



Field Hockey Coaches MIAA/National Federation Rule Interpretation Meeting



**Tuesday, August 4 - 5:00 pm
MIAA Office ~ Franklin, MA**

AGENDA

- | | |
|--------------------|---|
| 5:00 - 5:30 | Welcome and Introductions
Sherry Bryant, MIAA and
John Cruz, Boston Field Hockey Umpires Association |
| 5:30 - 6:30 | 2009 National Federation Rules Changes
Points of Emphasis |
| 6:30 - 6:45 | MIAA Select rules review and overview of Association resources |
| 6:45 - 7:00 | For the good of the order |

Risk Minimization Tops 2009-10 Field Hockey Rules Changes

One of the most significant rule changes was the emphasis on the forehand edge hit. Rule 3-4-4 states that players shall not hit the ball hard on the forehand with the edge of the stick. This change does not prohibit use of the edge of the stick on a forehand 1) in a controlled action in a tackle, 2) when raising the ball in a controlled way over an opponent's stick or over a goalkeeper who is lying on the ground, or 3) when using a long pushing motion along the ground.

According to the committee, the forehand edge hit is less predictable than that of the backhand, which could risk injury to players.

"We are concerned about control," said Elliot Hopkins, NFHS director of educational services and liaison to the NFHS Field Hockey Rules Committee. "The forehand edge hit is a new technique and skill being taught at the college and international levels, which is most impressive, but is unpredictable when defenses are judging the angle of the ball."

In further attempts to minimize risk, Rule 1-6-6 was revised to clarify how casts, splints and braces must be worn during play. The change calls for at least one-half inch of padding to be on all casts and splints. Also, braces must be worn as the manufacturer intends, and may be padded or unpadded.

In order to be consistent with other sports, Rule 4-2-4a-c stresses when time-outs should be taken in regard to injury, or when a team may play short of players. If a team is playing short, an injured player may return to the game at any time. If bleeding occurs, the bleeding player is directed to leave the game until the wound is covered and any adjustments are made to the uniform. It is also permitted to play short if a player is rendered unconscious during a game; however, the player may not resume participation that day without written authorization from a physician.

In the remaining rule revisions, the committee concentrated on making the rule book easier to understand.

"[The committee] did a lot of clean-up to the rules book so that we could clarify between the meanings of rules. By doing this, it makes it easier for officials to administer and coaches to teach what each rule is emphasizing," Hopkins said.

Other rules changes included:

- Rule 1-2-4m was added and reads, "Each team's area shall be on the same side of the field, at least five yards outside the sideline extending from its own 25-yard line to the marked substitution line."
- Rule 1-5-1m-n was added to clarify how an American flag and manufacturer's logo/trademark shall be worn on the uniform. The main rationale is to ensure visibility of the number on the uniform.
- Rule 1-6-10 clarifies that the use of video monitoring, replay equipment or personal wireless communications devices during the game by officials, coaches or players is prohibited.
- Rule 4-2-2 Note now reads, "By state association adoption, the clock may continue to run when one team is ahead by a specified number of goals, or alternative game-ending procedure may be established after having completed the first half."
- Rule 4-4 Penalty was changed to replace the current penalties section for this rule in its entirety. The five changes included:

1. For violations by the team with the ball, a free hit shall be awarded to the opponent nearest the spot where the play stopped.

2. For violations by the team without the ball, the coach shall be notified with no other penalty assessed.

3. For simultaneous violations by both teams, the game shall be stopped at the first dead ball. The game is restarted with a bully on a spot chosen by the officials.

4. For subsequent violations by either team, misconduct penalties will be assessed to the coach(es) of the offending team(s).

5. An ineligible player who has entered shall be removed when discovered and her team penalized for misconduct (yellow card to coach and team plays short).

· Rule 9-1 was added to organize the section to include all free hit situations and which players must allow seven yards.

· Rule 9-2-3 was added and states: "Opposing players shall not be within seven yards of the spot where the free hit is taken. Sufficient time shall be allowed for players to leave this area."

· Rule 9-2-4 states, "On a free hit by the attacking team within five yards of the circle, the ball shall be placed on the broken line circle nearest where the foul occurred. No player shall be within seven yards of the spot where the free hit is taken except attacking team members positioned outside of the broken line circle."

· Rule 12-2-2 Penalty 1 notes that if fans misbehave, officials should suspend play, inform game management of the problem, and let game management resolve the issue.

· Rule 12-2-2 Penalty 2 was added for further fan misbehavior and states: "For the second offense, the official shall suspend the game on the first dead-ball situation and request assistance from the appropriate game manager/administrator. If, after resuming play, the problem continues, the officials shall declare the game a suspended game and shall follow state association procedures for reporting sportsmanship incidents. The offending spectator(s) should be removed from the venue."

The committee also established five points of emphasis for the 2009-10 season. The topics include host school responsibility, tooth protectors and mouthguards, raised stick, rough and dangerous play, and good sporting behavior.

According to the NFHS 2007-08 High School Athletics Participation Survey, 1,778 schools sponsor a competitive field hockey team with 62,557 girls participating and 408 boys participating.



Memorandum

To: NFHS Member State Associations/Field Hockey Stick Mfgs.
From: B. Elliot Hopkins, CAA, NFHS Field Hockey Rules Editor
Subject: Field Hockey Stick Bow Requirements
Date: June 22, 2009

We have received numerous calls regarding the legality of older field hockey sticks that do not have the bow measurement labeled on the stick. Some sticks manufactured prior to the rule meet the 25mm bow requirement and do not have a label attached; others do not meet the bow requirement and should not be labeled. Beginning this 2009 field hockey season, all sticks that meet the 25 mm or below bow measurement must have their bow measurement permanently labeled on the stick. If a stick does not have a label and meets the bow requirement, then the owner should contact the dealership where they bought the stick from and request that they provide or have the dealer contact the stick's manufacturer for the label that designates the correct bow measurement. **No other wording is necessary to make the stick compliant to NFHS rules. No specific color of the bow measurement label is required to make the stick compliant to NFHS rules.** NFHS registered officials are trained to look for the bow measurement label on the stick. If it is present on the stick then it is presumed to be compliant with NFHS rules. If it is not present on the stick, then it is presumed not to be compliant with NFHS rules and will not be allowed to be used in competition. Thank you for your attention to this matter by sharing this memo with your schools.

BEH/lbt



2009 FIELD HOCKEY

SPORT SPECIFIC INFORMATION



2009 – 2010 FIELD HOCKEY COMMITTEE MEMBERS

- | | | | |
|---------|---|---------|--|
| Dist. A | Ms. Elizabeth McAndrews
Asst. Prin., Amesbury HS | Dist. E | Ms. Patricia Provost
A.D., Notre Dame Academy (W) |
| | Ms. Kimberly Patience
A.D., Gloucester HS | | Ms. Jennifer Reynolds
A.D., Leicester HS |
| Dist. B | Ms. Patricia Ruggiero
A.D., Melrose HS | Dist. F | Mr. Paul Goodhind
Principal, Mahar Reg. School |
| Dist. C | Mr. Edward Barrett
Asst. Prin, North Attleboro | | Mr. Jim Woodward
A.D., Mahar Reg. School |
| | Mr. Danny Erickson
A.D., Canton High School | Dist. H | Ms. Donna Brickley
A.D., Notre Dame Academy (H) |
| Dist. D | Mr. Bill Tilden
A.D., Old Rochester Reg. | | Officials' Representative
Ms. Patty Rowe |
| | Ms. Kim Sousa
A.D., Somerset High School | | Coaches' Representative
Ms. Mary Ryan |
| Dist. E | Mr. David Uminski
Principal, Oakmont Reg HS | | |
| | Mr. Todd Bazydlo
Asst. Prin., Shrewsbury HS | | |

MIAA Staff Liaison
Ms. Sherry Bryant
Assistant Director

2010 FIELD HOCKEY TOURNAMENT

ENTRY REQUIREMENTS & INFORMATION	DATE	TOURNAMENT DIRECTORS
Season Schedule & Commitment Form Due:	Received on or before Friday, September 30, 2009	<u>North</u> Ms. Barbara Damon
Tournament Entry Form Due:	Received on or before Wed., October 28, 2009	
Cut-Off Date (Matches played after this date will not count for tournament qualification.)	Sun., November 1, 2009 9:00 pm	<u>South & State</u> Ms. Annette DiMascio
Seeding: North, South & Central West	Mon., November 2, 2009 at MIAA office -- 9:00 am November 2, 2009 – 10:00 am At Mahar Regional School Coaches attendance recommended.	<u>Central</u> Mr. John Doldoorian, Jr. <u>West</u> Ms. Diane Lussier
Sectional Rounds	Start November 4, 2009	
State Finals	November 21, 2009 at Worcester State College	
Rain/Snow Date	November 22, 2009	

WEATHER CONDITIONS COULD CAUSE THE ABOVE PLAYING DATES TO BE CHANGED.

Tournament cut-off dates cannot be changed. These published dates place all schools on the same standard. To alter dates is to disadvantage some schools in order to provide special opportunity to other members.

The following forms must be submitted:

Form	Deadline
Season Schedule & Commitment Form	Saturday, September 30, 2009
Tournament Entry Form	Wednesday, October 28, 2009
Official Tournament Roster	Wednesday, October 28, 2009
Recommendation of Tournament Sites	Wednesday, October 28, 2009
Sectional Referees Recommending Form	Wednesday, October 28, 2009
Tournament Code of Conduct Form	Wednesday, October 28, 2009
Team Sportsmanship Nomination Form	Wednesday, October 28, 2009

A. SITE INFORMATION

1. All games prior to the Sectional **Semi-Final Round** will be played on the home field of the higher seeded team, ***unless the Tournament Director/Committee determines the field is unsuitable for tournament play.***
2. **Sectional Semi-Final, Sectional Final and State Semi-Final sites will be pre-determined** by the Tournament Director / Committee. A tournament site may be the home site or in the home town of a participating team.
3. State Final games will be played on neutral sites.
4. It is recommended that all tournament teams will hold their field available for tournament use at least one round after their elimination.
5. Artificial turf will be the playing surface, if it can be obtained for the state semi-finals and finals because it is the safest and most reliable surface for play in November.

B. QUALIFYING CRITERIA

1. A school must schedule and compete in a minimum of nine (9) games to be eligible for tournament play.
2. As many as three games with a single opponent may be played and will count toward tournament qualification.
3. Teams playing in a league using a tiebreaker will report their results as a win or loss determined by the tiebreaker.
4. The league/division champion and runner-up must notify their tournament director prior to the time of seeding regarding final league standings.

C. SEEDING

The position of teams is determined by the percentage method, i.e. points earned (2 pts. for a win, 1 pt. for a tie) divided by the number of games time two, give the percentage rating. ***Ties will be broken by lottery or coin flip.*** In the West, a modified version of the Walker System will be used for seeding purposes.

D. PAIRING ANNOUNCEMENT

1. The Principal/Athletic Director will be contacted by the Tournament Director on Monday, November 2nd. Please try to be available.
2. Principal/Athletic Director will continue to be contacted throughout the tournament to provide information on next game and site.

E. ASSIGNMENT OF TOURNAMENT GAME OFFICIALS

The following recommendation is based on a policy acknowledging that the selection of officials is critical to providing the best game environment for the participating teams. Please note that no official would be eliminated from assignment unless an official was NOT recommended either by a coach or league assigner or did not work a sufficient number of high school games. **(Minimum 7)**

All teams will be required to list (5) five recommended officials. See Sectional Referees Recommendation Form. Incomplete lists will not be utilized. **Completing the Referees Recommendation Form does not guarantee the assignment of these officials to your games.**

F. GAME MANAGEMENT

1. a. Team Size – 35 people are allowed on the field. No more than 30 players, a scorer, a timer, a coach and assistant coaches. The total number may not be more than 35. If there are more than two assistant coaches then the number of players must be reduced

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- b. Participating teams shall have two (2) adults responsible for crowd control at each tournament game and **identify them to the site director before starting game.**
2. Field & Goals
 - a. Goals shall have the **required white facing** and be safely and securely anchored.
 - b. Provision shall be made at the field site for maintenance of a five (5) yard apron around the playing field with a restraining rope.
 - c. Minimizing risk for all participants, and to ensure a more consistent and uniform playing surface, it is strongly recommended that the grass be cut to a maximum height not to exceed 1½ inches.
 - d. Fields shall be properly lined for contests.
 3. Start Time
 - a. Tournament games on school days shall be scheduled to start no later than 2:30 P.M. if there are no lights, or no later than 7:00 P.M.
 - b. Teams should arrive at the field of play fifteen (15) minutes before game time or sooner.
 - c. **Teams will be provided a minimum of 30 minutes of field time. No team may enter the field of play more than 45 minutes before game time at neutral field sites.**
 4. Adverse Conditions or Postponements
 - a. The decision to postpone a game due to weather shall be made by the tournament director at least three hours prior to the start of the game on the day of the game. Teams should check with the tournament site administration if the weather is questionable.
 - b. In case of postponement due to weather or poor field conditions, the tournament director will determine a new game date which will be the next day if possible.
 - c. A game in progress that is terminated by the decision of the game officials shall be replayed in its entirety on the next day as designated by the tournament director.
 5. **Through the sectional quarter-finals, each tournament team shall provide four (4) new official game balls in white or orange and in accordance with NFHS Rule 1, Section 3, Article 4.**

The ball shall be spherical with a seamless or sewn outer surface of leather or plastic. The ball shall be hard, solid or hollow and be smooth or without indentations. The inner portion of a solid ball may consist of any natural or artificial material in any composition or mixture. The weight of the ball shall be 5 ½ - 5 ¾ ounces. The circumference must be 8 ¾ - 9 ¼ inches. The ball shall include the NFHS Authenticating Mark in either format. A current list of NFHS authenticated products can be found on the web site: www.nfhs.org.

The MIAA will provide tournament balls from the sectional semi-finals through the state finals.

 - a. **The officials shall chose which balls should be played.**
 - b. A time clock.
 - c. Each team is to bring to the tournament site one hundred (100) team rosters for distribution to spectators and press.
 6. Uniforms
 - a. Teams should check with each other prior to the game to resolve team color conflicts. Shirts and socks (i.e. light for home team - dark for away team).
 - b. State Tournament - The team with the better record has choice of color. **(Ties will be resolved by coin toss by the tournament director.)**
 7. Reporting Scores - The **winning coach** of the tournament game will be responsible for calling in the score the day of the game **from the game site** to the sectional tournament director before 7:00 P.M.
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G. GAME RULES

1. Rules - The 2009 - 2010 National Federation Field Hockey Rules as modified in the MIAA Hand Book or this format will be used.
2. Regulation Playing Time - Thirty (30) minute halves shall be played with five (5) minutes between halves.
3. Coin Tosses
 - a. Coaches: before the game to determine which team will provide the experienced scorer or experienced timer. The coach of the higher seeded team will make the call.
 - b. The captains' toss;
 - 1) Home site - the visiting captain will call the toss
 - 2) Neutral site - the captain of the team with the higher winning percentage will call the toss
 - c. Choice of bench belongs to the higher seeded team. Note: For the state tournament, "the higher seeded team" means "the team with the better record".
4. Teams – 35 people are allowed on the field. No more than 30 players, a scorer, a timer, a coach and assistant coaches. The total number may not be more than 35. If there are more than two assistant coaches then the number of players must be reduced. - Coaches, managers, and bench players are restricted at all Tournament games to the areas defined below:
 - a. Players: to team bench area. The bench area is defined to be five yards from the fifty yard line, five yards from the sideline, and five yards in length.
 - b. The Coach: to the sideline five yards from the edge of the playing field and running from the 25 yard line closest to their bench.
 - c. PENALTY - a yellow card shall be issued to the offender and a free hit awarded the opposing team for violation of the above restrictions after a green card has been given.
5. Spectators - All spectators must be behind the five (5) yard restraining line/rope.
 - a. PENALTY - Violation of the five (5) yard apron will be penalized as follows:
First offense warning
Second offense penalty corner awarded to opposing team
Third offense penalty stroke awarded to opposing team
Fourth offense penalty goal awarded to opposing team
 - b. There shall be no spectators allowed on the goal line while the game is in progress. If spectators are on the goal line, the officials will stop the game until school authorities clear the goal line. If this stoppage occurs after a goal is scored, the game will resume with the appropriate Center Pass.
6. Unsportsmanlike Behavior - All incidents of unsportsmanlike behavior should be reported to the director immediately.
7. Tournament Protest Procedure
National Federation Rule 4, Section 3 (Review of official's decision) is waived during tournament play.
A coach may protest in the following manner mindful that misapplication of a rule, not officials' judgment, is grounds for protest.
 - a. Notify the official on their side of the field that she/he is protesting when her/his team is in possession of the ball or the first stoppage in play by saying "protest". Scorers table shall sound timer's horn.
 - b. Time out shall be called.
 - c. A protest conference shall be held (both coaches and both officials).
 - d. If protest is accepted - the appropriate correction shall be made.

e. Protest Denials will be treated as follows:

1) DURING REGULATION PLAYING TIME AND OVERTIME PERIODS:

First Denial - Charged a time-out if one remains or/if the allotted time-outs have been taken a penalty corner is awarded.

Second Denial - Opposing Team will be awarded a penalty corner.

Third Denial or More - Opposing Team will be awarded a penalty stroke.

2) DURING STROKE-OFF:

Any Denial - Opposing Team will be awarded additional penalty strokes.

f. To re-start the game:

1) If the protest is accepted, with the appropriate penalty or a bully on a spot chosen by the officials.

2) If a time-out is charged, the award of a pending penalty, a bully on the spot, or a center pass if a goal was scored.

3) If a penalty corner, the official's whistle to start the penalty corner.

8. TIE BREAKING PROCEDURES FOR TOURNAMENT

a. PRE-GAME

1) A player serving a five-minute suspension when the regulation game ends must serve the remainder of the five minutes of playing time during the overtime period. The suspended player shall NOT enter the first overtime period until her suspension time has expired. The team will play short.

2) A player receiving a yellow card during an overtime period may not be replaced. The suspended player may NOT return during that overtime period or any subsequent overtime periods until the suspension period has expired.

b. TIE - END OF REGULATION PLAY - If a game is tied at the end of regulation time, the following tie-breaking procedure will be used. Please note that throughout overtime substitution may be made.

1) A five minute intermission.

a) A coin toss to determine possession or direction for the overtime period will be held with the visiting or lower seeded team captain making the call.

2) **One fifteen (15) minute overtime "sudden victory" period of 7v7** will be played. All game rules shall apply except as modified:

a) **Each team will have no more than 6 field players and one goalkeeper.**

b) Penalty corners: A maximum of (4) defenders behind the endline.

c) Each team is permitted one time out.

c. TIE - END OF FIFTEEN (15) OVERTIME PERIOD

1) A **three** minute intermission.

a) A coin toss to determine possession or direction for the second overtime will be held with the home or higher seeded team captain making the call.

2) A **second** (15) minute "sudden victory" periods of 7 v. 7 will be played. All game rules will apply except:

a) Each team will have no more than six field players and one goalkeeper.

b) Penalty Corners: A maximum of three defenders behind the endline.

c) Team time-outs will be permitted, if a time-out is available (not used during 1st overtime).

d. TIE AT THE END OF 2ND OVERTIME PERIOD

- 1) a) A two minute intermission by the end of which each team will submit a list of FIVE designated **STROKERS** for participation in a stroke-off during the tie breaking procedure. The stokers will be listed by name and number **IN THE ORDER** each will stroke. Any member of the roster may be a designated stroker. (If goalkeeper is a stroker, helmet and gloves maybe removed.)
 - b) A coin toss to determine whether a team will stroke or defend to begin the series of penalty strokes. The visiting or lower seeded team captain will make the call.
 - c) The officials will select the goal to be used.
 - d) Coaches and all team members may be on the field behind the twenty-five yard line.
- 2) A series of penalty strokes will be held.
 - a) Five players from each team will attempt the shots on goal on an alternate basis and the team scoring the most goals is declared the winner.
 - b) If the game is still tied at the end of the first series of strokes, the same stokers (order may be changed) will continue to stroke until a winner is determined. A sudden victory series of penalty strokes will be held. The first team awarded more goals than its opponent after an equal number of strokes shall be the winner. A total of one goal shall be awarded the winning team.
 - c) Substitution is permitted only in the event of injury or disqualification of a stroker or goalkeeper.
 - d) No team time-outs will be permitted.

H. **MEDICAL COVERAGE**

A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available at all contests. This coverage will be provided/compensated by the Host School in tournament rounds at the site of the higher seeded team. The MIAA will compensate for this coverage at MIAA designated neutral sites.



Field Hockey Team Sportsmanship Award



The MIAA Tournament Management Committee has approved an Annual Sportsmanship Award to be presented to a school in every sport at the MIAA State Championship.

We would like to encourage you to nominate a field hockey team for consideration by the MIAA Field Hockey Committee for recognition at the MIAA Field Hockey Championships on November 21, 2009 at Worcester State College. Nominated teams do not have to be tournament teams but should exemplify the tenets of good sportsmanship to the highest degree. Self nominations are acceptable.

I would like to nominate the following team for consideration of the MIAA Field Hockey Sportsmanship Award:

School: _____ Division: _____

City/Town: _____

Phone: _____ Fax: _____

Principal: _____

Athletic Director: _____ School Phone: _____

Home Phone: _____

Coach: _____ Home Phone: _____

Captain(s) names: _____

of Games Played _____ # of Game Red Cards _____ # of Game Yellow Cards _____

Please provide a brief statement with regard to the reasons for this nomination below!

Your Name _____ Signature _____

Position _____ School _____

Date _____ Phone _____

Send to: MIAA, Attn: Field Hockey Committee
33 Forge Parkway
Franklin, MA 02038

Fax: 508-541-9888

APPLICATIONS MUST BE RECEIVED BY OCTOBER 28, 2009