meader, A.D. West Springfield HS Ms. Gina Johnson, A.D. Pioneer Valley Reg (Northfield)	MASS Representative Mr. Tony Pierantozzi	

MIAA Staff Liaison
Mr. Dick Baker
Assistant Director

2009 CROSS COUNTRY TOURNAMENT

ENTRY REQUIREMENTS & INFORMATION	DATES	TOURNAMENT DIRECTORS																																				
<p>Entry Deadline: Date when entry must be posted electronically by the school's Athletic Director. After this date, a late fee of \$30 per individual; \$300 per team/max</p> <p><i>If school fined for a late fee, this must be paid prior to next MIAA CC/TRK Divisional Meet. Any school not paying the fine is ineligible to participate.</i></p>	November 4, 2009	<p>East: Michael Meagher</p> <p>Central: Rich Riley</p> <p>West/State: Tom Stewart</p> <p>EMass – Order of the races for next 3 years (see page 3):</p> <table border="1" style="margin-left: auto; margin-right: auto; border-collapse: collapse;"> <thead> <tr> <th></th> <th>'10</th> <th>'11</th> <th>'12</th> </tr> </thead> <tbody> <tr> <td>9:30</td> <td>B-D3</td> <td>B-D4</td> <td>B-D1</td> </tr> <tr> <td>9:55</td> <td>B-D4</td> <td>B-D1</td> <td>B-D2</td> </tr> <tr> <td>10:20</td> <td>G-D3</td> <td>G-D4</td> <td>G-D1</td> </tr> <tr> <td>10:45</td> <td>G-D4</td> <td>G-D1</td> <td>G-D2</td> </tr> <tr> <td>11:10</td> <td>B-D1</td> <td>B-D2</td> <td>B-D3</td> </tr> <tr> <td>11:35</td> <td>B-D2</td> <td>B-D3</td> <td>B-D4</td> </tr> <tr> <td>12:00</td> <td>G-D1</td> <td>G-D2</td> <td>G-D3</td> </tr> <tr> <td>12:25</td> <td>G-D2</td> <td>G-D3</td> <td>G-D4</td> </tr> </tbody> </table>		'10	'11	'12	9:30	B-D3	B-D4	B-D1	9:55	B-D4	B-D1	B-D2	10:20	G-D3	G-D4	G-D1	10:45	G-D4	G-D1	G-D2	11:10	B-D1	B-D2	B-D3	11:35	B-D2	B-D3	B-D4	12:00	G-D1	G-D2	G-D3	12:25	G-D2	G-D3	G-D4
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Cut-off Date	November 4, 2009																																					
Final Deadline: Date and time after which no entries will be accepted by the Tournament Director	Wednesday, November 11, 2009 12:00 Noon																																					
Tournament Date:	Saturday, November 14, 2009 E - Franklin Park - Boston, MA C - Gardner Municipal Golf Club W - Northfield Recreation Center																																					
<p>All State Championship: (2009 to be held in West) (2010 to be held in Central) (2011 to be held in East)</p> <p>All State Meet is held on the 3rd Saturday in November.</p>	<p>Saturday, November 21, 2009 @ Northfield Recreation Center</p> <p>If a tournament postponement is necessary for any reason, a notice will be posted on the MIAA website: www.miaa.net No postponement notice means the meet will be held as scheduled.</p>																																					

The following forms must be submitted:

FORMS:	DEADLINE:
MIAA Official Entry Blank - Boys'	November 4, 2009
MIAA Official Entry Blank - Girls'	November 4, 2009
Tournament Code of Conduct Form	November 4, 2009
Team Sportsmanship Nomination Form	November 2, 2009

NO MOUNTAIN BIKES ARE ALLOWED AT ANY OF THE FACILITIES.

- Races will be set up as follows:

E. MASS – The Order of the Races

9:30 a.m. Boys' Division 2	11:10 a.m. Boys' Division 4
9:55 a.m. Boys' Division 3	11:35 a.m. Boys' Division 1
10:20 a.m. Girls' Division 2	12:00 p.m. Girls' Division 4
10:45 a.m. Girls' Division 3	12:25 p.m. Girls' Division 1

C. MASS – The Order of the Races

10:00 a.m. Girls' Division 1	11:00 a.m. Boys' Division 1
10:30 a.m. Girls' Division 2	11:30 a.m. Boys' Division 2
Runners may go over the course only on Friday, November 13 after 2:00 p.m. or on the day of race. Please keep off the greens.	

W. MASS – The Order of the Races

11:00 a.m. Girls' Division 2	12:20 p.m. Boys' Division 2
11:40 a.m. Girls' Division 1	1:00 p.m. Boys' Division 1
Runners may go over course any time during the week or weekend. Please first report to the complex.	

- Each school may list ten (10) boys/girls, seven (7) of whom will be allowed to compete. The first five (5) boys/girls to finish will score for their schools. Five (5) boys/girls must leave starting box and finish for a team to score.
- Divisional Placement** - See MIAA Fall Tournament Alignments for 2009-10 through 2012-13.
- Athletes should come dressed in proper school uniform, (school colors - jersey and shorts) ready to compete. The Uniform Rule will be strictly enforced. In case of inclement weather the Tournament Director MAY modify the Uniform Rule but "solid color" for all clothing worn in addition to the school issued uniform will be required.
- Entries:** COACHES NEED TO CONTACT THEIR ATHLETIC DIRECTOR IN ORDER TO DO AN ELECTRONIC ENTRY. THERE ARE NO ENTRY FEES IF ENTRIES ARE RECEIVED BY THE TOURNAMENT DIRECTORS AS FOLLOWS:
Entries must be received by the Tournament Director by NOVEMBER 4, 2009.
Any entries received after the above-specified date will be considered a late entry. There will be a fee of \$30.00 per individual; \$300.00 per team/maximum.
FINAL DEADLINE: Absolutely no entries will be accepted after: 11/11/09 at Noon
- Numbers should be distributed only to the seven (7) actually competing. All numbers should be pinned securely on the front of the jersey. The tear-off tags should not be pinned.
- A plaque and certificates will be presented to each Team Champion and Team Runner-Up. Medals will be awarded to the first fifteen- (15) finishers in each race.
- All teams must have adult representation in control of participants at all times. Such representation must be an employee or designated representative of the school district.
- The meet shall be run under the rules of the National Federation Track and Field Rule Book except as modified by the MIAA.
- Finality of Decisions** - The referee's decision in all matters shall be final and without appeal except in those meets for which a Jury of Appeals has been established for that special purpose. The Jury of Appeals then will have the final authority. In order to have an appeal processed a coach must submit the appeal in writing to the referee within thirty (30) minutes after the completion of that particular event.
- Medical Coverage** – A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available at all MIAA Divisional and State Cross Country Meets. The MIAA will compensate for this coverage at these sites.
- Awards Ceremonies** –In the East the awards ceremonies will begin at approximately 10:30 and continue (once the results have been verified) in the same order as the races were run.
- All State Meet** – Teams qualifying will be posted on MIAA website. If you are listed you are in, no further information will be sent.

**NOTES ON STATE CHAMPIONSHIP –
TO BE HELD AT [NORTHFIELD RECREATION CENTER](#)
SATURDAY, NOVEMBER 21, 2009**

NO MOUNTAIN BIKES ARE ALLOWED.

Two Divisions of Boys (Large - Division I), (Small - Division II)
Two Divisions of Girls (Large - Division I), (Small - Division II)
In each division - 16 teams and 40 individuals will compete.

State Meet Qualifications:

Eastern MA: Boys and Girls - (Div. I - Large Schools)

Top five (5) teams from Div. I sectional
Top five (5) teams from Div. II sectional
Top ten (10) individuals from Div. I not on one of the qualifying teams.
Top ten (10) individuals from Div. II not on one of the qualifying teams.

Eastern MA: Boys and Girls (Div. II - Small Schools)

Top five (5) teams from Div. III sectional
Top five (5) teams from Div. IV sectional
Top ten (10) individuals from Div. III not on one of the qualifying teams.
Top ten (10) individuals from Div. IV not on one of the qualifying teams.

Central & Western MA: Boys and Girls

Top three (3) teams from Div. I sectional and top ten (10) individuals not on those teams qualify for the Div. I (Large School) State Championship Title.

Top three (3) teams from Div. II sectional and top ten (10) individuals not on those teams qualify for the Div. II (Small School) State Championship Title.

1. The races will be held on Saturday, November 21, 2009
2. **Starting Times:**

Girls' Division I – 11:00 a.m.	Boys' Division I – 12:00 p.m.
Girls' Division II – 11:30 a.m.	Boys' Division II – 12:30 p.m.

Awards Ceremony - 1:30 P.M. Approximately

3. A plaque and medals will be presented to the winning Team Champion and Team Finalist in each division. Medals will be awarded to the first fifteen- (15) finishers in each race.
4. Sectional Meet Directors will have maps, a listing of hotels, and course maps available at the Sectional Meets.

Responsibility of Participating Schools - All schools are responsible before, during and after a contest for the proper conduct of their coaches, students and spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred.

TOURNAMENT DIRECTORS:

East:
Michael Meagher

Central:
Rich Riley

West/State:
Tom Stewart

The Eighth Annual Ted Dutkiewicz Team Cross Country Sportsmanship Award

*co-sponsored by the Massachusetts Interscholastic Athletic Association
and the Massachusetts State Track Coaches Association.*

This award is to be presented to the high school cross-country program in each division (boys & girls) that exemplifies the sportsmanship qualities of the late Ted Dutkiewicz, former cross country and track coach at Springfield Central High School. Mr. Dutkiewicz was an active member of the M.S.T.C.A. executive board and was the MIAA Western Mass Cross-Country meet director.

One of his great desires was seeing that high school cross-country was conducted in a fair and equitable manner with sportsmanship the goal that all athletes and coaches should keep foremost in their minds.

Kindly consider celebrating your cross-country team's successes by promoting this prestigious sportsmanship award. Please assist in directing this communication to your varsity cross-country coach.

The presentations of these awards will be made to the most outstanding sportsmanship programs at the MIAA sponsored Divisional Championship Meets to be held on November 7, 2009

East Boys: Div. I, II, III, IV	Central Boys: Div. I, II	West Boys: Div. I, II
East Girls: Div. I, II, III, IV	Central Girls: Div. I, II	West Girls: Div. I, II

School _____

Division _____ Boys _____ Girls _____ City/Town _____

Phone _____ Fax _____

Principal _____ School Phone _____

Athletic Director _____ AD Phone _____

Coach _____ Home Phone _____

Captain(s) Name(s) _____

Please describe why you think your team should be considered for this prestigious award. List specific examples of acts of sportsmanship or community service that might help the committee with its selection.

Athletic Director's Signature _____ **Date** _____

Coach's Signature _____ **Date** _____

Mail to: Frank Mooney, Mass State Track Coaches Association, 60 Cynthia Rd., Seekonk, MA 02771
Please feel free to attach any further data to this application.

Nominations must be received by November 2nd